



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Hänel, Christian

□□□: 23:16:35

□□: 1. FC Union Berlin

□□: 6.96 km/h

□□: 29

□□□□: 8:38 min/km

□□: 161.90 km

□□□□□/□□□□: 168 (of 397)

100MeilenBerlin

□□□□□/□: 146 (of 313)

□□□□:

□□□□□: 7(of 11)

Senioren M30 (30-34 Jahre)

□□□□□□□: 13:17:41

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:01:17	7:07	8	17:05	175	17:09	8.60	1:01:17	7:07	8	17:05	175	17:09
VP2 - East Side G	4.80	30:48	6:25	8	9:38	174	9:45	13.40	1:32:05	6:52	8	26:40	172	26:51
VP3 - Dammweg	5.80	42:46	7:22	8	13:34	208	13:34	19.20	2:14:51	7:01	8	40:00	188	40:00
VP4 - Johannisth	5.70	41:52	7:20	8	17:20	238	17:20	24.90	2:56:43	7:05	9	56:58	199	57:01
VP5 - Imbiß "Am	9.50	1:12:10	7:35	10	30:38	240	30:38	34.40	4:08:53	7:14	9	1:27:36	207	1:27:36
VP6 - Buckow	4.50	35:01	7:46	7	14:25	184	14:25	38.90	4:43:54	7:17	9	1:42:01	203	1:42:01
□□□	7.60	59:36	7:50	9	25:34	213	25:34	46.50	5:43:30	7:23	9	2:07:35	207	2:07:35
VP8 - Osdorfer St	6.30	49:13	7:48	7	21:47	194	21:47	52.80	6:32:43	7:26	7	2:29:22	205	2:29:22
VP9 - Sportplatz	6.50	1:00:18	9:16	10	38:39	189	38:51	59.30	7:33:01	7:38	7	2:58:10	197	2:58:10
VP10 - Königswe	6.20	51:48	8:21	7	22:23	200	22:23	65.50	8:24:49	7:42	7	3:20:33	199	3:20:33
VP11 - Gedenkst	6.80	55:58	8:13	7	21:52	158	31:39	72.30	9:20:47	7:45	7	3:42:25	198	3:42:25
VP12 - Brauhaus	6.90	55:18	8:00	7	22:11	128	22:11	79.20	10:16:05	7:46	7	4:04:36	193	4:04:36
VP13 - Revierförs	5.70	47:54	8:24	5	17:51	132	17:51	84.90	11:03:59	7:49	7	4:22:27	190	4:22:27
VP14 - Schloss S	6.30	1:09:00	10:57	9	37:33	182	37:33	91.20	12:12:59	8:02	7	5:00:00	185	5:00:00
VP15 - Pagel & Fi	7.60	1:01:48	8:07	6	24:06	121	24:06	98.80	13:14:47	8:02	7	5:24:06	180	5:24:06
VP16 - Karolinenl	4.90	43:21	8:50	4	17:46	87	17:46	103.70	13:58:08	8:04	7	5:41:52	166	5:41:52
VP17 - Falkensee	6.50	56:56	8:45	6	24:25	134	24:25	110.20	14:55:04	8:07	7	6:06:17	165	6:06:17
VP18 - Schönwal	5.80	52:52	9:06	7	23:47	133	23:47	116.00	15:47:56	8:10	7	6:30:04	161	6:30:04
VP19 - Grenzturn	7.30	1:13:21	10:02	6	45:15	155	45:15	123.30	17:01:17	8:16	6	7:04:38	164	7:04:38
VP20 - Rudercluk	4.80	43:57	9:09	6	19:37	97	19:37	128.10	17:45:14	8:18	6	7:24:15	157	7:24:15
VP21 - Frohnau	4.10	59:34	14:31	8	36:55	213	36:55	132.20	18:44:48	8:30	7	8:01:10	166	8:01:10
VP22 - Naturschu	6.40	1:00:45	9:29	7	27:33	141	27:33	138.60	19:45:33	8:33	7	8:28:43	165	8:28:43
VP23 - Oranienbu	4.50	44:27	9:52	6	19:30	95	19:30	143.10	20:30:00	8:35	7	8:48:13	161	8:48:13
VP24 - Laufftreff l	5.30	50:30	9:31	7	22:16	93	22:16	148.40	21:20:30	8:37	7	9:10:29	158	9:10:29
VP25 - Wilhelmsr	5.70	53:20	9:21	7	23:19	92	23:19	154.10	22:13:50	8:39	7	9:33:48	159	9:33:48
VP26 - Wollankst	3.10	30:33	9:51	7	13:26	97	13:26	157.20	22:44:23	8:40	7	9:47:14	152	9:47:14
Friedrich-Ludwig	4.20	32:12	7:40	5	12:26	91	12:26	161.90	23:16:35	8:37	7	9:58:54	147	9:58:54