



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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IPAnauten

□□□: 17:10:20

□□: 1009

□□: 9.38 km/h

□□□□: 6:22 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 26 (of 31)

□□□□□□: 12:19:11

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□□□□□: 26(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	54:42	6:21	18	14:09	18	14:09	8.60	54:42	6:21	18	14:09	18	14:09
VP2 - East Side G	4.80	28:03	5:50	19	8:32	19	8:32	13.40	1:22:45	6:10	18	22:28	18	22:28
VP3 - Dammweg	5.80	37:20	6:26	18	12:50	18	12:50	19.20	2:00:05	6:15	20	35:18	20	35:18
VP4 - Johannisth	5.70	33:58	5:57	20	11:35	20	11:35	24.90	2:34:03	6:11	21	46:53	21	46:53
VP5 - Imbiß "Am	9.50	56:05	5:54	16	14:35	16	14:35	34.40	3:30:08	6:06	21	57:55	21	57:55
VP6 - Buckow	4.50	28:07	6:14	19	8:47	19	8:47	38.90	3:58:15	6:07	18	1:03:54	18	1:03:54
□□□	7.60	51:20	6:45	23	19:49	23	19:49	46.50	4:49:35	6:13	21	1:17:16	21	1:17:16
VP8 - Osdorfer St	6.30	49:37	7:52	30	21:36	30	21:36	52.80	5:39:12	6:25	24	1:37:49	24	1:37:49
VP9 - Sportplatz	6.50	46:23	7:08	29	18:11	29	18:11	59.30	6:25:35	6:30	24	1:54:46	24	1:54:46
VP10 - Königswe	6.20	44:19	7:08	29	17:42	29	17:42	65.50	7:09:54	6:33	25	2:06:16	25	2:06:16
VP11 - Gedenkst	6.80	45:15	6:39	25	17:17	25	17:17	72.30	7:55:09	6:34	26	2:12:25	26	2:12:25
VP12 - Brauhaus	6.90	40:51	5:55	22	11:34	22	11:34	79.20	8:36:00	6:30	26	2:21:29	26	2:21:29
VP13 - Revierförs	5.70	35:24	6:12	20	10:31	20	10:31	84.90	9:11:24	6:29	26	2:28:58	26	2:28:58
VP14 - Schloss S	6.30	39:46	6:18	21	11:39	21	11:39	91.20	9:51:10	6:28	27	2:36:34	27	2:36:34
VP15 - Pagel & Fi	7.60	46:21	6:05	19	14:38	19	14:38	98.80	10:37:31	6:27	27	2:43:06	27	2:43:06
VP16 - Karolinenl	4.90	30:11	6:09	22	9:05	22	9:05	103.70	11:07:42	6:26	26	2:52:11	26	2:52:11
VP17 - Falkensee	6.50	35:45	5:30	13	5:48	13	5:48	110.20	11:43:27	6:23	26	2:57:59	26	2:57:59
VP18 - Schönwal	5.80	31:23	5:24	13	6:52	13	6:52	116.00	12:14:50	6:20	26	3:03:29	26	3:03:29
VP19 - Grenzturn	7.30	41:38	5:42	12	10:08	12	10:08	123.30	12:56:28	6:17	25	3:13:37	25	3:13:37
VP20 - Rudercluk	4.80	28:26	5:55	17	7:53	17	7:53	128.10	13:24:54	6:17	24	3:21:30	24	3:21:30
VP21 - Frohnau	4.10	24:29	5:58	19	6:22	19	6:22	132.20	13:49:23	6:16	24	3:27:52	24	3:27:52
VP22 - Naturschu	6.40	44:29	6:57	30	19:30	30	19:30	138.60	14:33:52	6:18	25	3:47:22	25	3:47:22
VP23 - Oranienbu	4.50	31:00	6:53	29	12:03	29	12:03	143.10	15:04:52	6:19	25	3:59:25	25	3:59:25
VP24 - Lauftreff l	5.30	35:33	6:42	28	14:04	28	14:04	148.40	15:40:25	6:20	26	4:13:29	26	4:13:29
VP25 - Wilhelmsr	5.70	39:13	6:52	30	16:16	30	16:16	154.10	16:19:38	6:21	26	4:29:45	26	4:29:45
VP26 - Wollankst	3.10	22:40	7:18	29	10:56	29	10:56	157.20	16:42:18	6:22	26	4:39:36	26	4:39:36
Friedrich-Ludwig	4.20	28:02	6:40	28	11:33	28	11:33	161.90	17:10:20	6:21	26	4:51:09	26	4:51:09