



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

0000

Dittmar, Volker

00: LAC Quelle Fürth

00: 445

00: 161.90 km

100MeilenBerlin

0000:

Senioren M60 (60-64 Jahre)

000: 22:16:26

00: 7.27 km/h

0000: 8:15 min/km

00000/0000: 108 (of 397)

00000/0: 93 (of 313)

000000: 13:17:41

00000: 5(of 20)

0000000: 15:36:02

0000

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000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	00 -	00 -	00 0	00 0		
VP1 - Checkpoint	8.60	50:37	5:53	3	2:18	38	6:29	8.60	50:37	5:53	3	2:18	38	6:29
VP2 - East Side G	4.80	24:59	5:12	1	-	21	3:56	13.40	1:15:36	5:38	2	2:10	28	10:22
VP3 - Dammweg	5.80	34:34	5:57	3	2:05	37	5:22	19.20	1:50:10	5:44	3	4:15	34	15:19
VP4 - Johannisth	5.70	29:36	5:11	1	-	12	5:04	24.90	2:19:46	5:36	2	4:05	25	20:04
VP5 - Imbiß "Am	9.50	52:38	5:32	2	1:26	22	11:06	34.40	3:12:24	5:35	2	5:31	23	31:07
VP6 - Buckow	4.50	27:15	6:03	3	1:55	33	6:39	38.90	3:39:39	5:38	2	7:26	23	37:46
000	7.60	42:51	5:38	2	2:24	17	8:49	46.50	4:22:30	5:38	2	9:50	22	46:35
VP8 - Osdorfer St	6.30	37:31	5:57	2	2:55	31	10:05	52.80	5:00:01	5:40	2	12:45	24	56:40
VP9 - Sportplatz	6.50	46:26	7:08	4	24:59	61	24:59	59.30	5:46:27	5:50	2	22:10	26	1:11:36
VP10 - Königswe	6.20	43:28	7:00	4	8:01	66	14:03	65.50	6:29:55	5:57	2	30:11	27	1:25:39
VP11 - Gedenkst	6.80	48:51	7:11	3	10:19	61	24:32	72.30	7:18:46	6:04	2	40:30	29	1:40:24
VP12 - Brauhaus	6.90	54:56	7:57	4	15:52	121	21:49	79.20	8:13:42	6:14	3	56:22	35	2:02:13
VP13 - Revierförs	5.70	44:55	7:52	5	12:11	92	14:52	84.90	8:58:37	6:20	3	1:08:33	35	2:17:05
VP14 - Schloss S	6.30	54:23	8:37	3	19:10	85	22:56	91.20	9:53:00	6:30	3	1:27:43	37	2:40:01
VP15 - Pagel & Fi	7.60	1:13:10	9:37	10	30:59	218	35:28	98.80	11:06:10	6:44	3	1:58:42	49	3:15:29
VP16 - Karolinenl	4.90	47:11	9:37	5	17:45	145	21:36	103.70	11:53:21	6:52	3	2:16:27	51	3:37:05
VP17 - Falkensee	6.50	59:01	9:04	6	21:03	159	26:30	110.20	12:52:22	7:00	4	2:37:30	55	4:03:35
VP18 - Schönwal	5.80	1:00:50	10:29	9	25:31	202	31:45	116.00	13:53:12	7:10	4	3:03:01	58	4:35:20
VP19 - Grenzturn	7.30	1:11:09	9:44	7	35:29	138	43:03	123.30	15:04:21	7:20	4	3:29:53	60	5:07:42
VP20 - Rudercluk	4.80	52:37	10:57	8	23:50	189	28:17	128.10	15:56:58	7:28	4	3:53:43	66	5:35:59
VP21 - Frohnau	4.10	59:08	14:25	10	32:40	211	36:29	132.20	16:56:06	7:41	4	4:26:23	73	6:12:28
VP22 - Naturschu	6.40	1:05:15	10:11	8	25:06	183	32:03	138.60	18:01:21	7:48	4	4:51:29	75	6:44:31
VP23 - Oranienbu	4.50	51:29	11:26	8	21:27	181	26:32	143.10	18:52:50	7:54	4	5:12:56	82	7:11:03
VP24 - Lauftreff l	5.30	58:12	10:58	6	24:16	185	29:58	148.40	19:51:02	8:01	4	5:37:12	84	7:41:01
VP25 - Wilhelmsr	5.70	1:03:28	11:08	7	28:08	194	33:27	154.10	20:54:30	8:08	5	6:05:20	89	8:14:28
VP26 - Wollankst	3.10	35:53	11:34	9	12:54	191	18:46	157.20	21:30:23	8:12	5	6:18:14	90	8:33:14
Friedrich-Ludwig	4.20	46:03	10:57	11	22:10	234	26:17	161.90	22:16:26	8:15	5	6:40:24	94	8:58:45