



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Gurkentruppe

□□□: 16:27:24

□□: 1002

□□: 9.78 km/h

□□□□: 6:06 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 21 (of 31)

□□□□□□: 12:19:11

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□□□□□: 21(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	58:17	6:46	25	17:44	25	17:44	8.60	58:17	6:46	25	17:44	25	17:44
VP2 - East Side G	4.80	29:56	6:14	24	10:25	24	10:25	13.40	1:28:13	6:35	24	27:56	24	27:56
VP3 - Dammweg	5.80	45:37	7:51	28	21:07	28	21:07	19.20	2:13:50	6:58	25	49:03	25	49:03
VP4 - Johannisth	5.70	50:37	8:52	31	28:14	31	28:14	24.90	3:04:27	7:24	28	1:17:17	28	1:17:17
VP5 - Imbiß "Am	9.50	49:29	5:12	7	7:59	7	7:59	34.40	3:53:56	6:48	26	1:21:43	26	1:21:43
VP6 - Buckow	4.50	26:53	5:58	11	7:33	11	7:33	38.90	4:20:49	6:42	26	1:26:28	26	1:26:28
□□□	7.60	40:22	5:18	8	8:51	8	8:51	46.50	5:01:11	6:28	23	1:28:52	23	1:28:52
VP8 - Osdorfer St	6.30	36:27	5:47	16	8:26	16	8:26	52.80	5:37:38	6:23	23	1:36:15	23	1:36:15
VP9 - Sportplatz	6.50	38:41	5:57	20	10:29	20	10:29	59.30	6:16:19	6:20	22	1:45:30	22	1:45:30
VP10 - Königswe	6.20	38:27	6:12	21	11:50	21	11:50	65.50	6:54:46	6:19	21	1:51:08	21	1:51:08
VP11 - Gedenkst	6.80	43:05	6:20	19	15:07	19	15:07	72.30	7:37:51	6:19	21	1:55:07	21	1:55:07
VP12 - Brauhaus	6.90	32:30	4:42	4	3:13	4	3:13	79.20	8:10:21	6:11	20	1:55:50	20	1:55:50
VP13 - Revierförs	5.70	29:31	5:10	6	4:38	6	4:38	84.90	8:39:52	6:07	19	1:57:26	19	1:57:26
VP14 - Schloss S	6.30	31:49	5:03	5	3:42	5	3:42	91.20	9:11:41	6:02	18	1:57:05	18	1:57:05
VP15 - Pagel & F	7.60	38:47	5:06	3	7:04	3	7:04	98.80	9:50:28	5:58	16	1:56:03	16	1:56:03
VP16 - Karolinenl	4.90	29:39	6:03	21	8:33	21	8:33	103.70	10:20:07	5:58	17	2:04:36	17	2:04:36
VP17 - Falkensee	6.50	39:33	6:05	22	9:36	22	9:36	110.20	10:59:40	5:59	18	2:14:12	18	2:14:12
VP18 - Schönwal	5.80	35:20	6:05	21	10:49	21	10:49	116.00	11:35:00	5:59	20	2:23:39	20	2:23:39
VP19 - Grenzturn	7.30	42:14	5:47	15	10:44	15	10:44	123.30	12:17:14	5:58	20	2:34:23	20	2:34:23
VP20 - Rudercluk	4.80	30:48	6:25	23	10:15	23	10:15	128.10	12:48:02	5:59	18	2:44:38	18	2:44:38
VP21 - Frohnau	4.10	26:04	6:21	26	7:57	26	7:57	132.20	13:14:06	6:00	18	2:52:35	18	2:52:35
VP22 - Naturschu	6.40	41:23	6:27	24	16:24	24	16:24	138.60	13:55:29	6:01	19	3:08:59	19	3:08:59
VP23 - Oranienbu	4.50	31:48	7:03	30	12:51	30	12:51	143.10	14:27:17	6:03	20	3:21:50	20	3:21:50
VP24 - Lauftreff l	5.30	35:37	6:43	30	14:08	30	14:08	148.40	15:02:54	6:05	21	3:35:58	21	3:35:58
VP25 - Wilhelmsr	5.70	38:27	6:44	28	15:30	28	15:30	154.10	15:41:21	6:06	21	3:51:28	21	3:51:28
VP26 - Wollankst	3.10	20:16	6:32	25	8:32	25	8:32	157.20	16:01:37	6:07	21	3:58:55	21	3:58:55
Friedrich-Ludwig	4.20	25:47	6:08	25	9:18	25	9:18	161.90	16:27:24	6:05	21	4:08:13	21	4:08:13