



12.Walk in Herne
Herne-Sodingen / 15.10.2017

□□□□

Distel-Walker

□□□: 2:37:34

□□: 8.00 km/h

□□: 37505

□□: 21.00 km

□□□□: 21.00

Staffel Nordic Walking

□□□□: 168 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Akademie Mont-Cenis	0	0	43539	00:00	00:00
Akademie Mont-Cenis	7.0	7.0	46589	00:50	00:50
Akademie Mont-Cenis	14.0	7.0	49750	01:43	00:52
Akademie Mont-Cenis	21.0	7.0	14:43	02:37	00:54