



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Deafspeed

□□□: 15:27:10

□□: 1001

□□: 10.42 km/h

□□□□: 5:44 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 12 (of 31)

□□□□□□: 12:19:11

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□□□□□: 12(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	56:05	6:31	23	15:32	23	15:32	8.60	56:05	6:31	23	15:32	23	15:32
VP2 - East Side G	4.80	28:10	5:52	20	8:39	20	8:39	13.40	1:24:15	6:17	21	23:58	21	23:58
VP3 - Dammweg	5.80	39:06	6:44	21	14:36	21	14:36	19.20	2:03:21	6:25	22	38:34	22	38:34
VP4 - Johannisth	5.70	35:36	6:14	24	13:13	24	13:13	24.90	2:38:57	6:23	22	51:47	22	51:47
VP5 - Imbiß "Am	9.50	56:40	5:57	19	15:10	19	15:10	34.40	3:35:37	6:16	22	1:03:24	22	1:03:24
VP6 - Buckow	4.50	27:01	6:00	13	7:41	13	7:41	38.90	4:02:38	6:14	21	1:08:17	21	1:08:17
□□□	7.60	52:34	6:55	25	21:03	25	21:03	46.50	4:55:12	6:20	22	1:22:53	22	1:22:53
VP8 - Osdorfer St	6.30	37:45	5:59	17	9:44	17	9:44	52.80	5:32:57	6:18	21	1:31:34	21	1:31:34
VP9 - Sportplatz	6.50	34:55	5:22	16	6:43	16	6:43	59.30	6:07:52	6:12	20	1:37:03	20	1:37:03
VP10 - Königswe	6.20	31:51	5:08	5	5:14	5	5:14	65.50	6:39:43	6:06	18	1:36:05	18	1:36:05
VP11 - Gedenkst	6.80	38:25	5:38	11	10:27	11	10:27	72.30	7:18:08	6:03	17	1:35:24	17	1:35:24
VP12 - Brauhaus	6.90	38:01	5:30	18	8:44	18	8:44	79.20	7:56:09	6:00	17	1:41:38	17	1:41:38
VP13 - Revierförs	5.70	36:02	6:19	22	11:09	22	11:09	84.90	8:32:11	6:01	18	1:49:45	18	1:49:45
VP14 - Schloss S	6.30	40:10	6:22	23	12:03	23	12:03	91.20	9:12:21	6:03	19	1:57:45	19	1:57:45
VP15 - Pagel & F	7.60	40:12	5:17	8	8:29	8	8:29	98.80	9:52:33	5:59	17	1:58:08	17	1:58:08
VP16 - Karolinenl	4.90	26:48	5:28	15	5:42	15	5:42	103.70	10:19:21	5:58	16	2:03:50	16	2:03:50
VP17 - Falkensee	6.50	34:36	5:19	10	4:39	10	4:39	110.20	10:53:57	5:56	16	2:08:29	16	2:08:29
VP18 - Schönwal	5.80	27:15	4:41	4	2:44	4	2:44	116.00	11:21:12	5:52	14	2:09:51	14	2:09:51
VP19 - Grenzturn	7.30	35:05	4:48	4	3:35	4	3:35	123.30	11:56:17	5:48	14	2:13:26	14	2:13:26
VP20 - Rudercluk	4.80	25:46	5:22	6	5:13	6	5:13	128.10	12:22:03	5:47	14	2:18:39	14	2:18:39
VP21 - Frohnau	4.10	23:59	5:50	16	5:52	16	5:52	132.20	12:46:02	5:47	14	2:24:31	14	2:24:31
VP22 - Naturschu	6.40	35:50	5:35	10	10:51	10	10:51	138.60	13:21:52	5:47	13	2:35:22	13	2:35:22
VP23 - Oranienbu	4.50	24:45	5:30	9	5:48	9	5:48	143.10	13:46:37	5:46	12	2:41:10	12	2:41:10
VP24 - Lauftreff l	5.30	28:33	5:23	13	7:04	13	7:04	148.40	14:15:10	5:45	12	2:48:14	12	2:48:14
VP25 - Wilhelmsr	5.70	31:06	5:27	16	8:09	16	8:09	154.10	14:46:16	5:45	12	2:56:23	12	2:56:23
VP26 - Wollankst	3.10	19:14	6:12	21	7:30	21	7:30	157.20	15:05:30	5:45	12	3:02:48	12	3:02:48
Friedrich-Ludwig	4.20	21:40	5:09	16	5:11	16	5:11	161.90	15:27:10	5:43	12	3:07:59	12	3:07:59