



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Schürmann, Rolf-Bernd

000: 21:42:04

00: WAT LÄUFT der geile Laufladen

00: 7.46 km/h

00: 345

0000: 8:02 min/km

00: 161.90 km

00000/0000: 90 (of 397)

100MeilenBerlin

00000/0: 77 (of 313)

000000: 13:17:41

0000:

00000: 19(of 70)

Senioren M45 (45-49 Jahre)

0000000: 16:22:32

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Checkpoint	8.60	58:41	6:49	35	14:27	131	14:33	8.60	58:41	6:49	35	14:27	131	14:33
VP2 - East Side G	4.80	29:50	6:12	34	8:45	128	8:47	13.40	1:28:31	6:36	31	23:12	126	23:17
VP3 - Dammweg	5.80	40:46	7:01	38	10:58	168	11:34	19.20	2:09:17	6:44	34	34:10	136	34:26
VP4 - Johannisth	5.70	37:47	6:37	38	11:05	155	13:15	24.90	2:47:04	6:42	37	45:15	142	47:22
VP5 - Imbiß "Am	9.50	1:02:47	6:36	27	15:25	112	21:15	34.40	3:49:51	6:40	34	1:00:40	130	1:08:34
VP6 - Buckow	4.50	32:35	7:14	29	9:20	130	11:59	38.90	4:22:26	6:44	33	1:10:00	131	1:20:33
000	7.60	52:23	6:53	28	11:41	117	18:21	46.50	5:14:49	6:46	31	1:21:38	122	1:38:54
VP8 - Osdorfer St	6.30	44:14	7:01	25	10:35	115	16:48	52.80	5:59:03	6:48	29	1:32:13	117	1:55:42
VP9 - Sportplatz	6.50	52:30	8:04	25	17:56	117	31:03	59.30	6:51:33	6:56	24	1:50:09	109	2:16:42
VP10 - Königswe	6.20	45:07	7:16	25	9:04	96	15:42	65.50	7:36:40	6:58	24	1:59:13	101	2:32:24
VP11 - Gedenkst	6.80	52:11	7:40	22	11:58	98	27:52	72.30	8:28:51	7:02	23	2:10:17	103	2:50:29
VP12 - Brauhaus	6.90	55:34	8:03	31	14:14	134	22:27	79.20	9:24:25	7:07	22	2:20:13	103	3:12:56
VP13 - Revierförs	5.70	44:36	7:49	22	9:57	89	14:33	84.90	10:09:01	7:10	19	1:52:26	98	3:27:29
VP14 - Schloss S	6.30	55:29	8:48	20	17:54	93	24:02	91.20	11:04:30	7:17	19	2:04:47	92	3:51:31
VP15 - Pagel & Fi	7.60	1:04:00	8:25	35	17:13	150	26:18	98.80	12:08:30	7:22	18	2:19:53	87	4:17:49
VP16 - Karolinenl	4.90	43:07	8:47	21	11:05	81	17:32	103.70	12:51:37	7:26	19	2:30:58	89	4:35:21
VP17 - Falkensee	6.50	53:03	8:09	22	10:44	85	20:32	110.20	13:44:40	7:29	21	2:41:42	91	4:55:53
VP18 - Schönwal	5.80	47:13	8:08	19	11:18	71	18:08	116.00	14:31:53	7:30	21	2:53:00	88	5:14:01
VP19 - Grenzturn	7.30	1:07:18	9:13	24	20:56	103	39:12	123.30	15:39:11	7:37	20	3:13:56	83	5:42:32
VP20 - Rudercluk	4.80	45:04	9:23	25	15:43	109	20:44	128.10	16:24:15	7:41	20	3:29:39	84	6:03:16
VP21 - Frohnau	4.10	41:02	10:00	18	15:15	74	18:23	132.20	17:05:17	7:45	19	3:44:54	79	6:21:39
VP22 - Naturschu	6.40	59:27	9:17	29	19:02	127	26:15	138.60	18:04:44	7:49	19	4:03:56	79	6:47:54
VP23 - Oranienbu	4.50	47:59	10:39	31	19:41	143	23:02	143.10	18:52:43	7:54	20	4:23:37	81	7:10:56
VP24 - Lauftreff l	5.30	59:03	11:08	47	26:36	193	30:49	148.40	19:51:46	8:01	21	4:50:13	85	7:41:45
VP25 - Wilhelmsr	5.70	50:45	8:54	19	14:58	73	20:44	154.10	20:42:31	8:03	20	5:05:11	82	8:02:29
VP26 - Wollankst	3.10	28:04	9:03	17	7:40	63	10:57	157.20	21:10:35	8:04	19	5:12:51	80	8:13:26
Friedrich-Ludwig	4.20	31:29	7:29	18	6:50	73	11:43	161.90	21:42:04	8:02	19	5:19:32	78	8:24:23