



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 10.08.2018-12.08.2018

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Run With Fight

□□□: 18:09:36

□□: 2017

□□: 8.87 km/h

□□□□: 6:44 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (2) □□□□□: 6 (of 24)

□□□□□□: 15:13:59

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□□□□□: 6(of 24)

2er-Staffel / 2-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	58:06	6:45	19	12:16	19	12:16	8.60	58:06	6:45	19	12:16	19	12:16
VP2 - East Side G	4.80	32:21	6:44	23	9:06	23	9:06	13.40	1:30:27	6:45	20	21:22	20	21:22
VP3 - Dammweg	5.80	41:24	7:08	20	10:21	20	10:21	19.20	2:11:51	6:52	20	31:43	20	31:43
VP4 - Johannisth	5.70	38:56	6:49	20	9:43	20	9:43	24.90	2:50:47	6:51	21	41:26	21	41:26
VP5 - Imbiß "Am	9.50	1:06:08	6:57	18	18:21	18	18:21	34.40	3:56:55	6:53	19	59:47	19	59:47
VP6 - Buckow	4.50	33:09	7:21	14	8:12	14	8:12	38.90	4:30:04	6:56	19	1:07:59	19	1:07:59
□□□	7.60	57:05	7:30	17	15:14	17	15:14	46.50	5:27:09	7:02	19	1:23:13	19	1:23:13
VP8 - Osdorfer St	6.30	49:50	7:54	19	16:03	19	16:03	52.80	6:16:59	7:08	19	1:39:16	19	1:39:16
VP9 - Sportplatz	6.50	50:09	7:42	10	11:04	10	11:04	59.30	7:07:08	7:12	17	1:49:14	17	1:49:14
VP10 - Königswe	6.20	53:37	8:38	18	18:31	18	18:31	65.50	8:00:45	7:20	16	2:06:33	16	2:06:33
VP11 - Gedenkst	6.80	46:05	6:46	5	4:45	5	4:45	72.30	8:46:50	7:17	14	2:11:00	14	2:11:00
VP12 - Brauhaus	6.90	49:20	7:08	5	8:24	5	8:24	79.20	9:36:10	7:16	13	2:16:28	13	2:16:28
VP13 - Revierförs	5.70	37:16	6:32	4	4:10	4	4:10	84.90	10:13:26	7:13	12	2:18:13	12	2:18:13
VP14 - Schloss S	6.30	35:24	5:37	2	1:24	2	1:24	91.20	10:48:50	7:06	11	2:16:27	11	2:16:27
VP15 - Pagel & Fi	7.60	41:49	5:30	4	5:21	4	5:21	98.80	11:30:39	6:59	10	2:21:48	10	2:21:48
VP16 - Karolinenl	4.90	28:07	5:44	5	4:24	5	4:24	103.70	11:58:46	6:55	10	2:26:12	10	2:26:12
VP17 - Falkensee	6.50	38:33	5:55	6	6:21	6	6:21	110.20	12:37:19	6:52	10	2:32:33	10	2:32:33
VP18 - Schönwal	5.80	35:41	6:09	8	7:15	8	7:15	116.00	13:13:00	6:50	10	2:38:59	10	2:38:59
VP19 - Grenzturn	7.30	44:44	6:07	5	8:36	5	8:36	123.30	13:57:44	6:47	10	2:42:34	10	2:42:34
VP20 - Rudercluk	4.80	30:37	6:22	7	7:32	7	7:32	128.10	14:28:21	6:46	10	2:47:17	10	2:47:17
VP21 - Frohnau	4.10	26:30	6:27	5	6:04	5	6:04	132.20	14:54:51	6:46	9	2:48:29	9	2:48:29
VP22 - Naturschu	6.40	40:22	6:18	4	7:47	4	7:47	138.60	15:35:13	6:44	7	2:49:47	7	2:49:47
VP23 - Oranienbu	4.50	32:36	7:14	7	7:51	7	7:51	143.10	16:07:49	6:45	7	2:50:37	7	2:50:37
VP24 - Laufftreff l	5.30	34:08	6:26	5	5:38	5	5:38	148.40	16:41:57	6:45	6	2:51:21	6	2:51:21
VP25 - Wilhelmsr	5.70	37:12	6:31	2	5:52	2	5:52	154.10	17:19:09	6:44	6	2:51:01	6	2:51:01
VP26 - Wollankst	3.10	22:10	7:09	6	4:47	6	4:47	157.20	17:41:19	6:45	6	2:51:45	6	2:51:45
Friedrich-Ludwig	4.20	28:17	6:44	10	6:02	10	6:02	161.90	18:09:36	6:43	6	2:55:37	6	2:55:37