



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Gurkenpower

□□□: 16:07:37

□□: 1025

□□: 9.98 km/h

□□□□: 5:59 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 19 (of 31)

□□□□□□: 12:19:11

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□□□□□: 19(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	55:57	6:30	20	15:24	20	15:24	8.60	55:57	6:30	20	15:24	20	15:24
VP2 - East Side G	4.80	28:22	5:54	21	8:51	21	8:51	13.40	1:24:19	6:17	22	24:02	22	24:02
VP3 - Dammweg	5.80	51:45	8:55	31	27:15	31	27:15	19.20	2:16:04	7:05	26	51:17	26	51:17
VP4 - Johannisth	5.70	28:00	4:54	9	5:37	9	5:37	24.90	2:44:04	6:35	23	56:54	23	56:54
VP5 - Imbiß "Am	9.50	54:54	5:46	15	13:24	15	13:24	34.40	3:38:58	6:21	24	1:06:45	24	1:06:45
VP6 - Buckow	4.50	34:52	7:44	27	15:32	27	15:32	38.90	4:13:50	6:31	24	1:19:29	24	1:19:29
□□□	7.60	48:23	6:21	19	16:52	19	16:52	46.50	5:02:13	6:29	25	1:29:54	25	1:29:54
VP8 - Osdorfer St	6.30	44:10	7:00	27	16:09	27	16:09	52.80	5:46:23	6:33	25	1:45:00	25	1:45:00
VP9 - Sportplatz	6.50	44:44	6:52	28	16:32	28	16:32	59.30	6:31:07	6:35	25	2:00:18	25	2:00:18
VP10 - Königswe	6.20	38:45	6:15	22	12:08	22	12:08	65.50	7:09:52	6:33	24	2:06:14	24	2:06:14
VP11 - Gedenkst	6.80	45:01	6:37	23	17:03	23	17:03	72.30	7:54:53	6:34	25	2:12:09	25	2:12:09
VP12 - Brauhaus	6.90	33:57	4:55	8	4:40	8	4:40	79.20	8:28:50	6:25	25	2:14:19	25	2:14:19
VP13 - Revierförs	5.70	31:13	5:28	12	6:20	12	6:20	84.90	9:00:03	6:21	25	2:17:37	25	2:17:37
VP14 - Schloss S	6.30	32:13	5:06	8	4:06	8	4:06	91.20	9:32:16	6:16	24	2:17:40	24	2:17:40
VP15 - Pagel & Fi	7.60	41:50	5:30	13	10:07	13	10:07	98.80	10:14:06	6:12	22	2:19:41	22	2:19:41
VP16 - Karolinenl	4.90	28:14	5:45	19	7:08	19	7:08	103.70	10:42:20	6:11	22	2:26:49	22	2:26:49
VP17 - Falkensee	6.50	32:45	5:02	6	2:48	6	2:48	110.20	11:15:05	6:07	22	2:29:37	22	2:29:37
VP18 - Schönwal	5.80	30:51	5:19	10	6:20	10	6:20	116.00	11:45:56	6:05	22	2:34:35	22	2:34:35
VP19 - Grenzturn	7.30	41:38	5:42	12	10:08	12	10:08	123.30	12:27:34	6:03	21	2:44:43	21	2:44:43
VP20 - Rudercluk	4.80	29:11	6:04	19	8:38	19	8:38	128.10	12:56:45	6:03	20	2:53:21	20	2:53:21
VP21 - Frohnau	4.10	20:23	4:58	6	2:16	6	2:16	132.20	13:17:08	6:01	20	2:55:37	20	2:55:37
VP22 - Naturschu	6.40	41:17	6:27	22	16:18	22	16:18	138.60	13:58:25	6:02	21	3:11:55	21	3:11:55
VP23 - Oranienbu	4.50	25:44	5:43	12	6:47	12	6:47	143.10	14:24:09	6:02	19	3:18:42	19	3:18:42
VP24 - Lauftreff l	5.30	30:29	5:45	16	9:00	16	9:00	148.40	14:54:38	6:01	19	3:27:42	19	3:27:42
VP25 - Wilhelmsr	5.70	33:04	5:48	21	10:07	21	10:07	154.10	15:27:42	6:01	19	3:37:49	19	3:37:49
VP26 - Wollankst	3.10	17:06	5:30	13	5:22	13	5:22	157.20	15:44:48	6:00	19	3:42:06	19	3:42:06
Friedrich-Ludwig	4.20	22:49	5:25	19	6:20	19	6:20	161.90	16:07:37	5:58	19	3:48:26	19	3:48:26