



# 10. Wartburg-Staffel

Moorgrund Pummpälzsteg / 17.09.2017

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## Werratal Runners

□□: Werratal Runners  
 □□: 10

□□: 53.70 km

VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

□□□□:

Männerstaffel Lauf

□□□: 3:52:45

□□: 13.66 km/h  
 □□□□: 4:20 min/km

□□□□□/□□□: 3 (of 21)

□□□□□/□: 3 (of 14)

□□□□□□: 3:38:10

□□□□□: 3(of 14)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Frankenstein	5.45	22:01	4:02	3	1:45	3	1:45	5.45	22:01	4:02	3	1:45	3	1:45
Kulturscheune	5.45	21:56	4:01	3	2:07	3	2:07	10.90	43:57	4:01	3	3:52	3	3:52
Hubertushaus	10.50	43:19	4:07	1	-	1	-	21.40	1:27:16	4:04	2	2:14	2	2:14
Wartburg	10.90	49:13	4:30	4	7:36	4	7:36	32.30	2:16:29	4:13	3	5:29	3	5:29
Hubertushaus	10.90	52:20	4:48	5	7:16	5	7:16	43.20	3:08:49	4:22	3	7:26	3	7:26
Gumpelstadt	10.50	43:56	4:11	5	7:32	5	7:32	53.70	3:52:45	4:20	3	14:35	3	14:35