



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Neumann, Marek

□□□: 23:36:38

□□: Running Twins

□□: 6.82 km/h

□□: 295

□□□□: 8:45 min/km

□□: 161.90 km

□□□□□/□□□: 194 (of 397)

100MeilenBerlin

□□□□□/□: 170 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 19(of 29)

Senioren M35 (35-39 Jahre)

□□□□□□□: 17:26:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	48:08	5:35	1	-	12	4:00	8.60	48:08	5:35	1	-	12	4:00	
VP2 - East Side G	4.80	24:39	5:08	1	-	13	3:36	13.40	1:12:47	5:25	1	-	12	7:33	
VP3 - Dammweg	5.80	33:09	5:42	2	0:04	24	3:57	19.20	1:45:56	5:31	1	-	16	11:05	
VP4 - Johannisth	5.70	30:31	5:21	2	0:06	23	5:59	24.90	2:16:27	5:28	2	0:06	17	16:45	
VP5 - Imbiß "Am	9.50	52:31	5:31	1	-	20	10:59	34.40	3:08:58	5:29	1	-	18	27:41	
VP6 - Buckow	4.50	25:56	5:45	2	0:04	19	5:20	38.90	3:34:54	5:31	2	0:04	19	33:01	
□□□	7.60	44:06	5:48	2	0:03	29	10:04	46.50	4:19:00	5:34	1	-	18	43:05	
VP8 - Osdorfer St	6.30	37:27	5:56	3	0:14	30	10:01	52.80	4:56:27	5:36	1	-	19	53:06	
VP9 - Sportplatz	6.50	45:17	6:58	6	23:41	52	23:50	59.30	5:41:44	5:45	1	-	22	1:06:53	
VP10 - Königswe	6.20	44:48	7:13	11	7:27	89	15:23	65.50	6:26:32	5:54	2	2:08	23	1:22:16	
VP11 - Gedenkst	6.80	44:01	6:28	3	2:57	27	19:42	72.30	7:10:33	5:57	1	-	22	1:32:11	
VP12 - Brauhaus	6.90	50:47	7:21	11	8:55	71	17:40	79.20	8:01:20	6:04	3	4:45	27	1:49:51	
VP13 - Revierförs	5.70	39:43	6:58	3	2:24	28	9:40	84.90	8:41:03	6:08	3	6:40	27	1:59:31	
VP14 - Schloss S	6.30	50:17	7:58	5	11:05	50	18:50	91.20	9:31:20	6:15	3	17:45	29	2:18:21	
VP15 - Pagel & Fi	7.60	3:03:05	24:05	25	2:14:32	286	2:25:23	98.80	12:34:25	7:38	14	2:29:25	125	4:43:44	
VP16 - Karolinenl	4.90	1:42:03	20:49	25	1:05:46	281	1:16:28	103.70	14:16:28	8:15	21	3:35:11	196	6:00:12	
VP17 - Falkensee	6.50	50:13	7:43	7	5:28	56	17:42	110.20	15:06:41	8:13	18	3:40:39	179	6:17:54	
VP18 - Schönwal	5.80	44:09	7:36	6	4:50	46	15:04	116.00	15:50:50	8:11	18	3:43:21	167	6:32:58	
VP19 - Grenzturn	7.30	1:21:36	11:10	18	35:02	208	53:30	123.30	17:12:26	8:22	18	4:18:23	172	7:15:47	
VP20 - Rudercluk	4.80	53:59	11:14	19	23:09	204	29:39	128.10	18:06:25	8:28	18	4:41:32	179	7:45:26	
VP21 - Frohnau	4.10	49:01	11:57	9	21:30	139	26:22	132.20	18:55:26	8:35	18	5:03:02	175	8:11:48	
VP22 - Naturschu	6.40	56:35	8:50	11	14:43	100	23:23	138.60	19:52:01	8:36	19	5:17:45	172	8:35:11	
VP23 - Oranienbu	4.50	40:50	9:04	7	8:05	59	15:53	143.10	20:32:51	8:36	18	5:25:41	163	8:51:04	
VP24 - Laufftreff l	5.30	52:11	9:50	10	15:06	114	23:57	148.40	21:25:02	8:39	18	5:40:47	165	9:15:01	
VP25 - Wilhelmsr	5.70	1:00:06	10:32	15	21:58	163	30:05	154.10	22:25:08	8:43	19	6:00:48	167	9:45:06	
VP26 - Wollankst	3.10	34:45	11:12	12	14:38	168	17:38	157.20	22:59:53	8:46	19	5:57:25	169	10:02:44	
Friedrich-Ludwig	4.20	36:45	8:45	16	13:17	143	16:59	161.90	23:36:38	8:45	19	6:10:04	171	10:18:57	