



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Simons, Johan

00: Team Simons

00: 33

00: 161.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 23:26:35

00: 6.91 km/h

0000: 8:41 min/km

00000/0000: 181 (of 397)

00000/0: 159 (of 313)

000000: 13:17:41

00000: 43(of 75)

0000000: 14:30:53

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000	00 km	00 00 min/km	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00 min/km	00 -	00 -	00 0	00 0
VP1 - Checkpoint	8.60	1:04:37	7:30	48	20:28	210	20:29	8.60	1:04:37	7:30	48	20:28	210	20:29
VP2 - East Side G	4.80	32:57	6:51	58	11:54	233	11:54	13.40	1:37:34	7:16	51	32:20	217	32:20
VP3 - Dammweg	5.80	43:33	7:30	56	14:03	224	14:21	19.20	2:21:07	7:20	51	46:13	217	46:16
VP4 - Johannisth	5.70	40:51	7:10	55	16:03	216	16:19	24.90	3:01:58	7:18	52	1:02:16	217	1:02:16
VP5 - Imbiß "Am	9.50	1:09:10	7:16	52	26:49	201	27:38	34.40	4:11:08	7:18	51	1:29:05	213	1:29:51
VP6 - Buckow	4.50	36:43	8:09	56	15:28	222	16:07	38.90	4:47:51	7:23	51	1:44:33	213	1:45:58
000	7.60	56:33	7:26	46	20:05	177	22:31	46.50	5:44:24	7:24	51	2:04:13	210	2:08:29
VP8 - Osdorfer St	6.30	47:34	7:33	42	17:19	166	20:08	52.80	6:31:58	7:25	51	2:21:32	201	2:28:37
VP9 - Sportplatz	6.50	56:16	8:39	44	24:51	157	34:49	59.30	7:28:14	7:33	50	2:46:23	192	2:53:23
VP10 - Königswe	6.20	50:18	8:06	46	19:05	176	20:53	65.50	8:18:32	7:36	50	3:05:28	190	3:14:16
VP11 - Gedenkst	6.80	57:31	8:27	45	22:38	181	33:12	72.30	9:16:03	7:41	47	3:27:05	186	3:37:41
VP12 - Brauhaus	6.90	56:23	8:10	36	20:41	141	23:16	79.20	10:12:26	7:43	47	3:47:46	183	4:00:57
VP13 - Revierförs	5.70	49:03	8:36	38	18:26	146	19:00	84.90	11:01:29	7:47	48	4:06:12	185	4:19:57
VP14 - Schloss S	6.30	55:41	8:50	26	22:17	96	24:14	91.20	11:57:10	7:51	42	4:28:09	157	4:44:11
VP15 - Pagel & Fi	7.60	1:05:32	8:37	50	25:45	171	27:50	98.80	13:02:42	7:55	43	4:50:50	156	5:12:01
VP16 - Karolinenl	4.90	46:19	9:27	37	19:12	135	20:44	103.70	13:49:01	7:59	41	5:10:02	145	5:32:45
VP17 - Falkensee	6.50	1:02:24	9:35	49	24:40	187	29:53	110.20	14:51:25	8:05	44	5:30:38	157	6:02:38
VP18 - Schönwal	5.80	53:15	9:10	39	20:44	135	24:10	116.00	15:44:40	8:08	44	5:51:19	157	6:26:48
VP19 - Grenzturn	7.30	1:07:51	9:17	35	24:42	109	39:45	123.30	16:52:31	8:12	42	6:14:53	150	6:55:52
VP20 - Rudercluk	4.80	40:11	8:22	18	12:33	54	15:51	128.10	17:32:42	8:13	38	6:27:26	138	7:11:43
VP21 - Frohnau	4.10	37:13	9:04	14	13:15	38	14:34	132.20	18:09:55	8:14	33	6:40:41	125	7:26:17
VP22 - Naturschu	6.40	1:08:07	10:38	52	30:38	195	34:55	138.60	19:18:02	8:21	34	7:07:17	130	8:01:12
VP23 - Oranienbu	4.50	58:26	12:59	56	31:20	219	33:29	143.10	20:16:28	8:30	40	7:37:44	147	8:34:41
VP24 - Laufftreff l	5.30	58:00	10:56	50	26:43	183	29:46	148.40	21:14:28	8:35	42	8:04:27	155	9:04:27
VP25 - Wilhelmsr	5.70	54:25	9:32	30	21:17	107	24:24	154.10	22:08:53	8:37	42	8:25:02	149	9:28:51
VP26 - Wollankst	3.10	26:54	8:40	13	8:54	46	9:47	157.20	22:35:47	8:37	40	8:33:56	142	9:38:38
Friedrich-Ludwig	4.20	50:48	12:05	64	29:11	247	31:02	161.90	23:26:35	8:41	44	9:01:11	160	10:08:54