



22. Weinberg-OL
Wörrstadt / 25.06.2017

□□□□

Wanner, Alexandra

□□: OLG Siegerland

□□□: 1:03:34

□□□□: 15:12 min/km

□□: 4.18 km / 12 □□

□□□□:

Damen 55-

□□□□□: 5(of 7)

□□□□□□□: 40:58

□□: 22:36

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	4:36	6	1:27	46.0	4:36	6	1:27	46.0
2 (103)	1:42	3	0:26	34.2	6:18	5	1:53	42.6
3 (104)	2:28	6	1:04	76.2	8:46	6	2:57	50.7
4 (116)	4:50	5	1:33	47.2	13:36	6	4:29	49.2
5 (132)	8:56	6	4:42	111.0	22:32	6	8:34	61.3
6 (123)	2:50	5	0:46	37.1	25:22	6	9:20	58.2
7 (131)	6:27	6	2:48	76.7	31:49	6	12:08	61.6
8 (122)	3:25	5	1:14	56.5	35:14	5	12:58	58.2
9 (124)	10:56	6	4:12	62.4	46:10	5	17:10	59.2
10 (113)	6:29	5	3:01	87.0	52:39	5	18:37	54.7
11 (136)	4:42	5	1:31	47.6	57:21	5	20:08	54.1
12 (100)	5:13	6	2:34	96.9	1:02:34	5	22:09	54.8
□□	1:00	7	0:29	93.6	1:03:34	5	22:36	55.2