



10. Wartburg-Staffel

Moorgrund Pummpälzsteg / 17.09.2017

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Aleas NW Frauen 1

□□: Aleas NW Frauen 1

□□: 53

□□: 21.66 km

VIA SOLUTION JederMannFrau-Staffel-NW (4x5 km)

□□□□:

Frauenstaffel Nordic Walking

□□□: 2:49:14

□□: 7.68 km/h

□□□□: 7:49 min/km

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Frankenstein	5.56	43:13	7:46	2	0:39	2	0:39	5.56	43:13	7:46	2	0:39	2	0:39
Kulturscheune	5.36	45:56	8:34	2	0:40	2	0:40	10.92	1:29:09	8:09	2	0:40	2	0:40
Kissel	5.37	40:45	7:35	1	-	1	-	16.29	2:09:54	7:58	1	-	1	-
Gumpelstadt	5.37	39:20	7:19	1	-	1	-	21.66	2:49:14	7:48	1	-	1	-