



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Schaufüße & Friends

□□□: 14:42:35

□□: 1021

□□: 10.95 km/h

□□□□: 5:27 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104)

□□□□: 6 (of 31)

□□□□□□: 12:19:11

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□□□□□: 6(of 31)

10Plus-Staffel / 10plus relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	48:09	5:35	9	7:36	9	7:36	8.60	48:09	5:35	9	7:36	9	7:36
VP2 - East Side G	4.80	25:55	5:23	11	6:24	11	6:24	13.40	1:14:04	5:31	12	13:47	12	13:47
VP3 - Dammweg	5.80	31:55	5:30	9	7:25	9	7:25	19.20	1:45:59	5:31	10	21:12	10	21:12
VP4 - Johannisth	5.70	31:25	5:30	16	9:02	16	9:02	24.90	2:17:24	5:31	10	30:14	10	30:14
VP5 - Imbiß "Am	9.50	56:27	5:56	17	14:57	17	14:57	34.40	3:13:51	5:38	11	41:38	11	41:38
VP6 - Buckow	4.50	27:17	6:03	17	7:57	17	7:57	38.90	3:41:08	5:41	10	46:47	10	46:47
□□□	7.60	41:42	5:29	10	10:11	10	10:11	46.50	4:22:50	5:39	11	50:31	11	50:31
VP8 - Osdorfer St	6.30	33:55	5:23	9	5:54	9	5:54	52.80	4:56:45	5:37	10	55:22	10	55:22
VP9 - Sportplatz	6.50	32:18	4:58	9	4:06	9	4:06	59.30	5:29:03	5:32	9	58:14	9	58:14
VP10 - Königswe	6.20	32:00	5:09	8	5:23	8	5:23	65.50	6:01:03	5:30	9	57:25	9	57:25
VP11 - Gedenkst	6.80	35:35	5:13	6	7:37	6	7:37	72.30	6:36:38	5:29	9	53:54	9	53:54
VP12 - Brauhaus	6.90	36:51	5:20	14	7:34	14	7:34	79.20	7:13:29	5:28	9	58:58	9	58:58
VP13 - Revierförs	5.70	33:48	5:55	18	8:55	18	8:55	84.90	7:47:17	5:30	8	1:04:51	8	1:04:51
VP14 - Schloss S	6.30	36:43	5:49	16	8:36	16	8:36	91.20	8:24:00	5:31	8	1:09:24	8	1:09:24
VP15 - Pagel & Fi	7.60	47:59	6:18	22	16:16	22	16:16	98.80	9:11:59	5:35	8	1:17:34	8	1:17:34
VP16 - Karolinenl	4.90	25:25	5:11	9	4:19	9	4:19	103.70	9:37:24	5:34	8	1:21:53	8	1:21:53
VP17 - Falkensee	6.50	36:56	5:40	16	6:59	16	6:59	110.20	10:14:20	5:34	8	1:28:52	8	1:28:52
VP18 - Schönwal	5.80	34:34	5:57	19	10:03	19	10:03	116.00	10:48:54	5:35	9	1:37:33	9	1:37:33
VP19 - Grenzturn	7.30	49:02	6:43	24	17:32	24	17:32	123.30	11:37:56	5:39	9	1:55:05	9	1:55:05
VP20 - Rudercluk	4.80	30:59	6:27	24	10:26	24	10:26	128.10	12:08:55	5:41	10	2:05:31	10	2:05:31
VP21 - Frohnau	4.10	18:45	4:34	3	0:38	3	0:38	132.20	12:27:40	5:39	10	2:06:09	10	2:06:09
VP22 - Naturschu	6.40	29:52	4:39	3	4:53	3	4:53	138.60	12:57:32	5:36	9	2:11:02	9	2:11:02
VP23 - Oranienbu	4.50	21:41	4:49	3	2:44	3	2:44	143.10	13:19:13	5:35	7	2:13:46	7	2:13:46
VP24 - Lauftreff l	5.30	25:05	4:43	5	3:36	5	3:36	148.40	13:44:18	5:33	7	2:17:22	7	2:17:22
VP25 - Wilhelmsr	5.70	25:03	4:23	5	2:06	5	2:06	154.10	14:09:21	5:30	6	2:19:28	6	2:19:28
VP26 - Wollankst	3.10	14:37	4:42	7	2:53	7	2:53	157.20	14:23:58	5:29	6	2:21:16	6	2:21:16
Friedrich-Ludwig	4.20	18:37	4:25	7	2:08	7	2:08	161.90	14:42:35	5:27	6	2:23:24	6	2:23:24