



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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We Will

□□□: 15:32:02

□□: 1014

□□: 10.36 km/h

□□□□: 5:46 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (1014)

□□□□: 14 (of 31)

□□□□□□: 12:19:11

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□□□□□: 14(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□	□□□	□□ -	□□ -	□□ □□	□□ □□
VP1 - Checkpoint	8.60	55:56	6:30	19	15:23	19	15:23	8.60	55:56	6:30	19	15:23	19	15:23
VP2 - East Side G	4.80	27:29	5:43	15	7:58	15	7:58	13.40	1:23:25	6:13	19	23:08	19	23:08
VP3 - Dammweg	5.80	33:47	5:49	12	9:17	12	9:17	19.20	1:57:12	6:06	18	32:25	18	32:25
VP4 - Johannisth	5.70	31:19	5:29	15	8:56	15	8:56	24.90	2:28:31	5:57	17	41:21	17	41:21
VP5 - Imbiß "Am	9.50	51:07	5:22	9	9:37	9	9:37	34.40	3:19:38	5:48	12	47:25	12	47:25
VP6 - Buckow	4.50	24:14	5:23	6	4:54	6	4:54	38.90	3:43:52	5:45	12	49:31	12	49:31
□□□	7.60	38:09	5:01	7	6:38	7	6:38	46.50	4:22:01	5:38	10	49:42	10	49:42
VP8 - Osdorfer St	6.30	38:16	6:04	19	10:15	19	10:15	52.80	5:00:17	5:41	12	58:54	12	58:54
VP9 - Sportplatz	6.50	37:33	5:46	18	9:21	18	9:21	59.30	5:37:50	5:41	12	1:07:01	12	1:07:01
VP10 - Königswe	6.20	44:41	7:12	30	18:04	30	18:04	65.50	6:22:31	5:50	14	1:18:53	14	1:18:53
VP11 - Gedenkst	6.80	53:08	7:48	31	25:10	31	25:10	72.30	7:15:39	6:01	16	1:32:55	16	1:32:55
VP12 - Brauhaus	6.90	37:26	5:25	17	8:09	17	8:09	79.20	7:53:05	5:58	16	1:38:34	16	1:38:34
VP13 - Revierförs	5.70	33:05	5:48	16	8:12	16	8:12	84.90	8:26:10	5:57	17	1:43:44	17	1:43:44
VP14 - Schloss S	6.30	40:11	6:22	24	12:04	24	12:04	91.20	9:06:21	5:59	16	1:51:45	16	1:51:45
VP15 - Pagel & Fi	7.60	58:07	7:38	29	26:24	29	26:24	98.80	10:04:28	6:07	20	2:10:03	20	2:10:03
VP16 - Karolinenl	4.90	23:56	4:53	4	2:50	4	2:50	103.70	10:28:24	6:03	20	2:12:53	20	2:12:53
VP17 - Falkensee	6.50	32:33	5:00	5	2:36	5	2:36	110.20	11:00:57	5:59	19	2:15:29	19	2:15:29
VP18 - Schönwal	5.80	29:41	5:07	7	5:10	7	5:10	116.00	11:30:38	5:57	17	2:19:17	17	2:19:17
VP19 - Grenzturn	7.30	39:54	5:27	7	8:24	7	8:24	123.30	12:10:32	5:55	16	2:27:41	16	2:27:41
VP20 - Rudercluk	4.80	26:52	5:35	9	6:19	9	6:19	128.10	12:37:24	5:54	15	2:34:00	15	2:34:00
VP21 - Frohnau	4.10	21:30	5:14	9	3:23	9	3:23	132.20	12:58:54	5:53	15	2:37:23	15	2:37:23
VP22 - Naturschu	6.40	34:02	5:19	8	9:03	8	9:03	138.60	13:32:56	5:51	15	2:46:26	15	2:46:26
VP23 - Oranienbu	4.50	23:11	5:09	7	4:14	7	4:14	143.10	13:56:07	5:50	14	2:50:40	14	2:50:40
VP24 - Laufftreff l	5.30	28:01	5:17	11	6:32	11	6:32	148.40	14:24:08	5:49	14	2:57:12	14	2:57:12
VP25 - Wilhelmsr	5.70	30:19	5:19	12	7:22	12	7:22	154.10	14:54:27	5:48	13	3:04:34	13	3:04:34
VP26 - Wollankst	3.10	16:28	5:18	11	4:44	11	4:44	157.20	15:10:55	5:47	14	3:08:13	14	3:08:13
Friedrich-Ludwig	4.20	21:07	5:01	13	4:38	13	4:38	161.90	15:32:02	5:45	14	3:12:51	14	3:12:51