



3. RENNSThike XTREMarathon

Gumpelstadt / 05.05.2018

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TROMMER, Marco

□□□: 29:36:32

□□: Jena

□□: 5.74 km/h

□□: 397

□□: 170.10 km

□□□□□/□□□: 3 (of 22)

XTREMarathon

□□□□□/□: 3 (of 19)

□□□□□□: 28:35:48

□□□□:

□□□□□: 3(of 19)

Männer

□□□□□□□: 28:35:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Brennersgrün	20.80	2:38:07	7.59	2	1:45	2	1:45	20.80	2:38:07	7.59	20	1:45	20	1:45
Spechtsbrunn	18.30	2:58:36	6.05	5	3:57	5	3:57	39.10	5:36:43	6.95	19	4:31	19	4:31
Friedrichshöhe	23.80	fehlt!	-	-	-	-	-	62.90	-	-	-	-	-	-
Neustadt	17.00	6:44:53	2.52	15	3:45:15	15	3:45:15	79.90	12:21:36	6.39	18	6:16	18	6:16
Oberhof	25.90	5:18:00	4.72	1	-	1	-	105.80	17:39:36	5.95	15	14:11:11	15	14:11:11
Neue Ausspanne	17.30	3:06:07	5.48	3	14:30	3	14:30	123.10	20:45:43	5.92	15	53:47	15	53:47
Großer Inselsber	14.40	2:41:44	5.19	2	7:43	2	7:43	137.50	23:27:27	5.84	15	1:01:30	15	1:01:30
Dreiherrnstein	5.00	46:12	6.49	1	-	1	-	142.50	24:13:39	5.86	14	47:05	14	47:05
Hubertushaus	8.70	1:43:01	4.66	8	8:52	8	8:52	151.20	25:56:40	5.82	13	52:05	13	52:05
Hohe Sonne	4.70	48:18	4.97	4	3:33	4	3:33	155.90	26:44:58	5.79	13	52:46	13	52:46
Altenberger See	3.30	43:32	4.13	3	6:03	3	6:03	159.20	27:28:30	5.79	12	51:35	12	51:35
Möhra	6.90	1:26:06	4.18	5	8:20	5	8:20	166.10	28:54:36	5.74	12	58:36	12	58:36
□□	4.00	41:56	5.72	7	4:15	7	4:15	170.10	29:36:32	5.74	3	1:00:44	3	1:00:44