



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

□□□□

Wilsdorf, Stefan

□□□: 14:55:56

□□: LAC Rudolstadt

□□: 10.78 km/h

□□: 453

□□□□: 5:32 min/km

□□: 161.90 km

□□□□□/□□□□: 3 (of 397)

100MeilenBerlin

□□□□□/□: 3 (of 313)

□□□□:

□□□□□□: 13:17:41

Senioren M30 (30-34 Jahre)

□□□□□: 2(of 11)

□□□□□□□: 13:17:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	44:19	5:09	3	0:07	10	0:11	8.60	44:19	5:09	3	0:07	10	0:11	
VP2 - East Side G	4.80	22:26	4:40	3	1:16	10	1:23	13.40	1:06:45	4:58	3	1:20	10	1:31	
VP3 - Dammweg	5.80	30:28	5:15	3	1:16	10	1:16	19.20	1:37:13	5:03	3	2:22	10	2:22	
VP4 - Johannisth	5.70	29:04	5:05	3	4:32	10	4:32	24.90	2:06:17	5:04	3	6:32	10	6:35	
VP5 - Imbiß "Am	9.50	47:13	4:58	3	5:41	6	5:41	34.40	2:53:30	5:02	3	12:13	7	12:13	
VP6 - Buckow	4.50	23:49	5:17	2	3:13	6	3:13	38.90	3:17:19	5:04	2	15:26	6	15:26	
□□□	7.60	40:40	5:21	3	6:38	10	6:38	46.50	3:57:59	5:07	2	22:04	6	22:04	
VP8 - Osdorfer St	6.30	32:51	5:12	2	5:25	7	5:25	52.80	4:30:50	5:07	2	27:29	7	27:29	
VP9 - Sportplatz	6.50	37:45	5:48	3	16:06	13	16:18	59.30	5:08:35	5:12	2	33:44	7	33:44	
VP10 - Königswe	6.20	33:57	5:28	2	4:32	5	4:32	65.50	5:42:32	5:13	2	38:16	7	38:16	
VP11 - Gedenkst	6.80	38:42	5:41	2	4:36	11	14:23	72.30	6:21:14	5:16	2	42:52	7	42:52	
VP12 - Brauhaus	6.90	37:07	5:22	2	4:00	5	4:00	79.20	6:58:21	5:16	2	46:52	6	46:52	
VP13 - Revierförs	5.70	32:14	5:39	3	2:11	6	2:11	84.90	7:30:35	5:18	2	49:03	6	49:03	
VP14 - Schloss S	6.30	36:59	5:52	2	5:32	6	5:32	91.20	8:07:34	5:20	2	54:35	5	54:35	
VP15 - Pagel & Fi	7.60	42:19	5:34	2	4:37	5	4:37	98.80	8:49:53	5:21	2	59:12	5	59:12	
VP16 - Karolinenl	4.90	28:41	5:51	2	3:06	3	3:06	103.70	9:18:34	5:23	2	1:02:18	5	1:02:18	
VP17 - Falkensee	6.50	37:16	5:44	2	4:45	3	4:45	110.20	9:55:50	5:24	2	1:07:03	5	1:07:03	
VP18 - Schönwal	5.80	33:53	5:50	2	4:48	7	4:48	116.00	10:29:43	5:25	2	1:11:51	5	1:11:51	
VP19 - Grenzturn	7.30	43:27	5:57	3	15:21	6	15:21	123.30	11:13:10	5:27	2	1:16:31	5	1:16:31	
VP20 - Rudercluk	4.80	28:42	5:58	2	4:22	3	4:22	128.10	11:41:52	5:28	2	1:20:53	5	1:20:53	
VP21 - Frohnau	4.10	25:30	6:13	2	2:51	4	2:51	132.20	12:07:22	5:30	2	1:23:44	5	1:23:44	
VP22 - Naturschu	6.40	36:25	5:41	2	3:13	4	3:13	138.60	12:43:47	5:30	2	1:26:57	5	1:26:57	
VP23 - Oranienbu	4.50	29:00	6:26	2	4:03	5	4:03	143.10	13:12:47	5:32	2	1:31:00	5	1:31:00	
VP24 - Laufftreff l	5.30	31:03	5:51	2	2:49	2	2:49	148.40	13:43:50	5:33	2	1:33:49	5	1:33:49	
VP25 - Wilhelmsr	5.70	35:07	6:09	2	5:06	5	5:06	154.10	14:18:57	5:34	2	1:38:55	5	1:38:55	
VP26 - Wollankst	3.10	17:13	5:33	2	0:06	2	0:06	157.20	14:36:10	5:34	2	1:39:01	4	1:39:01	
Friedrich-Ludwig	4.20	19:46	4:42	1	-	1	-	161.90	14:55:56	5:32	2	1:38:15	4	1:38:15	