



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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## Großgarten, Heide

□□: Selm

□□: 86

□□: 161.90 km

100MeilenBerlin

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 24:15:11

□□: 6.64 km/h

□□□□: 8:59 min/km

□□□□□/□□□□: 217 (of 397)

□□□□□/□: 31 (of 84)

□□□□□□: 15:29:48

□□□□□: 6(of 19)

□□□□□□□: 19:38:15

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:03:46	7:24	4	8:54	27	14:42	8.60	1:03:46	7:24	4	8:54	27	14:42
VP2 - East Side G	4.80	30:24	6:19	4	0:31	21	5:37	13.40	1:34:10	7:01	4	9:07	25	20:19
VP3 - Dammweg	5.80	39:29	6:48	2	1:26	17	7:46	19.20	2:13:39	6:57	3	10:33	22	28:05
VP4 - Johannisth	5.70	35:29	6:13	1	-	9	5:14	24.90	2:49:08	6:47	3	8:40	21	33:19
VP5 - Imbiß "Am	9.50	1:02:32	6:34	1	-	14	10:32	34.40	3:51:40	6:44	2	8:05	17	43:51
VP6 - Buckow	4.50	31:54	7:05	1	-	15	6:32	38.90	4:23:34	6:46	2	7:20	17	50:23
□□□	7.60	53:36	7:03	2	2:20	17	11:13	46.50	5:17:10	6:49	2	9:40	16	1:01:36
VP8 - Osdorfer St	6.30	47:31	7:32	4	4:04	28	12:04	52.80	6:04:41	6:54	2	13:44	18	1:13:40
VP9 - Sportplatz	6.50	51:24	7:54	2	7:44	17	15:34	59.30	6:56:05	7:00	2	21:28	20	1:29:14
VP10 - Königswe	6.20	46:19	7:28	4	2:13	19	11:35	65.50	7:42:24	7:03	2	23:41	19	1:40:49
VP11 - Gedenkst	6.80	55:28	8:09	2	4:43	22	16:44	72.30	8:37:52	7:09	2	28:24	20	1:57:33
VP12 - Brauhaus	6.90	1:10:47	10:15	11	19:08	60	31:32	79.20	9:48:39	7:25	2	47:32	21	2:29:05
VP13 - Revierförs	5.70	48:31	8:30	3	6:43	20	14:38	84.90	10:37:10	7:30	2	54:15	21	2:43:31
VP14 - Schloss S	6.30	1:13:30	11:40	8	22:04	43	36:30	91.20	11:50:40	7:47	2	1:16:19	21	3:20:01
VP15 - Pagel & F	7.60	1:03:38	8:22	5	9:20	26	20:04	98.80	12:54:18	7:50	2	1:25:39	21	3:40:05
VP16 - Karolinenl	4.90	53:01	10:49	7	17:21	43	24:21	103.70	13:47:19	7:58	2	1:43:00	21	4:04:26
VP17 - Falkensee	6.50	59:21	9:07	3	13:14	29	21:40	110.20	14:46:40	8:02	2	1:56:14	21	4:26:06
VP18 - Schönwal	5.80	1:05:38	11:18	7	24:14	45	31:50	116.00	15:52:18	8:12	3	2:20:28	25	4:57:56
VP19 - Grenzturn	7.30	1:09:38	9:32	3	14:53	23	25:37	123.30	17:01:56	8:17	2	2:35:21	26	5:23:33
VP20 - Rudercluk	4.80	54:37	11:22	8	17:41	41	33:26	128.10	17:56:33	8:24	3	2:53:02	27	5:49:47
VP21 - Frohnau	4.10	51:25	12:32	6	10:29	35	28:07	132.20	18:47:58	8:31	3	3:03:31	27	6:17:54
VP22 - Naturschu	6.40	1:20:04	12:30	14	32:12	58	41:59	138.60	20:08:02	8:42	4	3:35:43	29	6:59:53
VP23 - Oranienbu	4.50	59:48	13:17	13	24:18	56	31:38	143.10	21:07:50	8:51	5	4:00:01	29	7:31:31
VP24 - Lauftreff l	5.30	51:17	9:40	3	12:06	17	18:21	148.40	21:59:07	8:53	5	4:12:07	29	7:49:52
VP25 - Wilhelmsr	5.70	53:45	9:25	5	5:13	23	18:24	154.10	22:52:52	8:54	5	4:15:22	29	8:08:16
VP26 - Wollankst	3.10	32:28	10:28	7	7:28	35	12:44	157.20	23:25:20	8:56	6	4:19:58	31	8:20:41
Friedrich-Ludwig	4.20	49:51	11:52	16	21:23	63	24:58	161.90	24:15:11	8:59	6	4:36:56	31	8:45:23