



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Teichert, Gerd

□□□: 23:01:34

□□: TSG Seelow

□□: 6.99 km/h

□□: 416

□□□□: 8:32 min/km

□□: 161.90 km

□□□□□/□□□: 151 (of 397)

100MeilenBerlin

□□□□□/□: 130 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 35(of 75)

Senioren M50 (50-54 Jahre)

□□□□□□□: 14:30:53

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Checkpoint	8.60	1:07:23	7:50	59	23:14	253	23:15	8.60	1:07:23	7:50	59	23:14	253	23:15
VP2 - East Side G	4.80	32:09	6:41	54	11:06	216	11:06	13.40	1:39:32	7:25	55	34:18	243	34:18
VP3 - Dammweg	5.80	44:47	7:43	63	15:17	251	15:35	19.20	2:24:19	7:30	58	49:25	246	49:28
VP4 - Johannisth	5.70	39:47	6:58	48	14:59	200	15:15	24.90	3:04:06	7:23	56	1:04:24	233	1:04:24
VP5 - Imbiß "Am	9.50	1:12:46	7:39	62	30:25	247	31:14	34.40	4:16:52	7:28	58	1:34:49	237	1:35:35
VP6 - Buckow	4.50	37:39	8:22	62	16:24	238	17:03	38.90	4:54:31	7:34	59	1:51:13	237	1:52:38
□□□	7.60	1:02:14	8:11	64	25:46	245	28:12	46.50	5:56:45	7:40	62	2:16:34	247	2:20:50
VP8 - Osdorfer St	6.30	49:42	7:53	53	19:27	200	22:16	52.80	6:46:27	7:41	62	2:36:01	237	2:43:06
VP9 - Sportplatz	6.50	1:11:14	10:57	66	39:49	262	49:47	59.30	7:57:41	8:03	65	3:15:50	238	3:22:50
VP10 - Königswe	6.20	50:34	8:09	47	19:21	180	21:09	65.50	8:48:15	8:03	63	3:35:11	235	3:43:59
VP11 - Gedenkst	6.80	57:28	8:27	44	22:35	180	33:09	72.30	9:45:43	8:06	60	3:56:45	227	4:07:21
VP12 - Brauhaus	6.90	1:00:09	8:43	49	24:27	188	27:02	79.20	10:45:52	8:09	58	4:21:12	225	4:34:23
VP13 - Revierförs	5.70	51:49	9:05	53	21:12	194	21:46	84.90	11:37:41	8:13	57	4:42:24	221	4:56:09
VP14 - Schloss S	6.30	57:10	9:04	30	23:46	106	25:43	91.20	12:34:51	8:16	55	5:05:50	211	5:21:52
VP15 - Pagel & Fi	7.60	1:06:08	8:42	51	26:21	176	28:26	98.80	13:40:59	8:18	55	5:29:07	212	5:50:18
VP16 - Karolinenl	4.90	47:35	9:42	41	20:28	153	22:00	103.70	14:28:34	8:22	56	5:49:35	208	6:12:18
VP17 - Falkensee	6.50	56:29	8:41	36	18:45	124	23:58	110.20	15:25:03	8:23	54	6:04:16	200	6:36:16
VP18 - Schönwal	5.80	49:44	8:34	27	17:13	91	20:39	116.00	16:14:47	8:24	51	6:21:26	192	6:56:55
VP19 - Grenzturn	7.30	1:04:07	8:46	23	20:58	76	36:01	123.30	17:18:54	8:25	47	6:41:16	178	7:22:15
VP20 - Rudercluk	4.80	40:27	8:25	20	12:49	56	16:07	128.10	17:59:21	8:25	45	6:54:05	170	7:38:22
VP21 - Frohnau	4.10	40:29	9:52	19	16:31	63	17:50	132.20	18:39:50	8:28	43	7:10:36	156	7:56:12
VP22 - Naturschu	6.40	53:37	8:22	23	16:08	68	20:25	138.60	19:33:27	8:27	41	7:22:42	154	8:16:37
VP23 - Oranienbu	4.50	44:23	9:51	26	17:17	93	19:26	143.10	20:17:50	8:30	41	7:39:06	148	8:36:03
VP24 - Laufftreff l	5.30	48:44	9:11	24	17:27	76	20:30	148.40	21:06:34	8:32	39	7:56:33	144	8:56:33
VP25 - Wilhelmsr	5.70	55:11	9:40	34	22:03	118	25:10	154.10	22:01:45	8:34	38	8:17:54	141	9:21:43
VP26 - Wollankst	3.10	28:04	9:03	20	10:04	63	10:57	157.20	22:29:49	8:35	36	8:27:58	134	9:32:40
Friedrich-Ludwig	4.20	31:45	7:33	25	10:08	82	11:59	161.90	23:01:34	8:32	36	8:36:10	131	9:43:53