



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

0000

Knefel, Günter

000: 22:13:06

00: Füchse Berlin

00: 7.25 km/h

00: 389

0000: 8:14 min/km

00: 161.90 km

00000/000: 106 (of 397)

100MeilenBerlin

00000/0: 91 (of 313)

000000: 13:17:41

0000:

00000: 2(of 10)

Senioren M65 (65-69 Jahre)

0000000: 20:42:49

0000

0000

000

000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	00 -	00 -	00 0	00 0		
VP1 - Checkpoint	8.60	59:33	6:55	2	1:42	150	15:25	8.60	59:33	6:55	2	1:42	150	15:25
VP2 - East Side G	4.80	29:47	6:12	1	-	123	8:44	13.40	1:29:20	6:40	1	-	140	24:06
VP3 - Dammweg	5.80	39:04	6:44	1	-	123	9:52	19.20	2:08:24	6:41	1	-	124	33:33
VP4 - Johannisth	5.70	37:15	6:32	2	1:41	140	12:43	24.90	2:45:39	6:39	1	-	123	45:57
VP5 - Imbiß "Am	9.50	1:03:54	6:43	3	3:14	130	22:22	34.40	3:49:33	6:40	1	-	127	1:08:16
VP6 - Buckow	4.50	32:38	7:15	3	1:41	133	12:02	38.90	4:22:11	6:44	1	-	128	1:20:18
000	7.60	53:04	6:58	1	-	124	19:02	46.50	5:15:15	6:46	1	-	124	1:39:20
VP8 - Osdorfer St	6.30	44:39	7:05	2	1:48	120	17:13	52.80	5:59:54	6:48	2	1:17	122	1:56:33
VP9 - Sportplatz	6.50	51:42	7:57	2	5:47	108	30:15	59.30	6:51:36	6:56	2	7:04	110	2:16:45
VP10 - Königswe	6.20	45:10	7:17	1	-	98	15:45	65.50	7:36:46	6:58	2	6:22	103	2:32:30
VP11 - Gedenkst	6.80	1:00:21	8:52	3	11:19	216	36:02	72.30	8:37:07	7:09	2	17:41	116	2:58:45
VP12 - Brauhaus	6.90	52:51	7:39	2	0:16	88	19:44	79.20	9:29:58	7:11	2	17:11	112	3:18:29
VP13 - Revierförs	5.70	48:11	8:27	3	6:17	137	18:08	84.90	10:18:09	7:16	2	23:28	112	3:36:37
VP14 - Schloss S	6.30	53:18	8:27	3	3:02	75	21:51	91.20	11:11:27	7:21	2	26:30	101	3:58:28
VP15 - Pagel & Fi	7.60	1:04:21	8:28	4	9:23	155	26:39	98.80	12:15:48	7:26	2	35:53	103	4:25:07
VP16 - Karolinenl	4.90	44:03	8:59	2	3:09	95	18:28	103.70	12:59:51	7:31	2	39:02	97	4:43:35
VP17 - Falkensee	6.50	56:33	8:41	2	4:43	126	24:02	110.20	13:56:24	7:35	2	43:45	99	5:07:37
VP18 - Schönwal	5.80	51:33	8:53	2	5:07	113	22:28	116.00	14:47:57	7:39	2	48:52	100	5:30:05
VP19 - Grenzturn	7.30	1:11:27	9:47	3	5:55	139	43:21	123.30	15:59:24	7:46	2	51:44	101	6:02:45
VP20 - Rudercluk	4.80	42:44	8:54	2	1:47	79	18:24	128.10	16:42:08	7:49	2	51:27	97	6:21:09
VP21 - Frohnau	4.10	44:58	10:58	3	4:13	112	22:19	132.20	17:27:06	7:55	2	54:18	96	6:43:28
VP22 - Naturschu	6.40	58:23	9:07	2	3:05	113	25:11	138.60	18:25:29	7:58	2	57:23	93	7:08:39
VP23 - Oranienbu	4.50	50:08	11:08	4	12:52	173	25:11	143.10	19:15:37	8:04	2	1:10:15	96	7:33:50
VP24 - Lauftreff l	5.30	55:55	10:33	4	7:36	166	27:41	148.40	20:11:32	8:09	2	1:17:51	96	8:01:31
VP25 - Wilhelmsr	5.70	54:42	9:35	3	7:11	111	24:41	154.10	21:06:14	8:13	2	1:25:02	94	8:26:12
VP26 - Wollankst	3.10	33:50	10:54	5	6:29	149	16:43	157.20	21:40:04	8:16	2	1:29:07	95	8:42:55
Friedrich-Ludwig	4.20	33:02	7:51	2	1:10	110	13:16	161.90	22:13:06	8:14	2	1:30:17	92	8:55:25