



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Freise, Andreas

□□□: 22:53:45

□□: VfR Wilsche-Neubokel

□□: 7.03 km/h

□□: 355

□□□□: 8:29 min/km

□□: 161.90 km

□□□□□/□□□: 139 (of 397)

100MeilenBerlin

□□□□□/□: 122 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 31(of 75)

Senioren M50 (50-54 Jahre)

□□□□□□□: 14:30:53

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:02:06	7:13	44	17:57	188	17:58	8.60	1:02:06	7:13	44	17:57	188	17:58
VP2 - East Side G	4.80	30:01	6:15	36	8:58	143	8:58	13.40	1:32:07	6:52	42	26:53	174	26:53
VP3 - Dammweg	5.80	40:49	7:02	44	11:19	170	11:37	19.20	2:12:56	6:55	41	38:02	171	38:05
VP4 - Johannisth	5.70	37:57	6:39	43	13:09	164	13:25	24.90	2:50:53	6:51	43	51:11	168	51:11
VP5 - Imbiß "Am	9.50	1:09:05	7:16	51	26:44	200	27:33	34.40	3:59:58	6:58	45	1:17:55	174	1:18:41
VP6 - Buckow	4.50	31:25	6:58	23	10:10	98	10:49	38.90	4:31:23	6:58	44	1:28:05	170	1:29:30
□□□	7.60	53:28	7:02	32	17:00	129	19:26	46.50	5:24:51	6:59	40	1:44:40	158	1:48:56
VP8 - Osdorfer St	6.30	47:29	7:32	40	17:14	163	20:03	52.80	6:12:20	7:03	42	2:01:54	164	2:08:59
VP9 - Sportplatz	6.50	56:06	8:37	42	24:41	152	34:39	59.30	7:08:26	7:13	40	2:26:35	151	2:33:35
VP10 - Königswe	6.20	46:00	7:25	32	14:47	115	16:35	65.50	7:54:26	7:14	39	2:41:22	139	2:50:10
VP11 - Gedenkst	6.80	54:27	8:00	30	19:34	132	30:08	72.30	8:48:53	7:18	36	2:59:55	132	3:10:31
VP12 - Brauhaus	6.90	54:52	7:57	31	19:10	117	21:45	79.20	9:43:45	7:22	37	3:19:05	135	3:32:16
VP13 - Revierförs	5.70	47:32	8:20	36	16:55	127	17:29	84.90	10:31:17	7:26	36	3:36:00	135	3:49:45
VP14 - Schloss S	6.30	1:14:06	11:45	55	40:42	205	42:39	91.20	11:45:23	7:44	36	4:16:22	137	4:32:24
VP15 - Pagel & Fi	7.60	1:04:40	8:30	48	24:53	163	26:58	98.80	12:50:03	7:47	36	4:38:11	136	4:59:22
VP16 - Karolinenl	4.90	44:12	9:01	26	17:05	102	18:37	103.70	13:34:15	7:51	36	4:55:16	133	5:17:59
VP17 - Falkensee	6.50	52:09	8:01	22	14:25	73	19:38	110.20	14:26:24	7:51	33	5:05:37	125	5:37:37
VP18 - Schönwal	5.80	58:03	10:00	53	25:32	183	28:58	116.00	15:24:27	7:58	35	5:31:06	129	6:06:35
VP19 - Grenzturn	7.30	1:06:28	9:06	31	23:19	99	38:22	123.30	16:30:55	8:02	34	5:53:17	123	6:34:16
VP20 - Rudercluk	4.80	47:50	9:57	44	20:12	145	23:30	128.10	17:18:45	8:06	34	6:13:29	122	6:57:46
VP21 - Frohnau	4.10	48:44	11:53	38	24:46	136	26:05	132.20	18:07:29	8:13	32	6:38:15	122	7:23:51
VP22 - Naturschu	6.40	1:00:33	9:27	37	23:04	137	27:21	138.60	19:08:02	8:16	33	6:57:17	125	7:51:12
VP23 - Oranienbu	4.50	48:19	10:44	42	21:13	149	23:22	143.10	19:56:21	8:21	32	7:17:37	125	8:14:34
VP24 - Laufftreff l	5.30	52:50	9:58	40	21:33	124	24:36	148.40	20:49:11	8:25	33	7:39:10	123	8:39:10
VP25 - Wilhelmsr	5.70	53:31	9:23	27	20:23	95	23:30	154.10	21:42:42	8:27	32	7:58:51	120	9:02:40
VP26 - Wollankst	3.10	34:19	11:04	47	16:19	159	17:12	157.20	22:17:01	8:30	32	8:15:10	122	9:19:52
Friedrich-Ludwig	4.20	36:44	8:44	35	15:07	141	16:58	161.90	22:53:45	8:29	32	8:28:21	123	9:36:04