



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Schmidt, Stefan

□□: TSV Dieringhausen

□□: 241

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 23:10:26

□□: 6.95 km/h

□□□□: 8:35 min/km

□□□□□/□□□: 160 (of 397)

□□□□□/□: 138 (of 313)

□□□□□□: 13:17:41

□□□□□: 20(of 50)

□□□□□□□: 18:35:32

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:05:59	7:40	37	16:36	235	21:51	8.60	1:05:59	7:40	37	16:36	235	21:51
VP2 - East Side G	4.80	32:43	6:48	36	7:57	226	11:40	13.40	1:38:42	7:21	37	24:33	229	33:28
VP3 - Dammweg	5.80	45:18	7:48	40	10:45	257	16:06	19.20	2:24:00	7:30	40	35:18	243	49:09
VP4 - Johannisth	5.70	43:48	7:41	43	12:06	269	19:16	24.90	3:07:48	7:32	41	47:13	251	1:08:06
VP5 - Imbiß "Am	9.50	1:11:37	7:32	37	16:56	234	30:05	34.40	4:19:25	7:32	40	1:04:09	248	1:38:08
VP6 - Buckow	4.50	34:41	7:42	28	8:07	180	14:05	38.90	4:54:06	7:33	36	1:12:16	235	1:52:13
□□□	7.60	55:23	7:17	26	10:36	164	21:21	46.50	5:49:29	7:30	34	1:22:52	223	2:13:34
VP8 - Osdorfer St	6.30	47:29	7:32	26	10:42	163	20:03	52.80	6:36:58	7:31	32	1:32:37	215	2:33:37
VP9 - Sportplatz	6.50	1:00:13	9:15	30	22:27	188	38:46	59.30	7:37:11	7:42	31	1:49:07	204	3:02:20
VP10 - Königswe	6.20	45:47	7:23	12	5:35	109	16:22	65.50	8:22:58	7:40	28	1:51:17	194	3:18:42
VP11 - Gedenkst	6.80	54:42	8:02	21	30:23	138	30:23	72.30	9:17:40	7:42	27	1:56:41	189	3:39:18
VP12 - Brauhaus	6.90	55:32	8:02	17	9:54	133	22:25	79.20	10:13:12	7:44	26	2:00:14	184	4:01:43
VP13 - Revierförs	5.70	47:10	8:16	13	6:31	120	17:07	84.90	11:00:22	7:46	26	2:04:05	180	4:18:50
VP14 - Schloss S	6.30	1:00:52	9:39	20	15:34	134	29:25	91.20	12:01:14	7:54	25	2:19:39	167	4:48:15
VP15 - Pagel & Fi	7.60	58:30	7:41	11	8:08	75	20:48	98.80	12:59:44	7:53	24	2:23:55	150	5:09:03
VP16 - Karolinenl	4.90	45:32	9:17	21	7:34	122	19:57	103.70	13:45:16	7:57	22	2:24:37	142	5:29:00
VP17 - Falkensee	6.50	55:00	8:27	14	8:51	104	22:29	110.20	14:40:16	7:59	22	2:26:49	144	5:51:29
VP18 - Schönwal	5.80	54:05	9:19	19	14:32	142	25:00	116.00	15:34:21	8:03	22	2:39:35	142	6:16:29
VP19 - Grenzturn	7.30	1:03:30	8:41	8	32:07	69	35:24	123.30	16:37:51	8:05	19	2:51:15	129	6:41:12
VP20 - Rudercluk	4.80	43:25	9:02	10	8:50	91	19:05	128.10	17:21:16	8:07	17	3:00:05	123	7:00:17
VP21 - Frohnau	4.10	43:39	10:38	18	9:57	100	21:00	132.20	18:04:55	8:12	18	3:10:02	120	7:21:17
VP22 - Naturschu	6.40	58:35	9:09	16	10:32	116	25:23	138.60	19:03:30	8:15	17	3:20:34	120	7:46:40
VP23 - Oranienbu	4.50	48:02	10:40	22	13:58	145	23:05	143.10	19:51:32	8:19	17	3:34:32	121	8:09:45
VP24 - Laufftreff l	5.30	57:15	10:48	25	17:49	176	29:01	148.40	20:48:47	8:24	17	3:51:29	121	8:38:46
VP25 - Wilhelmsr	5.70	1:00:43	10:39	27	18:04	171	30:42	154.10	21:49:30	8:29	17	4:09:33	127	9:09:28
VP26 - Wollankst	3.10	33:51	10:55	22	8:53	151	16:44	157.20	22:23:21	8:32	17	4:18:26	127	9:26:12
Friedrich-Ludwig	4.20	47:05	11:12	38	20:08	240	27:19	161.90	23:10:26	8:35	20	4:34:54	139	9:52:45