



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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BSG EDEKA

□□□: 13:12:58

□□: 1022

□□: 12.18 km/h

□□□□: 4:54 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 2 (of 31)

□□□□□□: 12:19:11

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□□□□□: 2(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	51:40	6:00	14	11:07	14	11:07	8.60	51:40	6:00	14	11:07	14	11:07
VP2 - East Side G	4.80	26:46	5:34	13	7:15	13	7:15	13.40	1:18:26	5:51	13	18:09	13	18:09
VP3 - Dammweg	5.80	27:28	4:44	3	2:58	3	2:58	19.20	1:45:54	5:30	9	21:07	9	21:07
VP4 - Johannisth	5.70	23:30	4:07	2	1:07	2	1:07	24.90	2:09:24	5:11	6	22:14	6	22:14
VP5 - Imbiß "Am	9.50	41:30	4:22	1	-	1	-	34.40	2:50:54	4:58	5	18:41	5	18:41
VP6 - Buckow	4.50	19:20	4:17	1	-	1	-	38.90	3:10:14	4:53	2	15:53	2	15:53
□□□	7.60	31:31	4:08	1	-	1	-	46.50	3:41:45	4:46	2	9:26	2	9:26
VP8 - Osdorfer St	6.30	28:12	4:28	2	0:11	2	0:11	52.80	4:09:57	4:44	2	8:34	2	8:34
VP9 - Sportplatz	6.50	30:19	4:39	7	2:07	7	2:07	59.30	4:40:16	4:43	2	9:27	2	9:27
VP10 - Königswe	6.20	30:28	4:54	4	3:51	4	3:51	65.50	5:10:44	4:44	2	7:06	2	7:06
VP11 - Gedenkst	6.80	32:40	4:48	2	4:42	2	4:42	72.30	5:43:24	4:44	2	0:40	2	0:40
VP12 - Brauhaus	6.90	33:53	4:54	6	4:36	6	4:36	79.20	6:17:17	4:45	2	2:46	2	2:46
VP13 - Revierförs	5.70	33:03	5:47	15	8:10	15	8:10	84.90	6:50:20	4:49	2	7:54	2	7:54
VP14 - Schloss S	6.30	31:18	4:58	3	3:11	3	3:11	91.20	7:21:38	4:50	2	7:02	2	7:02
VP15 - Pagel & F	7.60	39:17	5:10	5	7:34	5	7:34	98.80	8:00:55	4:52	2	6:30	2	6:30
VP16 - Karolinenl	4.90	24:35	5:01	6	3:29	6	3:29	103.70	8:25:30	4:52	2	9:59	2	9:59
VP17 - Falkensee	6.50	35:24	5:26	12	5:27	12	5:27	110.20	9:00:54	4:54	2	15:26	2	15:26
VP18 - Schönwal	5.80	28:51	4:58	6	4:20	6	4:20	116.00	9:29:45	4:54	2	18:24	2	18:24
VP19 - Grenzturn	7.30	40:28	5:32	9	8:58	9	8:58	123.30	10:10:13	4:56	2	27:22	2	27:22
VP20 - Rudercluk	4.80	25:00	5:12	5	4:27	5	4:27	128.10	10:35:13	4:57	2	31:49	2	31:49
VP21 - Frohnau	4.10	20:04	4:53	4	1:57	4	1:57	132.20	10:55:17	4:57	2	33:46	2	33:46
VP22 - Naturschu	6.40	32:59	5:09	6	8:00	6	8:00	138.60	11:28:16	4:57	2	41:46	2	41:46
VP23 - Oranienbu	4.50	21:51	4:51	4	2:54	4	2:54	143.10	11:50:07	4:57	2	44:40	2	44:40
VP24 - Lauftreff l	5.30	26:04	4:55	6	4:35	6	4:35	148.40	12:16:11	4:57	2	49:15	2	49:15
VP25 - Wilhelmsr	5.70	24:29	4:17	3	1:32	3	1:32	154.10	12:40:40	4:56	2	50:47	2	50:47
VP26 - Wollankst	3.10	13:56	4:29	4	2:12	4	2:12	157.20	12:54:36	4:55	2	51:54	2	51:54
Friedrich-Ludwig	4.20	18:22	4:22	5	1:53	5	1:53	161.90	13:12:58	4:53	2	53:47	2	53:47