



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Plíva, Ale□

□□□: 23:31:26

□□: The Sri Chinmoy Oneness-Home Peace Run

□□: 6.84 km/h

□□: 154

□□□□: 8:43 min/km

□□: 161.90 km

□□□□□/□□□: 186 (of 397)

100MeilenBerlin

□□□□□/□: 164 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 24(of 38)

Senioren M40 (40-44 Jahre)

□□□□□□□: 15:13:41

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Checkpoint	8.60	58:41	6:49	21	14:33	131	14:33	8.60	58:41	6:49	21	14:33	131	14:33
VP2 - East Side G	4.80	29:32	6:09	20	8:20	118	8:29	13.40	1:28:13	6:35	19	22:53	120	22:59
VP3 - Dammweg	5.80	38:09	6:34	16	8:20	99	8:57	19.20	2:06:22	6:34	19	31:13	110	31:31
VP4 - Johannisth	5.70	37:28	6:34	21	11:12	145	12:56	24.90	2:43:50	6:34	19	42:25	116	44:08
VP5 - Imbiß "Am	9.50	1:06:28	6:59	24	22:17	165	24:56	34.40	3:50:18	6:41	20	1:04:42	136	1:09:01
VP6 - Buckow	4.50	31:22	6:58	16	9:45	95	10:46	38.90	4:21:40	6:43	20	1:14:27	126	1:19:47
□□□	7.60	56:23	7:25	25	19:44	174	22:21	46.50	5:18:03	6:50	21	1:34:11	138	1:42:08
VP8 - Osdorfer St	6.30	49:03	7:47	24	18:50	192	21:37	52.80	6:07:06	6:57	21	1:53:01	144	2:03:45
VP9 - Sportplatz	6.50	1:02:33	9:37	22	30:21	210	41:06	59.30	7:09:39	7:14	24	2:23:22	158	2:34:48
VP10 - Königswe	6.20	48:40	7:50	21	16:10	148	19:15	65.50	7:58:19	7:18	22	2:39:32	152	2:54:03
VP11 - Gedenkst	6.80	57:44	8:29	28	22:38	189	33:25	72.30	8:56:03	7:24	23	3:02:10	152	3:17:41
VP12 - Brauhaus	6.90	1:12:15	10:28	35	33:41	265	39:08	79.20	10:08:18	7:40	25	3:35:51	179	3:56:49
VP13 - Revierförs	5.70	49:02	8:36	22	16:36	145	18:59	84.90	10:57:20	7:44	25	3:52:27	175	4:15:48
VP14 - Schloss S	6.30	1:17:24	12:17	30	43:48	225	45:57	91.20	12:14:44	8:03	26	4:36:15	190	5:01:45
VP15 - Pagel & Fi	7.60	1:12:24	9:31	32	31:05	213	34:42	98.80	13:27:08	8:10	28	5:07:20	198	5:36:27
VP16 - Karolinenl	4.90	44:00	8:58	15	13:07	94	18:25	103.70	14:11:08	8:12	24	5:20:27	184	5:54:52
VP17 - Falkensee	6.50	53:56	8:17	9	16:44	90	21:25	110.20	15:05:04	8:12	24	5:37:11	175	6:16:17
VP18 - Schönwal	5.80	1:08:29	11:48	30	36:14	234	39:24	116.00	16:13:33	8:23	26	6:12:29	190	6:55:41
VP19 - Grenzturn	7.30	1:27:25	11:58	29	40:24	218	59:19	123.30	17:40:58	8:36	27	6:49:34	200	7:44:19
VP20 - Rudercluk	4.80	49:06	10:13	24	20:06	168	24:46	128.10	18:30:04	8:39	27	7:09:40	198	8:09:05
VP21 - Frohnau	4.10	45:34	11:06	13	18:00	115	22:55	132.20	19:15:38	8:44	27	7:21:51	194	8:32:00
VP22 - Naturschu	6.40	1:04:26	10:04	25	28:29	175	31:14	138.60	20:20:04	8:48	27	7:49:56	192	9:03:14
VP23 - Oranienbu	4.50	45:33	10:07	17	16:53	110	20:36	143.10	21:05:37	8:50	26	8:06:49	187	9:23:50
VP24 - Laufftreff l	5.30	45:33	8:35	6	14:22	47	17:19	148.40	21:51:10	8:50	26	8:17:05	182	9:41:09
VP25 - Wilhelmsr	5.70	48:16	8:28	7	12:22	57	18:15	154.10	22:39:26	8:49	25	8:27:16	178	9:59:24
VP26 - Wollankst	3.10	27:02	8:43	4	8:19	48	9:55	157.20	23:06:28	8:49	25	8:18:39	175	10:09:19
Friedrich-Ludwig	4.20	24:58	5:56	3	1:15	16	5:12	161.90	23:31:26	8:43	24	8:17:45	165	10:13:45