



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Konradt, Jochen

□□□: 23:08:27

□□: Siegen

□□: 6.96 km/h

□□: 242

□□□□: 8:35 min/km

□□: 161.90 km

□□□□□/□□□: 157 (of 397)

100MeilenBerlin

□□□□□/□: 136 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 18(of 50)

Senioren M55 (55-59 Jahre)

□□□□□□□: 18:35:32

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:05:44	7:38	36	16:21	232	21:36	8.60	1:05:44	7:38	36	16:21	232	21:36
VP2 - East Side G	4.80	33:27	6:58	40	8:41	243	12:24	13.40	1:39:11	7:24	40	25:02	237	33:57
VP3 - Dammweg	5.80	43:40	7:31	37	9:07	229	14:28	19.20	2:22:51	7:26	37	34:09	230	48:00
VP4 - Johannisth	5.70	41:04	7:12	34	9:22	222	16:32	24.90	3:03:55	7:23	37	43:20	231	1:04:13
VP5 - Imbiß "Am	9.50	1:13:38	7:45	40	18:57	252	32:06	34.40	4:17:33	7:29	37	1:02:17	241	1:36:16
VP6 - Buckow	4.50	38:28	8:32	38	11:54	253	17:52	38.90	4:56:01	7:36	38	1:14:11	244	1:54:08
□□□	7.60	57:27	7:33	29	12:40	189	23:25	46.50	5:53:28	7:36	37	1:26:51	236	2:17:33
VP8 - Osdorfer St	6.30	48:07	7:38	28	11:20	174	20:41	52.80	6:41:35	7:36	34	1:37:14	227	2:38:14
VP9 - Sportplatz	6.50	54:29	8:22	23	16:43	137	33:02	59.30	7:36:04	7:41	30	1:48:00	201	3:01:13
VP10 - Königswe	6.20	50:16	8:06	25	10:04	175	20:51	65.50	8:26:20	7:43	31	1:54:39	205	3:22:04
VP11 - Gedenkst	6.80	57:39	8:28	28	33:20	187	33:20	72.30	9:23:59	7:48	29	2:03:00	201	3:45:37
VP12 - Brauhaus	6.90	1:00:00	8:41	23	14:22	185	26:53	79.20	10:23:59	7:52	29	2:11:01	203	4:12:30
VP13 - Revierförs	5.70	51:53	9:06	28	11:14	197	21:50	84.90	11:15:52	7:57	29	2:19:35	202	4:34:20
VP14 - Schloss S	6.30	1:02:00	9:50	22	16:42	140	30:33	91.20	12:17:52	8:05	28	2:36:17	191	5:04:53
VP15 - Pagel & F	7.60	1:05:03	8:33	22	14:41	166	27:21	98.80	13:22:55	8:07	28	2:47:06	193	5:32:14
VP16 - Karolinenl	4.90	42:36	8:41	8	4:38	78	17:01	103.70	14:05:31	8:09	28	2:44:52	182	5:49:15
VP17 - Falkensee	6.50	53:02	8:09	13	6:53	84	20:31	110.20	14:58:33	8:09	27	2:45:06	171	6:09:46
VP18 - Schönwal	5.80	54:37	9:25	20	15:04	147	25:32	116.00	15:53:10	8:13	26	2:58:24	169	6:35:18
VP19 - Grenzturn	7.30	1:05:07	8:55	9	33:44	86	37:01	123.30	16:58:17	8:15	25	3:11:41	157	7:01:38
VP20 - Rudercluk	4.80	41:20	8:36	5	6:45	66	17:00	128.10	17:39:37	8:16	21	3:18:26	147	7:18:38
VP21 - Frohnau	4.10	39:42	9:40	6	6:00	54	17:03	132.20	18:19:19	8:18	20	3:24:26	133	7:35:41
VP22 - Naturschu	6.40	59:00	9:13	18	10:57	118	25:48	138.60	19:18:19	8:21	19	3:35:23	132	8:01:29
VP23 - Oranienbu	4.50	47:18	10:30	19	13:14	134	22:21	143.10	20:05:37	8:25	19	3:48:37	132	8:23:50
VP24 - Laufftreff l	5.30	52:44	9:56	15	13:18	122	24:30	148.40	20:58:21	8:28	19	4:01:03	133	8:48:20
VP25 - Wilhelmsr	5.70	56:15	9:52	17	13:36	127	26:14	154.10	21:54:36	8:31	19	4:14:39	131	9:14:34
VP26 - Wollankst	3.10	33:56	10:56	23	8:58	152	16:49	157.20	22:28:32	8:34	19	4:23:37	132	9:31:23
Friedrich-Ludwig	4.20	39:55	9:30	24	12:58	179	20:09	161.90	23:08:27	8:34	18	4:32:55	137	9:50:46