



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 10.08.2018-12.08.2018

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Inklusionsstaffel 1

□□□: 20:43:14

□□: 2005

□□: 7.77 km/h

□□□□: 7:41 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (2) □□□□□: 12 (of 24)

□□□□□□: 15:13:59

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□□□□□: 12(of 24)

2er-Staffel / 2-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	56:49	6:36	17	10:59	17	10:59	8.60	56:49	6:36	17	10:59	17	10:59
VP2 - East Side G	4.80	27:29	5:43	10	4:14	10	4:14	13.40	1:24:18	6:17	12	15:13	12	15:13
VP3 - Dammweg	5.80	39:53	6:52	18	8:50	18	8:50	19.20	2:04:11	6:28	17	24:03	17	24:03
VP4 - Johannisth	5.70	40:32	7:06	22	11:19	22	11:19	24.90	2:44:43	6:36	18	35:22	18	35:22
VP5 - Imbiß "Am	9.50	1:07:12	7:04	20	19:25	20	19:25	34.40	3:51:55	6:44	18	54:47	18	54:47
VP6 - Buckow	4.50	36:47	8:10	21	11:50	21	11:50	38.90	4:28:42	6:54	18	1:06:37	18	1:06:37
□□□	7.60	57:27	7:33	18	15:36	18	15:36	46.50	5:26:09	7:00	18	1:22:13	18	1:22:13
VP8 - Osdorfer St	6.30	47:48	7:35	17	14:01	17	14:01	52.80	6:13:57	7:04	18	1:36:14	18	1:36:14
VP9 - Sportplatz	6.50	53:04	8:09	14	13:59	14	13:59	59.30	7:07:01	7:12	16	1:49:07	16	1:49:07
VP10 - Königswe	6.20	46:22	7:28	10	11:16	10	11:16	65.50	7:53:23	7:13	15	1:59:11	15	1:59:11
VP11 - Gedenkst	6.80	53:55	7:55	12	12:35	12	12:35	72.30	8:47:18	7:17	15	2:11:28	15	2:11:28
VP12 - Brauhaus	6.90	55:29	8:02	12	14:33	12	14:33	79.20	9:42:47	7:21	14	2:23:05	14	2:23:05
VP13 - Revierförs	5.70	44:36	7:49	7	11:30	7	11:30	84.90	10:27:23	7:23	14	2:32:10	14	2:32:10
VP14 - Schloss S	6.30	50:12	7:58	15	16:12	15	16:12	91.20	11:17:35	7:25	14	2:45:12	14	2:45:12
VP15 - Pagel & Fi	7.60	48:43	6:24	19	12:15	19	12:15	98.80	12:06:18	7:21	14	2:57:27	14	2:57:27
VP16 - Karolinenl	4.90	41:32	8:28	23	17:49	23	17:49	103.70	12:47:50	7:24	14	3:15:16	14	3:15:16
VP17 - Falkensee	6.50	53:30	8:13	24	21:18	24	21:18	110.20	13:41:20	7:27	15	3:36:34	15	3:36:34
VP18 - Schönwal	5.80	46:58	8:05	23	18:32	23	18:32	116.00	14:28:18	7:29	16	3:54:17	16	3:54:17
VP19 - Grenzturn	7.30	1:01:28	8:25	18	25:20	18	25:20	123.30	15:29:46	7:32	16	4:14:36	16	4:14:36
VP20 - Rudercluk	4.80	37:29	7:48	12	14:24	12	14:24	128.10	16:07:15	7:33	16	4:26:11	16	4:26:11
VP21 - Frohnau	4.10	39:53	9:43	16	19:27	16	19:27	132.20	16:47:08	7:37	16	4:40:46	16	4:40:46
VP22 - Naturschu	6.40	46:55	7:19	8	14:20	8	14:20	138.60	17:34:03	7:36	14	4:48:37	14	4:48:37
VP23 - Oranienbu	4.50	37:48	8:23	11	13:03	11	13:03	143.10	18:11:51	7:37	13	4:54:39	13	4:54:39
VP24 - Lauftreff l	5.30	42:05	7:56	10	13:35	10	13:35	148.40	18:53:56	7:38	12	5:03:20	12	5:03:20
VP25 - Wilhelmsr	5.70	47:00	8:14	12	15:40	12	15:40	154.10	19:40:56	7:39	12	5:12:48	12	5:12:48
VP26 - Wollankst	3.10	32:45	10:33	18	15:22	18	15:22	157.20	20:13:41	7:43	12	5:24:07	12	5:24:07
Friedrich-Ludwig	4.20	29:33	7:02	15	7:18	15	7:18	161.90	20:43:14	7:40	12	5:29:15	12	5:29:15