



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Quadrani, Armando

□□□: 23:14:13

□□: A.S.D. Podistica Mare di Roma

□□: 6.93 km/h

□□: 313

□□□□: 8:37 min/km

□□: 161.90 km

□□□□□/□□□: 163 (of 397)

100MeilenBerlin

□□□□□/□: 141 (of 313)

□□□□:

□□□□□: 39(of 75)

Senioren M50 (50-54 Jahre)

□□□□□□□: 14:30:53

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Checkpoint	8.60	59:53	6:57	34	15:44	151	15:45	8.60	59:53	6:57	34	15:44	151	15:45
VP2 - East Side G	4.80	28:17	5:53	20	7:14	93	7:14	13.40	1:28:10	6:34	26	22:56	117	22:56
VP3 - Dammweg	5.80	38:27	6:37	23	8:57	104	9:15	19.20	2:06:37	6:35	26	31:43	111	31:46
VP4 - Johannisth	5.70	37:02	6:29	31	12:14	134	12:30	24.90	2:43:39	6:34	26	43:57	115	43:57
VP5 - Imbiß "Am	9.50	1:02:42	6:36	26	20:21	109	21:10	34.40	3:46:21	6:34	25	1:04:18	112	1:05:04
VP6 - Buckow	4.50	33:01	7:20	37	11:46	146	12:25	38.90	4:19:22	6:40	27	1:16:04	120	1:17:29
□□□	7.60	56:17	7:24	43	19:49	171	22:15	46.50	5:15:39	6:47	32	1:35:28	128	1:39:44
VP8 - Osdorfer St	6.30	48:22	7:40	46	18:07	180	20:56	52.80	6:04:01	6:53	33	1:53:35	132	2:00:40
VP9 - Sportplatz	6.50	55:44	8:34	40	24:19	148	34:17	59.30	6:59:45	7:04	35	2:17:54	134	2:24:54
VP10 - Königswe	6.20	46:16	7:27	34	15:03	119	16:51	65.50	7:46:01	7:06	33	2:32:57	125	2:41:45
VP11 - Gedenkst	6.80	54:59	8:05	32	20:06	142	30:40	72.30	8:41:00	7:12	30	2:52:02	122	3:02:38
VP12 - Brauhaus	6.90	51:08	7:24	21	15:26	75	18:01	79.20	9:32:08	7:13	27	3:07:28	116	3:20:39
VP13 - Revierförs	5.70	49:39	8:42	41	19:02	156	19:36	84.90	10:21:47	7:19	31	3:26:30	121	3:40:15
VP14 - Schloss S	6.30	1:03:04	10:00	40	29:40	148	31:37	91.20	11:24:51	7:30	31	3:55:50	123	4:11:52
VP15 - Pagel & Fi	7.60	1:09:57	9:12	57	30:10	202	32:15	98.80	12:34:48	7:38	33	4:22:56	126	4:44:07
VP16 - Karolinenl	4.90	50:40	10:20	54	23:33	187	25:05	103.70	13:25:28	7:46	33	4:46:29	126	5:09:12
VP17 - Falkensee	6.50	1:05:55	10:08	60	28:11	210	33:24	110.20	14:31:23	7:54	35	5:10:36	130	5:42:36
VP18 - Schönwal	5.80	57:50	9:58	49	25:19	179	28:45	116.00	15:29:13	8:00	36	5:35:52	134	6:11:21
VP19 - Grenzturn	7.30	1:20:51	11:04	58	37:42	202	52:45	123.30	16:50:04	8:11	40	6:12:26	148	6:53:25
VP20 - Rudercluk	4.80	53:16	11:05	53	25:38	192	28:56	128.10	17:43:20	8:18	40	6:38:04	150	7:22:21
VP21 - Frohnau	4.10	41:56	10:13	26	17:58	84	19:17	132.20	18:25:16	8:21	35	6:56:02	139	7:41:38
VP22 - Naturschu	6.40	59:15	9:15	34	21:46	122	26:03	138.60	19:24:31	8:24	37	7:13:46	140	8:07:41
VP23 - Oranienbu	4.50	41:55	9:18	22	14:49	72	16:58	143.10	20:06:26	8:25	36	7:27:42	135	8:24:39
VP24 - Laufftreff l	5.30	51:40	9:44	33	20:23	106	23:26	148.40	20:58:06	8:28	36	7:48:05	132	8:48:05
VP25 - Wilhelmsr	5.70	58:41	10:17	41	25:33	150	28:40	154.10	21:56:47	8:32	36	8:12:56	134	9:16:45
VP26 - Wollankst	3.10	33:28	10:47	42	15:28	141	16:21	157.20	22:30:15	8:35	38	8:28:24	137	9:33:06
Friedrich-Ludwig	4.20	43:58	10:28	60	22:21	223	24:12	161.90	23:14:13	8:36	40	8:48:49	142	9:56:32