



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Schulz-Symon, Lydiah

□□□: 23:41:13

□□: TUS Hasede

□□: 6.80 km/h

□□: 413

□□□□: 8:47 min/km

□□: 161.90 km

□□□□□/□□□: 201 (of 397)

100MeilenBerlin

□□□□□/□: 26 (of 84)

□□□□□□: 15:29:48

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□□□□□: 5(of 13)

Seniorinnen W40 (40-44 Jahre)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □		
VP1 - Checkpoint	8.60	1:01:52	7:11	6	12:48	24	12:48	8.60	1:01:52	7:11	6	12:48	24	12:48
VP2 - East Side G	4.80	30:59	6:27	6	6:12	24	6:12	13.40	1:32:51	6:55	6	19:00	22	19:00
VP3 - Dammweg	5.80	42:32	7:19	7	10:49	30	10:49	19.20	2:15:23	7:03	7	29:49	26	29:49
VP4 - Johannisth	5.70	41:41	7:18	8	11:26	36	11:26	24.90	2:57:04	7:06	7	41:15	27	41:15
VP5 - Imbiß "Am	9.50	1:09:04	7:16	7	17:04	26	17:04	34.40	4:06:08	7:09	7	58:19	27	58:19
VP6 - Buckow	4.50	33:28	7:26	7	8:06	22	8:06	38.90	4:39:36	7:11	7	1:06:25	26	1:06:25
□□□	7.60	57:27	7:33	7	15:04	31	15:04	46.50	5:37:03	7:14	7	1:21:29	26	1:21:29
VP8 - Osdorfer St	6.30	46:24	7:21	5	10:57	21	10:57	52.80	6:23:27	7:15	7	1:32:26	26	1:32:26
VP9 - Sportplatz	6.50	1:05:48	10:07	8	29:58	48	29:58	59.30	7:29:15	7:34	7	2:02:24	30	2:02:24
VP10 - Königswe	6.20	43:42	7:02	4	8:58	13	8:58	65.50	8:12:57	7:31	7	2:11:22	27	2:11:22
VP11 - Gedenkst	6.80	39:10	5:45	2	0:26	2	0:26	72.30	8:52:07	7:21	7	2:11:48	22	2:11:48
VP12 - Brauhaus	6.90	1:11:13	10:19	12	31:58	62	31:58	79.20	10:03:20	7:37	7	2:43:46	25	2:43:46
VP13 - Revierförs	5.70	58:43	10:18	9	24:38	62	24:50	84.90	11:02:03	7:47	7	3:08:24	26	3:08:24
VP14 - Schloss S	6.30	1:05:29	10:23	6	28:29	32	28:29	91.20	12:07:32	7:58	7	3:36:53	26	3:36:53
VP15 - Pagel & Fi	7.60	1:09:35	9:09	8	26:01	44	26:01	98.80	13:17:07	8:04	7	4:02:54	27	4:02:54
VP16 - Karolinenl	4.90	51:41	10:32	8	23:01	40	23:01	103.70	14:08:48	8:11	7	4:25:55	28	4:25:55
VP17 - Falkensee	6.50	58:42	9:01	5	21:01	27	21:01	110.20	15:07:30	8:14	7	4:46:56	27	4:46:56
VP18 - Schönwal	5.80	47:06	8:07	2	13:18	14	13:18	116.00	15:54:36	8:13	7	5:00:14	27	5:00:14
VP19 - Grenzturn	7.30	1:26:47	11:53	8	42:46	44	42:46	123.30	17:21:23	8:26	7	5:43:00	29	5:43:00
VP20 - Rudercluk	4.80	21:11	4:24	1	-	1	-	128.10	17:42:34	8:17	5	5:35:48	24	5:35:48
VP21 - Frohnau	4.10	1:03:42	15:32	8	40:24	53	40:24	132.20	18:46:16	8:31	6	6:16:12	25	6:16:12
VP22 - Naturschu	6.40	1:20:40	12:36	9	42:35	59	42:35	138.60	20:06:56	8:42	5	6:58:47	28	6:58:47
VP23 - Oranienbu	4.50	55:07	12:14	7	26:57	42	26:57	143.10	21:02:03	8:49	5	7:25:44	27	7:25:44
VP24 - Laufftreff l	5.30	53:29	10:05	4	20:33	25	20:33	148.40	21:55:32	8:51	5	7:46:17	27	7:46:17
VP25 - Wilhelmsr	5.70	50:00	8:46	3	14:39	15	14:39	154.10	22:45:32	8:51	5	8:00:56	28	8:00:56
VP26 - Wollankst	3.10	28:04	9:03	3	8:01	15	8:20	157.20	23:13:36	8:51	5	8:08:57	27	8:08:57
Friedrich-Ludwig	4.20	27:37	6:34	2	2:28	6	2:44	161.90	23:41:13	8:46	5	8:11:25	26	8:11:25