



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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BSG EDEKA

□□□: 13:12:58

□□: 1022

□□: 12.18 km/h

□□□□: 4:54 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 2 (of 31)

□□□□□□: 12:19:11

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□□□□□: 2(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ | |
|--------------------|----------|-----------------|---------|---------|-----------|-----------|-------|--------|----------|------|----|-------|----|-------|
| VP1 - Checkpoint | 8.60 | 51:40 | 6:00 | 14 | 11:07 | 14 | 11:07 | 8.60 | 51:40 | 6:00 | 14 | 11:07 | 14 | 11:07 |
| VP2 - East Side G | 4.80 | 26:46 | 5:34 | 13 | 7:15 | 13 | 7:15 | 13.40 | 1:18:26 | 5:51 | 13 | 18:09 | 13 | 18:09 |
| VP3 - Dammweg | 5.80 | 27:28 | 4:44 | 3 | 2:58 | 3 | 2:58 | 19.20 | 1:45:54 | 5:30 | 9 | 21:07 | 9 | 21:07 |
| VP4 - Johannisth | 5.70 | 23:30 | 4:07 | 2 | 1:07 | 2 | 1:07 | 24.90 | 2:09:24 | 5:11 | 6 | 22:14 | 6 | 22:14 |
| VP5 - Imbiß "Am | 9.50 | 41:30 | 4:22 | 1 | - | 1 | - | 34.40 | 2:50:54 | 4:58 | 5 | 18:41 | 5 | 18:41 |
| VP6 - Buckow | 4.50 | 19:20 | 4:17 | 1 | - | 1 | - | 38.90 | 3:10:14 | 4:53 | 2 | 15:53 | 2 | 15:53 |
| □□□ | 7.60 | 31:31 | 4:08 | 1 | - | 1 | - | 46.50 | 3:41:45 | 4:46 | 2 | 9:26 | 2 | 9:26 |
| VP8 - Osdorfer St | 6.30 | 28:12 | 4:28 | 2 | 0:11 | 2 | 0:11 | 52.80 | 4:09:57 | 4:44 | 2 | 8:34 | 2 | 8:34 |
| VP9 - Sportplatz | 6.50 | 30:19 | 4:39 | 7 | 2:07 | 7 | 2:07 | 59.30 | 4:40:16 | 4:43 | 2 | 9:27 | 2 | 9:27 |
| VP10 - Königswe | 6.20 | 30:28 | 4:54 | 4 | 3:51 | 4 | 3:51 | 65.50 | 5:10:44 | 4:44 | 2 | 7:06 | 2 | 7:06 |
| VP11 - Gedenkst | 6.80 | 32:40 | 4:48 | 2 | 4:42 | 2 | 4:42 | 72.30 | 5:43:24 | 4:44 | 2 | 0:40 | 2 | 0:40 |
| VP12 - Brauhaus | 6.90 | 33:53 | 4:54 | 6 | 4:36 | 6 | 4:36 | 79.20 | 6:17:17 | 4:45 | 2 | 2:46 | 2 | 2:46 |
| VP13 - Revierförs | 5.70 | 33:03 | 5:47 | 15 | 8:10 | 15 | 8:10 | 84.90 | 6:50:20 | 4:49 | 2 | 7:54 | 2 | 7:54 |
| VP14 - Schloss S | 6.30 | 31:18 | 4:58 | 3 | 3:11 | 3 | 3:11 | 91.20 | 7:21:38 | 4:50 | 2 | 7:02 | 2 | 7:02 |
| VP15 - Pagel & F | 7.60 | 39:17 | 5:10 | 5 | 7:34 | 5 | 7:34 | 98.80 | 8:00:55 | 4:52 | 2 | 6:30 | 2 | 6:30 |
| VP16 - Karolinenl | 4.90 | 24:35 | 5:01 | 6 | 3:29 | 6 | 3:29 | 103.70 | 8:25:30 | 4:52 | 2 | 9:59 | 2 | 9:59 |
| VP17 - Falkensee | 6.50 | 35:24 | 5:26 | 12 | 5:27 | 12 | 5:27 | 110.20 | 9:00:54 | 4:54 | 2 | 15:26 | 2 | 15:26 |
| VP18 - Schönwal | 5.80 | 28:51 | 4:58 | 6 | 4:20 | 6 | 4:20 | 116.00 | 9:29:45 | 4:54 | 2 | 18:24 | 2 | 18:24 |
| VP19 - Grenzturn | 7.30 | 40:28 | 5:32 | 9 | 8:58 | 9 | 8:58 | 123.30 | 10:10:13 | 4:56 | 2 | 27:22 | 2 | 27:22 |
| VP20 - Rudercluk | 4.80 | 25:00 | 5:12 | 5 | 4:27 | 5 | 4:27 | 128.10 | 10:35:13 | 4:57 | 2 | 31:49 | 2 | 31:49 |
| VP21 - Frohnau | 4.10 | 20:04 | 4:53 | 4 | 1:57 | 4 | 1:57 | 132.20 | 10:55:17 | 4:57 | 2 | 33:46 | 2 | 33:46 |
| VP22 - Naturschu | 6.40 | 32:59 | 5:09 | 6 | 8:00 | 6 | 8:00 | 138.60 | 11:28:16 | 4:57 | 2 | 41:46 | 2 | 41:46 |
| VP23 - Oranienbu | 4.50 | 21:51 | 4:51 | 4 | 2:54 | 4 | 2:54 | 143.10 | 11:50:07 | 4:57 | 2 | 44:40 | 2 | 44:40 |
| VP24 - Lauftreff l | 5.30 | 26:04 | 4:55 | 6 | 4:35 | 6 | 4:35 | 148.40 | 12:16:11 | 4:57 | 2 | 49:15 | 2 | 49:15 |
| VP25 - Wilhelmsr | 5.70 | 24:29 | 4:17 | 3 | 1:32 | 3 | 1:32 | 154.10 | 12:40:40 | 4:56 | 2 | 50:47 | 2 | 50:47 |
| VP26 - Wollankst | 3.10 | 13:56 | 4:29 | 4 | 2:12 | 4 | 2:12 | 157.20 | 12:54:36 | 4:55 | 2 | 51:54 | 2 | 51:54 |
| Friedrich-Ludwig | 4.20 | 18:22 | 4:22 | 5 | 1:53 | 5 | 1:53 | 161.90 | 13:12:58 | 4:53 | 2 | 53:47 | 2 | 53:47 |