



10. Wartburg-Staffel

Moorgrund Pummpälzsteg / 17.09.2017

□□□□

Jung & Älter

□□: Jung & Älter

□□: 4

□□: 53.70 km

VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

□□□□:

Frauenstaffel Lauf

□□□: 5:00:40

□□: 10.58 km/h

□□□□: 5:36 min/km

□□□□□/□□□: 14 (of 21)

□□□□□/□: 3 (of 7)

□□□□□□: 4:40:28

□□□□□: 3(of 7)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Frankenstein	5.45	34:09	6:15	7	8:57	7	8:57	5.45	34:09	6:15	7	8:57	7	8:57
Kulturscheune	5.45	35:03	6:25	7	10:31	7	10:31	10.90	1:09:12	6:20	7	19:28	7	19:28
Hubertushaus	10.50	1:01:33	5:51	4	9:15	4	9:15	21.40	2:10:45	6:06	6	25:20	6	25:20
Wartburg	10.90	58:15	5:20	3	7:50	3	7:50	32.30	3:09:00	5:51	4	33:10	4	33:10
Hubertushaus	10.90	57:49	5:18	2	6:16	2	6:16	43.20	4:06:49	5:42	3	22:06	3	22:06
Gumpelstadt	10.50	53:51	5:07	2	6:44	2	6:44	53.70	5:00:40	5:35	3	20:12	3	20:12