



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Rathmann, Dieter

□□: SV Schmalkalden 04

□□□: 29:38

□□□□: 14:48 min/km

□□: 2.00 km / 10 □□ / 35 Hm

□□□□:

Herren 75

□□□□□: 2(of 3)

□□□□□□: 29:25

□□: 0:13

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	□□	-	-	%	□□	-	-	%
1 (36)	2:24	2	0:23	19.0	2:24	2	0:23	19.0
2 (38)	1:58	1	-	-	4:22	2	0:10	4.0
3 (40)	3:53	2	0:47	25.3	8:15	2	0:57	13.0
4 (67)	1:49	2	0:37	51.4	10:04	2	1:34	18.4
5 (42)	4:27	1	-	-	14:31	2	1:23	10.5
6 (204)	3:07	2	0:08	4.5	17:38	2	1:31	9.4
7 (41)	2:02	2	0:04	3.4	19:40	2	1:35	8.8
8 (39)	2:53	1	-	-	22:33	2	0:41	3.1
9 (60)	4:46	2	1:01	27.1	27:19	1	-	-
10 (200)	1:31	2	0:19	26.4	28:50	2	0:05	0.3
□□	0:48	2	0:08	20.0	29:38	2	0:13	0.7