



22. Weinberg-OL  
Wörrstadt / 25.06.2017

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Weingard, Elvira

□□: OLV Steinberg

□□□: 1:18:58

□□□□: 15:47 min/km

□□: 5.00 km / 13 □□

□□□□:

Damen 45-

□□□□□: 7(of 9)

□□□□□□□: 45:56

□□: 33:02

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	4:06	5	1:26	53.8	4:06	5	1:26	53.8
2 (133)	7:44	7	3:14	71.9	11:50	6	4:40	65.1
3 (130)	3:41	5	1:14	50.3	15:31	6	5:44	58.6
4 (119)	5:36	5	2:25	75.9	21:07	6	7:57	60.4
5 (120)	5:47	6	2:06	57.0	26:54	6	10:03	59.6
6 (126)	4:16	4	1:20	45.5	31:10	6	10:09	48.3
7 (122)	9:20	9	7:22	374.6	40:30	7	17:31	76.2
8 (131)	6:17	7	3:55	165.5	46:47	7	20:18	76.7
9 (123)	5:22	6	2:02	61.0	52:09	7	21:53	72.3
10 (132)	9:10	9	6:47	284.6	1:01:19	7	28:40	87.8
11 (116)	5:33	6	1:33	38.8	1:06:52	7	28:36	74.7
12 (114)	8:30	6	2:49	49.6	1:15:22	7	31:25	71.5
13 (100)	2:58	7	1:30	102.3	1:18:20	7	32:55	72.5
□□	0:38	6	0:08	26.7	1:18:58	7	33:02	71.9