



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 10.08.2018-12.08.2018

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Janosika

□□□: 18:38:13

□□: 2019

□□: 8.69 km/h

□□□□: 6:55 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (2) □□□□□: 8 (of 24)

□□□□□□: 15:13:59

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□□□□□: 8(of 24)

2er-Staffel / 2-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	50:25	5:51	2	4:35	2	4:35	8.60	50:25	5:51	2	4:35	2	4:35
VP2 - East Side G	4.80	25:05	5:13	2	1:50	2	1:50	13.40	1:15:30	5:38	2	6:25	2	6:25
VP3 - Dammweg	5.80	33:36	5:47	2	2:33	2	2:33	19.20	1:49:06	5:40	2	8:58	2	8:58
VP4 - Johannisth	5.70	30:48	5:24	3	1:35	3	1:35	24.90	2:19:54	5:37	2	10:33	2	10:33
VP5 - Imbiß "Am	9.50	55:47	5:52	5	8:00	5	8:00	34.40	3:15:41	5:41	2	18:33	2	18:33
VP6 - Buckow	4.50	27:11	6:02	2	2:14	2	2:14	38.90	3:42:52	5:43	2	20:47	2	20:47
□□□	7.60	49:24	6:30	8	7:33	8	7:33	46.50	4:32:16	5:51	3	28:20	3	28:20
VP8 - Osdorfer St	6.30	41:46	6:37	8	7:59	8	7:59	52.80	5:14:02	5:56	3	36:19	3	36:19
VP9 - Sportplatz	6.50	45:07	6:56	8	6:02	8	6:02	59.30	5:59:09	6:03	4	41:15	4	41:15
VP10 - Königswe	6.20	43:51	7:04	7	8:45	7	8:45	65.50	6:43:00	6:09	5	48:48	5	48:48
VP11 - Gedenkst	6.80	51:37	7:35	8	10:17	8	10:17	72.30	7:34:37	6:17	5	58:47	5	58:47
VP12 - Brauhaus	6.90	56:26	8:10	15	15:30	15	15:30	79.20	8:31:03	6:27	6	1:11:21	6	1:11:21
VP13 - Revierförs	5.70	48:54	8:34	15	15:48	15	15:48	84.90	9:19:57	6:35	6	1:24:44	6	1:24:44
VP14 - Schloss S	6.30	42:52	6:48	8	8:52	8	8:52	91.20	10:02:49	6:36	6	1:30:26	6	1:30:26
VP15 - Pagel & Fi	7.60	43:28	5:43	8	7:00	8	7:00	98.80	10:46:17	6:32	6	1:37:26	6	1:37:26
VP16 - Karolinenl	4.90	30:07	6:08	8	6:24	8	6:24	103.70	11:16:24	6:31	6	1:43:50	6	1:43:50
VP17 - Falkensee	6.50	38:34	5:56	7	6:22	7	6:22	110.20	11:54:58	6:29	6	1:50:12	6	1:50:12
VP18 - Schönwal	5.80	37:46	6:30	10	9:20	10	9:20	116.00	12:32:44	6:29	6	1:58:43	6	1:58:43
VP19 - Grenzturn	7.30	53:35	7:20	12	17:27	12	17:27	123.30	13:26:19	6:32	6	2:11:09	6	2:11:09
VP20 - Rudercluk	4.80	41:11	8:34	17	18:06	17	18:06	128.10	14:07:30	6:36	6	2:26:26	6	2:26:26
VP21 - Frohnau	4.10	47:24	11:33	20	26:58	20	26:58	132.20	14:54:54	6:46	10	2:48:32	10	2:48:32
VP22 - Naturschu	6.40	54:39	8:32	18	22:04	18	22:04	138.60	15:49:33	6:51	10	3:04:07	10	3:04:07
VP23 - Oranienbu	4.50	38:54	8:38	12	14:09	12	14:09	143.10	16:28:27	6:54	10	3:11:15	10	3:11:15
VP24 - Laufftreff l	5.30	39:23	7:25	8	10:53	8	10:53	148.40	17:07:50	6:55	8	3:17:14	8	3:17:14
VP25 - Wilhelmsr	5.70	40:05	7:01	7	8:45	7	8:45	154.10	17:47:55	6:55	8	3:19:47	8	3:19:47
VP26 - Wollankst	3.10	23:17	7:30	7	5:54	7	5:54	157.20	18:11:12	6:56	8	3:21:38	8	3:21:38
Friedrich-Ludwig	4.20	27:01	6:25	7	4:46	7	4:46	161.90	18:38:13	6:54	8	3:24:14	8	3:24:14