



22. Weinberg-OL  
Wörrstadt / 25.06.2017

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Sester, Urban

□□: TV Oberbexbach

□□□: 1:05:30

□□□□: 10:08 min/km

□□: 6.46 km / 15 □□

□□□□:

Herren 50-

□□□□□: 5(of 7)

□□□□□□□: 58:29

□□: 7:01

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	4:42	3	0:27	10.6	4:42	3	0:27	10.6
2 (134)	4:59	3	0:21	7.6	9:41	3	0:48	9.0
3 (125)	4:12	2	0:40	18.9	13:53	2	1:28	11.8
4 (126)	1:53	3	0:06	5.6	15:46	1	-	-
5 (122)	5:22	6	3:30	187.5	21:08	4	2:50	15.5
6 (123)	3:02	4	0:40	28.2	24:10	4	2:57	13.9
7 (131)	3:19	5	0:36	22.1	27:29	4	3:33	14.8
8 (127)	3:29	4	0:34	19.4	30:58	4	3:02	10.9
9 (137)	6:13	5	1:36	34.7	37:11	5	4:01	12.1
10 (128)	8:55	6	1:39	22.7	46:06	5	4:57	12.0
11 (129)	3:46	6	1:43	83.7	49:52	5	6:40	15.4
12 (132)	3:27	2	0:27	15.0	53:19	5	5:46	12.1
13 (135)	3:20	5	0:44	28.2	56:39	4	6:30	13.0
14 (136)	5:18	6	1:29	38.9	1:01:57	5	7:06	12.9
15 (100)	3:01	3	0:38	26.6	1:04:58	5	6:55	11.9
□□	0:32	5	0:06	23.1	1:05:30	5	7:01	12.0