



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

□□□□

Bart, Ernst

□□: Laufwunder Steyr

□□: 198

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 22:33:38

□□: 7.18 km/h

□□□□: 8:22 min/km

□□□□□/□□□: 117 (of 397)

□□□□□/□: 102 (of 313)

□□□□□□: 13:17:41

□□□□□: 25(of 70)

□□□□□□□: 16:22:32

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:01:26	7:08	44	17:12	179	17:18	8.60	1:01:26	7:08	44	17:12	179	17:18	
VP2 - East Side G	4.80	29:48	6:12	32	8:43	126	8:45	13.40	1:31:14	6:48	40	25:55	164	26:00	
VP3 - Dammweg	5.80	39:20	6:46	32	9:32	130	10:08	19.20	2:10:34	6:48	40	35:27	157	35:43	
VP4 - Johannisth	5.70	36:17	6:21	30	9:35	112	11:45	24.90	2:46:51	6:42	36	45:02	139	47:09	
VP5 - Imbiß "Am	9.50	1:02:45	6:36	26	15:23	111	21:13	34.40	3:49:36	6:40	33	1:00:25	128	1:08:19	
VP6 - Buckow	4.50	31:23	6:58	24	8:08	97	10:47	38.90	4:20:59	6:42	31	1:08:33	123	1:19:06	
□□□	7.60	50:29	6:38	18	9:47	84	16:27	46.50	5:11:28	6:41	29	1:18:17	112	1:35:33	
VP8 - Osdorfer St	6.30	41:25	6:34	17	7:46	66	13:59	52.80	5:52:53	6:41	24	1:26:03	102	1:49:32	
VP9 - Sportplatz	6.50	48:48	7:30	18	14:14	84	27:21	59.30	6:41:41	6:46	20	1:40:17	85	2:06:50	
VP10 - Königswe	6.20	47:59	7:44	35	11:56	143	18:34	65.50	7:29:40	6:51	21	1:52:13	89	2:25:24	
VP11 - Gedenkst	6.80	57:31	8:27	44	17:18	181	33:12	72.30	8:27:11	7:00	21	2:08:37	96	2:48:49	
VP12 - Brauhaus	6.90	57:10	8:17	36	15:50	150	24:03	79.20	9:24:21	7:07	21	2:20:09	102	3:12:52	
VP13 - Revierförs	5.70	49:42	8:43	41	15:03	158	19:39	84.90	10:14:03	7:13	23	1:57:28	104	3:32:31	
VP14 - Schloss S	6.30	50:26	8:00	11	12:51	51	18:59	91.20	11:04:29	7:17	18	2:04:46	91	3:51:30	
VP15 - Pagel & F	7.60	1:04:07	8:26	36	17:20	152	26:25	98.80	12:08:36	7:22	19	2:19:59	88	4:17:55	
VP16 - Karolinenl	4.90	45:05	9:12	27	13:03	117	19:30	103.70	12:53:41	7:27	22	2:33:02	94	4:37:25	
VP17 - Falkensee	6.50	56:53	8:45	32	14:34	133	24:22	110.20	13:50:34	7:32	22	2:47:36	95	5:01:47	
VP18 - Schönwal	5.80	49:15	8:29	22	13:20	87	20:10	116.00	14:39:49	7:35	22	3:00:56	96	5:21:57	
VP19 - Grenzturn	7.30	1:11:48	9:50	35	25:26	142	43:42	123.30	15:51:37	7:43	21	3:26:22	93	5:54:58	
VP20 - Rudercluk	4.80	48:27	10:05	38	19:06	157	24:07	128.10	16:40:04	7:48	23	3:45:28	93	6:19:05	
VP21 - Frohnau	4.10	46:11	11:15	24	20:24	121	23:32	132.20	17:26:15	7:54	23	4:05:52	94	6:42:37	
VP22 - Naturschu	6.40	1:05:13	10:11	42	24:48	182	32:01	138.60	18:31:28	8:01	23	4:30:40	99	7:14:38	
VP23 - Oranienbu	4.50	50:04	11:07	40	21:46	171	25:07	143.10	19:21:32	8:07	23	4:52:26	97	7:39:45	
VP24 - Lauftreff l	5.30	57:56	10:55	46	25:29	181	29:42	148.40	20:19:28	8:13	23	5:17:55	99	8:09:27	
VP25 - Wilhelmsr	5.70	59:28	10:25	34	23:41	156	29:27	154.10	21:18:56	8:17	25	5:41:36	102	8:38:54	
VP26 - Wollankst	3.10	33:39	10:51	33	13:15	147	16:32	157.20	21:52:35	8:20	24	5:54:51	102	8:55:26	
Friedrich-Ludwig	4.20	41:03	9:46	41	16:24	193	21:17	161.90	22:33:38	8:21	25	6:11:06	103	9:15:57	