



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Franijeur, Henrik

□□□: 22:28:04

□□: Klub100***MarathonDenmark

□□: 7.17 km/h

□□: 148

□□□□: 8:20 min/km

□□: 161.90 km

□□□□□/□□□: 114 (of 397)

100MeilenBerlin

□□□□□/□: 99 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 27(of 75)

Senioren M50 (50-54 Jahre)

□□□□□□□: 14:30:53

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:00:02	6:58	35	15:53	152	15:54	8.60	1:00:02	6:58	35	15:53	152	15:54
VP2 - East Side G	4.80	28:13	5:52	19	7:10	92	7:10	13.40	1:28:15	6:35	29	23:01	121	23:01
VP3 - Dammweg	5.80	37:23	6:26	20	7:53	88	8:11	19.20	2:05:38	6:32	24	30:44	107	30:47
VP4 - Johannisth	5.70	37:43	6:37	36	12:55	148	13:11	24.90	2:43:21	6:33	25	43:39	113	43:39
VP5 - Imbiß "Am	9.50	1:07:01	7:03	42	24:40	169	25:29	34.40	3:50:22	6:41	33	1:08:19	137	1:09:05
VP6 - Buckow	4.50	36:49	8:10	57	15:34	223	16:13	38.90	4:27:11	6:52	36	1:23:53	151	1:25:18
□□□	7.60	56:44	7:27	47	20:16	180	22:42	46.50	5:23:55	6:57	39	1:43:44	155	1:48:00
VP8 - Osdorfer St	6.30	48:49	7:44	50	18:34	190	21:23	52.80	6:12:44	7:03	44	2:02:18	167	2:09:23
VP9 - Sportplatz	6.50	53:06	8:10	32	21:41	123	31:39	59.30	7:05:50	7:10	39	2:23:59	145	2:30:59
VP10 - Königswe	6.20	50:08	8:05	44	18:55	171	20:43	65.50	7:55:58	7:15	40	2:42:54	144	2:51:42
VP11 - Gedenkst	6.80	57:21	8:26	42	22:28	175	33:02	72.30	8:53:19	7:22	39	3:04:21	144	3:14:57
VP12 - Brauhaus	6.90	57:12	8:17	42	21:30	152	24:05	79.20	9:50:31	7:27	38	3:25:51	144	3:39:02
VP13 - Revierförs	5.70	49:50	8:44	43	19:13	161	19:47	84.90	10:40:21	7:32	38	3:45:04	141	3:58:49
VP14 - Schloss S	6.30	1:15:22	11:57	59	41:58	213	43:55	91.20	11:55:43	7:50	41	4:26:42	152	4:42:44
VP15 - Pagel & F	7.60	1:00:08	7:54	27	20:21	102	22:26	98.80	12:55:51	7:51	39	4:43:59	144	5:05:10
VP16 - Karolinenl	4.90	44:13	9:01	27	17:06	103	18:38	103.70	13:40:04	7:54	37	5:01:05	137	5:23:48
VP17 - Falkensee	6.50	55:50	8:35	33	18:06	114	23:19	110.20	14:35:54	7:56	37	5:15:07	135	5:47:07
VP18 - Schönwal	5.80	48:22	8:20	24	15:51	83	19:17	116.00	15:24:16	7:58	34	5:30:55	128	6:06:24
VP19 - Grenzturn	7.30	1:02:24	8:32	21	19:15	64	34:18	123.30	16:26:40	8:00	33	5:49:02	120	6:30:01
VP20 - Rudercluk	4.80	43:27	9:03	30	15:49	92	19:07	128.10	17:10:07	8:02	30	6:04:51	115	6:49:08
VP21 - Frohnau	4.10	43:50	10:41	31	19:52	103	21:11	132.20	17:53:57	8:07	31	6:24:43	116	7:10:19
VP22 - Naturschu	6.40	57:21	8:57	33	19:52	107	24:09	138.60	18:51:18	8:09	29	6:40:33	109	7:34:28
VP23 - Oranienbu	4.50	43:53	9:45	25	16:47	87	18:56	143.10	19:35:11	8:12	28	6:56:27	106	7:53:24
VP24 - Laufftreff l	5.30	50:06	9:27	28	18:49	89	21:52	148.40	20:25:17	8:15	28	7:15:16	102	8:15:16
VP25 - Wilhelmsr	5.70	55:32	9:44	37	22:24	122	25:31	154.10	21:20:49	8:18	28	7:36:58	104	8:40:47
VP26 - Wollankst	3.10	31:18	10:05	34	13:18	114	14:11	157.20	21:52:07	8:20	28	7:50:16	100	8:54:58
Friedrich-Ludwig	4.20	35:57	8:33	33	14:20	135	16:11	161.90	22:28:04	8:19	28	8:02:40	100	9:10:23