



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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## 2. Berlin Runners 10+ Läufer mit Herz□□□: 18:41:40

□□: 1003

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (10+): 29 (of 31)

□□□□:

10Plus-Staffel / 10plus relay

□□: 8.61 km/h

□□□□: 6:56 min/km

□□□□□□: 12:19:11

□□□□□: 29(of 31)

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	57:58	6:44	24	17:25	24	17:25	8.60	57:58	6:44	24	17:25	24	17:25
VP2 - East Side G	4.80	32:56	6:51	27	13:25	27	13:25	13.40	1:30:54	6:47	26	30:37	26	30:37
VP3 - Dammweg	5.80	46:13	7:58	29	21:43	29	21:43	19.20	2:17:07	7:08	27	52:20	27	52:20
VP4 - Johannisth	5.70	42:26	7:26	27	20:03	27	20:03	24.90	2:59:33	7:12	27	1:12:23	27	1:12:23
VP5 - Imbiß "Am	9.50	1:19:55	8:24	31	38:25	31	38:25	34.40	4:19:28	7:32	29	1:47:15	29	1:47:15
VP6 - Buckow	4.50	20:50	4:37	2	1:30	2	1:30	38.90	4:40:18	7:12	28	1:45:57	28	1:45:57
□□□	7.60	58:34	7:42	30	27:03	30	27:03	46.50	5:38:52	7:17	28	2:06:33	28	2:06:33
VP8 - Osdorfer St	6.30	49:14	7:48	29	21:13	29	21:13	52.80	6:28:06	7:21	29	2:26:43	29	2:26:43
VP9 - Sportplatz	6.50	34:31	5:18	14	6:19	14	6:19	59.30	7:02:37	7:07	29	2:31:48	29	2:31:48
VP10 - Königswe	6.20	36:54	5:57	18	10:17	18	10:17	65.50	7:39:31	7:00	29	2:35:53	29	2:35:53
VP11 - Gedenkst	6.80	47:21	6:57	26	19:23	26	19:23	72.30	8:26:52	7:00	29	2:44:08	29	2:44:08
VP12 - Brauhaus	6.90	49:16	7:08	28	19:59	28	19:59	79.20	9:16:08	7:01	29	3:01:37	29	3:01:37
VP13 - Revierförs	5.70	40:05	7:01	28	15:12	28	15:12	84.90	9:56:13	7:01	29	3:13:47	29	3:13:47
VP14 - Schloss S	6.30	49:14	7:48	31	21:07	31	21:07	91.20	10:45:27	7:04	29	3:30:51	29	3:30:51
VP15 - Pagel & Fi	7.60	50:58	6:42	25	19:15	25	19:15	98.80	11:36:25	7:02	29	3:42:00	29	3:42:00
VP16 - Karolinenl	4.90	42:17	8:37	30	21:11	30	21:11	103.70	12:18:42	7:07	29	4:03:11	29	4:03:11
VP17 - Falkensee	6.50	50:23	7:45	31	20:26	31	20:26	110.20	13:09:05	7:09	30	4:23:37	30	4:23:37
VP18 - Schönwal	5.80	29:54	5:09	8	5:23	8	5:23	116.00	13:38:59	7:03	29	4:27:38	29	4:27:38
VP19 - Grenzturn	7.30	40:19	5:31	8	8:49	8	8:49	123.30	14:19:18	6:58	29	4:36:27	29	4:36:27
VP20 - Rudercluk	4.80	27:18	5:41	11	6:45	11	6:45	128.10	14:46:36	6:55	29	4:43:12	29	4:43:12
VP21 - Frohnau	4.10	25:28	6:12	23	7:21	23	7:21	132.20	15:12:04	6:53	29	4:50:33	29	4:50:33
VP22 - Naturschu	6.40	43:39	6:49	29	18:40	29	18:40	138.60	15:55:43	6:53	29	5:09:13	29	5:09:13
VP23 - Oranienbu	4.50	30:40	6:48	28	11:43	28	11:43	143.10	16:26:23	6:53	29	5:20:56	29	5:20:56
VP24 - Laufftreff l	5.30	40:13	7:35	31	18:44	31	18:44	148.40	17:06:36	6:55	29	5:39:40	29	5:39:40
VP25 - Wilhelmsr	5.70	41:31	7:17	31	18:34	31	18:34	154.10	17:48:07	6:55	29	5:58:14	29	5:58:14
VP26 - Wollankst	3.10	24:14	7:49	30	12:30	30	12:30	157.20	18:12:21	6:56	29	6:09:39	29	6:09:39
Friedrich-Ludwig	4.20	29:19	6:58	30	12:50	30	12:50	161.90	18:41:40	6:55	29	6:22:29	29	6:22:29