



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Balsen, Bernd

000: 23:24:16

00: LG Mauerweg Berlin e.V.

00: 6.88 km/h

00: 68

0000: 8:40 min/km

00: 161.90 km

00000/000: 179 (of 397)

100MeilenBerlin

00000/0: 157 (of 313)

000000: 13:17:41

0000:

00000: 42(of 75)

Senioren M50 (50-54 Jahre)

0000000: 14:30:53

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Checkpoint	8.60	1:14:44	8:41	75	30:35	311	30:36	8.60	1:14:44	8:41	75	30:35	311	30:36
VP2 - East Side G	4.80	38:36	8:02	75	17:33	304	17:33	13.40	1:53:20	8:27	75	48:06	310	48:06
VP3 - Dammweg	5.80	50:26	8:41	75	20:56	305	21:14	19.20	2:43:46	8:31	75	1:08:52	307	1:08:55
VP4 - Johannisth	5.70	48:50	8:34	75	24:02	303	24:18	24.90	3:32:36	8:32	75	1:32:54	307	1:32:54
VP5 - Imbiß "Am	9.50	1:17:49	8:11	73	35:28	287	36:17	34.40	4:50:25	8:26	75	2:08:22	305	2:09:08
VP6 - Buckow	4.50	39:50	8:51	68	18:35	264	19:14	38.90	5:30:15	8:29	75	2:26:57	303	2:28:22
000	7.60	1:02:20	8:12	65	25:52	247	28:18	46.50	6:32:35	8:26	72	2:52:24	290	2:56:40
VP8 - Osdorfer St	6.30	54:30	8:39	66	24:15	249	27:04	52.80	7:27:05	8:28	71	3:16:39	287	3:23:44
VP9 - Sportplatz	6.50	58:53	9:03	48	27:28	174	37:26	59.30	8:25:58	8:31	68	3:44:07	268	3:51:07
VP10 - Königswe	6.20	57:26	9:15	62	26:13	246	28:01	65.50	9:23:24	8:36	68	4:10:20	266	4:19:08
VP11 - Gedenkst	6.80	58:20	8:34	47	23:27	196	34:01	72.30	10:21:44	8:35	66	4:32:46	255	4:43:22
VP12 - Brauhaus	6.90	59:02	8:33	47	23:20	175	25:55	79.20	11:20:46	8:35	67	4:56:06	250	5:09:17
VP13 - Revierförs	5.70	45:29	7:58	29	14:52	102	15:26	84.90	12:06:15	8:33	65	5:10:58	242	5:24:43
VP14 - Schloss S	6.30	1:03:57	10:09	42	30:33	153	32:30	91.20	13:10:12	8:39	61	5:41:11	233	5:57:13
VP15 - Pagel & Fi	7.60	1:08:15	8:58	53	28:28	192	30:33	98.80	14:18:27	8:41	60	6:06:35	230	6:27:46
VP16 - Karolinenl	4.90	44:35	9:05	28	17:28	110	19:00	103.70	15:03:02	8:42	60	6:24:03	226	6:46:46
VP17 - Falkensee	6.50	57:53	8:54	42	20:09	147	25:22	110.20	16:00:55	8:43	59	6:40:08	219	7:12:08
VP18 - Schönwal	5.80	50:33	8:42	31	18:02	104	21:28	116.00	16:51:28	8:43	59	6:58:07	213	7:33:36
VP19 - Grenzturn	7.30	1:05:20	8:56	29	22:11	89	37:14	123.30	17:56:48	8:43	57	7:19:10	206	8:00:09
VP20 - Rudercluk	4.80	39:33	8:14	17	11:55	48	15:13	128.10	18:36:21	8:42	55	7:31:05	201	8:15:22
VP21 - Frohnau	4.10	40:34	9:53	21	16:36	65	17:55	132.20	19:16:55	8:45	53	7:47:41	196	8:33:17
VP22 - Naturschu	6.40	55:28	8:39	30	17:59	87	22:16	138.60	20:12:23	8:44	50	8:01:38	188	8:55:33
VP23 - Oranienbu	4.50	39:33	8:47	15	12:27	48	14:36	143.10	20:51:56	8:44	48	8:13:12	177	9:10:09
VP24 - Laufftreff l	5.30	47:32	8:58	18	16:15	64	19:18	148.40	21:39:28	8:45	48	8:29:27	177	9:29:27
VP25 - Wilhelmsr	5.70	50:34	8:52	21	17:26	71	20:33	154.10	22:30:02	8:45	46	8:46:11	169	9:50:00
VP26 - Wollankst	3.10	26:25	8:31	12	8:25	41	9:18	157.20	22:56:27	8:45	46	8:54:36	168	9:59:18
Friedrich-Ludwig	4.20	27:49	6:37	11	6:12	37	8:03	161.90	23:24:16	8:40	43	8:58:52	158	10:06:35