



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Poulsen, Charlotte

□□□: 23:46:42

□□: Klub 100 Marathon Danmark

□□: 6.77 km/h

□□: 249

□□□□: 8:49 min/km

□□: 161.90 km

□□□□□/□□□□: 206 (of 397)

100MeilenBerlin

□□□□□/□: 27 (of 84)

□□□□□□: 15:29:48

□□□□:

□□□□□: 4(of 19)

Seniorinnen W50 (50-54 Jahre)

□□□□□□□: 19:38:15

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□□□

| □□□ | □□ km | □□ □□ min/km | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|---------------------|----------|-----------------|--------------|---------|---------|---------|---------|--------|-----------|------------------|---------|---------|---------|---------|
| VP1 - Checkpoint | 8.60 | 1:08:39 | 7:58 | 11 | 13:47 | 60 | 19:35 | 8.60 | 1:08:39 | 7:58 | 11 | 13:47 | 60 | 19:35 |
| VP2 - East Side G | 4.80 | 35:09 | 7:19 | 11 | 5:16 | 61 | 10:22 | 13.40 | 1:43:48 | 7:44 | 12 | 18:45 | 62 | 29:57 |
| VP3 - Dammweg | 5.80 | 45:57 | 7:55 | 11 | 7:54 | 53 | 14:14 | 19.20 | 2:29:45 | 7:47 | 12 | 26:39 | 61 | 44:11 |
| VP4 - Johannisth | 5.70 | 44:25 | 7:47 | 11 | 8:56 | 57 | 14:10 | 24.90 | 3:14:10 | 7:47 | 12 | 33:42 | 59 | 58:21 |
| VP5 - Imbiß "Am | 9.50 | 1:15:42 | 7:58 | 8 | 13:10 | 48 | 23:42 | 34.40 | 4:29:52 | 7:50 | 11 | 46:17 | 55 | 1:22:03 |
| VP6 - Buckow | 4.50 | 36:43 | 8:09 | 7 | 4:49 | 41 | 11:21 | 38.90 | 5:06:35 | 7:52 | 10 | 50:21 | 54 | 1:33:24 |
| □□□ | 7.60 | 59:00 | 7:45 | 5 | 7:44 | 38 | 16:37 | 46.50 | 6:05:35 | 7:51 | 9 | 58:05 | 49 | 1:50:01 |
| VP8 - Osdorfer St | 6.30 | 56:54 | 9:01 | 14 | 13:27 | 65 | 21:27 | 52.80 | 7:02:29 | 8:00 | 9 | 1:11:32 | 50 | 2:11:28 |
| VP9 - Sportplatz | 6.50 | 1:17:40 | 11:56 | 14 | 34:00 | 69 | 41:50 | 59.30 | 8:20:09 | 8:26 | 10 | 1:45:32 | 55 | 2:53:18 |
| VP10 - Königswe | 6.20 | 52:17 | 8:25 | 7 | 8:11 | 43 | 17:33 | 65.50 | 9:12:26 | 8:26 | 8 | 1:53:43 | 51 | 3:10:51 |
| VP11 - Gedenkst | 6.80 | 58:49 | 8:38 | 5 | 8:04 | 31 | 20:05 | 72.30 | 10:11:15 | 8:27 | 8 | 2:01:47 | 50 | 3:30:56 |
| VP12 - Brauhaus | 6.90 | 1:03:52 | 9:15 | 5 | 12:13 | 37 | 24:37 | 79.20 | 11:15:07 | 8:31 | 8 | 2:14:00 | 49 | 3:55:33 |
| VP13 - Revierförs | 5.70 | 49:45 | 8:43 | 6 | 7:57 | 25 | 15:52 | 84.90 | 12:04:52 | 8:32 | 8 | 2:21:57 | 47 | 4:11:13 |
| VP14 - Schloss S | 6.30 | 1:01:51 | 9:49 | 3 | 10:25 | 23 | 24:51 | 91.20 | 13:06:43 | 8:37 | 6 | 2:32:22 | 41 | 4:36:04 |
| VP15 - Pagel & Fi | 7.60 | 1:00:42 | 7:59 | 4 | 6:24 | 22 | 17:08 | 98.80 | 14:07:25 | 8:34 | 6 | 2:38:46 | 39 | 4:53:12 |
| VP16 - Karolinenl | 4.90 | 45:36 | 9:18 | 4 | 9:56 | 24 | 16:56 | 103.70 | 14:53:01 | 8:36 | 5 | 2:48:42 | 37 | 5:10:08 |
| VP17 - Falkensee | 6.50 | 56:20 | 8:40 | 2 | 10:13 | 22 | 18:39 | 110.20 | 15:49:21 | 8:36 | 5 | 2:58:55 | 37 | 5:28:47 |
| VP18 - Schönwal | 5.80 | 53:47 | 9:16 | 3 | 12:23 | 23 | 19:59 | 116.00 | 16:43:08 | 8:38 | 5 | 3:11:18 | 38 | 5:48:46 |
| VP19 - Grenzturn | 7.30 | 1:12:15 | 9:53 | 5 | 17:30 | 28 | 28:14 | 123.30 | 17:55:23 | 8:43 | 6 | 3:28:48 | 35 | 6:17:00 |
| VP20 - Rudercluk | 4.80 | 47:02 | 9:47 | 4 | 10:06 | 26 | 25:51 | 128.10 | 18:42:25 | 8:45 | 6 | 3:38:54 | 34 | 6:35:39 |
| VP21 - Frohnau | 4.10 | 43:55 | 10:42 | 2 | 2:59 | 19 | 20:37 | 132.20 | 19:26:20 | 8:49 | 5 | 3:41:53 | 34 | 6:56:16 |
| VP22 - Naturschu | 6.40 | 57:40 | 9:00 | 4 | 9:48 | 19 | 19:35 | 138.60 | 20:24:00 | 8:49 | 6 | 3:51:41 | 33 | 7:15:51 |
| VP23 - Oranienbu | 4.50 | 44:09 | 9:48 | 2 | 8:39 | 19 | 15:59 | 143.10 | 21:08:09 | 8:51 | 6 | 4:00:20 | 31 | 7:31:50 |
| VP24 - Laufftreff l | 5.30 | 56:33 | 10:40 | 7 | 17:22 | 32 | 23:37 | 148.40 | 22:04:42 | 8:55 | 6 | 4:17:42 | 30 | 7:55:27 |
| VP25 - Wilhelmsr | 5.70 | 48:32 | 8:30 | 1 | - | 9 | 13:11 | 154.10 | 22:53:14 | 8:54 | 6 | 4:15:44 | 30 | 8:08:38 |
| VP26 - Wollankst | 3.10 | 25:00 | 8:03 | 1 | - | 10 | 5:16 | 157.20 | 23:18:14 | 8:53 | 5 | 4:12:52 | 29 | 8:13:35 |
| Friedrich-Ludwig | 4.20 | 28:28 | 6:46 | 1 | - | 7 | 3:35 | 161.90 | 23:46:42 | 8:48 | 4 | 4:08:27 | 27 | 8:16:54 |