



22. Weinberg-OL
Wörrstadt / 25.06.2017

□□□□

Budel, Ingo

□□: TSG Bad König

□□□: 1:19:30

□□□□: 12:18 min/km

□□: 6.46 km / 15 □□

□□□□:

Herren 45-

□□□□□: 4(of 5)

□□□□□□□: 52:36

□□: 26:54

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	6:26	5	2:31	64.3	6:26	5	2:31	64.3
2 (134)	6:30	5	1:56	42.3	12:56	5	4:27	52.5
3 (125)	5:46	5	2:00	53.1	18:42	5	6:12	49.6
4 (126)	2:29	4	1:00	67.4	21:11	4	7:05	50.2
5 (122)	3:01	4	1:00	49.6	24:12	4	7:15	42.8
6 (123)	12:57	5	10:22	401.3	37:09	5	17:37	90.2
7 (131)	2:51	2	0:06	3.6	40:00	5	17:43	79.5
8 (127)	3:30	3	0:42	25.0	43:30	4	18:25	73.4
9 (137)	5:42	3	0:26	8.2	49:12	4	18:42	61.3
10 (128)	9:18	3	1:19	16.5	58:30	4	19:58	51.8
11 (129)	2:51	3	0:59	52.7	1:01:21	4	20:54	51.7
12 (132)	3:30	3	0:27	14.8	1:04:51	4	21:21	49.1
13 (135)	5:04	4	2:55	135.7	1:09:55	4	24:16	53.2
14 (136)	4:45	3	0:42	17.3	1:14:40	4	24:58	50.2
15 (100)	4:12	5	1:48	75.0	1:18:52	4	26:46	51.4
□□	0:38	5	0:11	40.7	1:19:30	4	26:54	51.1