



Thüringer Landesmeisterschaft Orientierungslauf Mittelstrecke

Erfurt / 18.03.2017

□□□□

Wichmann, Paula

□□: USV Jena

□□□: 37:44

□□□□: 12:34 min/km

□□: 3.00 km / 13 □□ / 50 Hm

□□□□:

Damen 16

□□□□□: 3(of 4)

□□□□□□□: 28:34

□□: 9:10

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (64)	2:49	3	0:53	45.7	2:49	3	0:53	45.7
2 (45)	3:25	2	0:17	9.0	6:14	3	0:31	9.0
3 (65)	2:02	2	0:33	37.1	8:16	2	0:50	11.2
4 (61)	7:02	3	2:48	66.1	15:18	3	3:38	31.1
5 (58)	3:07	3	1:01	48.4	18:25	3	4:39	33.8
6 (49)	1:32	2	0:30	48.4	19:57	3	5:09	34.8
7 (69)	3:11	2	0:47	32.6	23:08	3	5:56	34.5
8 (42)	2:39	3	0:41	34.8	25:47	3	6:37	34.5
9 (204)	3:03	3	0:54	41.9	28:50	3	7:30	35.2
10 (41)	2:07	2	0:43	51.2	30:57	3	8:13	36.1
11 (38)	3:31	3	0:28	15.3	34:28	3	8:40	33.6
12 (60)	1:31	3	0:29	46.8	35:59	3	9:09	34.1
13 (200)	1:13	2	0:10	15.9	37:12	3	9:07	32.5
□□	0:32	3	0:03	10.3	37:44	3	9:10	32.1