



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Inklusionsstaffel 3

□□□: 19:21:16

□□: 1012

□□: 8.32 km/h

□□□□: 7:10 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 31 (of 31)

□□□□□□: 12:19:11

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□□□□□: 31(of 31)

10Plus-Staffel / 10plus relay

□□□□□□□: 12:19:11

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	1:02:56	7:19	28	22:23	28	22:23	8.60	1:02:56	7:19	28	22:23	28	22:23
VP2 - East Side G	4.80	34:04	7:05	29	14:33	29	14:33	13.40	1:37:00	7:14	28	36:43	28	36:43
VP3 - Dammweg	5.80	45:04	7:46	27	20:34	27	20:34	19.20	2:22:04	7:23	29	57:17	29	57:17
VP4 - Johannisth	5.70	43:45	7:40	28	21:22	28	21:22	24.90	3:05:49	7:27	29	1:18:39	29	1:18:39
VP5 - Imbiß "Am	9.50	1:08:35	7:13	26	27:05	26	27:05	34.40	4:14:24	7:23	28	1:42:11	28	1:42:11
VP6 - Buckow	4.50	26:51	5:58	10	7:31	10	7:31	38.90	4:41:15	7:13	29	1:46:54	29	1:46:54
□□□	7.60	45:56	6:02	16	14:25	16	14:25	46.50	5:27:11	7:02	27	1:54:52	27	1:54:52
VP8 - Osdorfer St	6.30	39:35	6:16	21	11:34	21	11:34	52.80	6:06:46	6:56	27	2:05:23	27	2:05:23
VP9 - Sportplatz	6.50	43:14	6:39	27	15:02	27	15:02	59.30	6:50:00	6:54	28	2:19:11	28	2:19:11
VP10 - Königswe	6.20	43:01	6:56	28	16:24	28	16:24	65.50	7:33:01	6:54	28	2:29:23	28	2:29:23
VP11 - Gedenkst	6.80	45:05	6:37	24	17:07	24	17:07	72.30	8:18:06	6:53	28	2:35:22	28	2:35:22
VP12 - Brauhaus	6.90	47:41	6:54	27	18:24	27	18:24	79.20	9:05:47	6:53	28	2:51:16	28	2:51:16
VP13 - Revierförs	5.70	41:44	7:19	29	16:51	29	16:51	84.90	9:47:31	6:55	28	3:05:05	28	3:05:05
VP14 - Schloss S	6.30	44:02	6:59	30	15:55	30	15:55	91.20	10:31:33	6:55	28	3:16:57	28	3:16:57
VP15 - Pagel & F	7.60	1:02:37	8:14	31	30:54	31	30:54	98.80	11:34:10	7:01	28	3:39:45	28	3:39:45
VP16 - Karolinenl	4.90	34:41	7:04	27	13:35	27	13:35	103.70	12:08:51	7:01	28	3:53:20	28	3:53:20
VP17 - Falkensee	6.50	49:09	7:33	30	19:12	30	19:12	110.20	12:58:00	7:03	29	4:12:32	29	4:12:32
VP18 - Schönwal	5.80	48:46	8:24	31	24:15	31	24:15	116.00	13:46:46	7:07	30	4:35:25	30	4:35:25
VP19 - Grenzturn	7.30	54:51	7:30	29	23:21	29	23:21	123.30	14:41:37	7:09	30	4:58:46	30	4:58:46
VP20 - Rudercluk	4.80	36:52	7:40	28	16:19	28	16:19	128.10	15:18:29	7:10	30	5:15:05	30	5:15:05
VP21 - Frohnau	4.10	36:04	8:47	31	17:57	31	17:57	132.20	15:54:33	7:13	30	5:33:02	30	5:33:02
VP22 - Naturschu	6.40	59:37	9:18	31	34:38	31	34:38	138.60	16:54:10	7:19	31	6:07:40	31	6:07:40
VP23 - Oranienbu	4.50	30:16	6:43	24	11:19	24	11:19	143.10	17:24:26	7:17	31	6:18:59	31	6:18:59
VP24 - Laufftreff l	5.30	32:39	6:09	24	11:10	24	11:10	148.40	17:57:05	7:15	31	6:30:09	31	6:30:09
VP25 - Wilhelmsr	5.70	35:11	6:10	24	12:14	24	12:14	154.10	18:32:16	7:13	31	6:42:23	31	6:42:23
VP26 - Wollankst	3.10	21:05	6:48	27	9:21	27	9:21	157.20	18:53:21	7:12	31	6:50:39	31	6:50:39
Friedrich-Ludwig	4.20	27:55	6:38	27	11:26	27	11:26	161.90	19:21:16	7:10	31	7:02:05	31	7:02:05