



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Häsler, Olaf

□□: SG Marßel Bremen /100 MC

□□: 364

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 24:33:19

□□: 6.56 km/h

□□□□: 9:06 min/km

□□□□□/□□□□: 219 (of 397)

□□□□□/□: 187 (of 313)

□□□□□□: 13:17:41

□□□□□: 50(of 75)

□□□□□□□: 14:30:53

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:04:57	7:33	52	20:48	220	20:49	8.60	1:04:57	7:33	52	20:48	220	20:49
VP2 - East Side G	4.80	33:30	6:58	61	12:27	244	12:27	13.40	1:38:27	7:20	53	33:13	225	33:13
VP3 - Dammweg	5.80	43:51	7:33	58	14:21	231	14:39	19.20	2:22:18	7:24	56	47:24	227	47:27
VP4 - Johannisth	5.70	40:13	7:03	52	15:25	206	15:41	24.90	3:02:31	7:19	53	1:02:49	222	1:02:49
VP5 - Imbiß "Am	9.50	1:09:21	7:17	55	27:00	205	27:49	34.40	4:11:52	7:19	52	1:29:49	220	1:30:35
VP6 - Buckow	4.50	38:08	8:28	64	16:53	248	17:32	38.90	4:50:00	7:27	55	1:46:42	225	1:48:07
□□□	7.60	57:07	7:30	50	20:39	186	23:05	46.50	5:47:07	7:27	53	2:06:56	213	2:11:12
VP8 - Osdorfer St	6.30	49:34	7:52	52	19:19	197	22:08	52.80	6:36:41	7:30	54	2:26:15	211	2:33:20
VP9 - Sportplatz	6.50	1:05:24	10:03	61	33:59	233	43:57	59.30	7:42:05	7:47	54	3:00:14	217	3:07:14
VP10 - Königswe	6.20	53:24	8:36	57	22:11	220	23:59	65.50	8:35:29	7:52	55	3:22:25	219	3:31:13
VP11 - Gedenkst	6.80	55:31	8:09	36	20:38	151	31:12	72.30	9:31:00	7:53	54	3:42:02	209	3:52:38
VP12 - Brauhaus	6.90	1:06:15	9:36	60	30:33	237	33:08	79.20	10:37:15	8:02	54	4:12:35	216	4:25:46
VP13 - Revierförs	5.70	52:21	9:11	56	21:44	204	22:18	84.90	11:29:36	8:07	55	4:34:19	215	4:48:04
VP14 - Schloss S	6.30	1:25:52	13:37	63	52:28	260	54:25	91.20	12:55:28	8:30	58	5:26:27	226	5:42:29
VP15 - Pagel & Fi	7.60	1:07:53	8:55	52	28:06	190	30:11	98.80	14:03:21	8:32	58	5:51:29	225	6:12:40
VP16 - Karolinenl	4.90	40:15	8:12	18	13:08	57	14:40	103.70	14:43:36	8:31	58	6:04:37	215	6:27:20
VP17 - Falkensee	6.50	50:43	7:48	17	12:59	61	18:12	110.20	15:34:19	8:28	58	6:13:32	209	6:45:32
VP18 - Schönwal	5.80	52:46	9:05	38	20:15	131	23:41	116.00	16:27:05	8:30	58	6:33:44	205	7:09:13
VP19 - Grenzturn	7.30	1:15:03	10:16	46	31:54	167	46:57	123.30	17:42:08	8:36	56	7:04:30	202	7:45:29
VP20 - Rudercluk	4.80	54:20	11:19	56	26:42	206	30:00	128.10	18:36:28	8:42	56	7:31:12	202	8:15:29
VP21 - Frohnau	4.10	53:09	12:57	45	29:11	174	30:30	132.20	19:29:37	8:50	56	8:00:23	202	8:45:59
VP22 - Naturschu	6.40	1:00:44	9:29	38	23:15	140	27:32	138.60	20:30:21	8:52	54	8:19:36	199	9:13:31
VP23 - Oranienbu	4.50	46:53	10:25	37	19:47	128	21:56	143.10	21:17:14	8:55	52	8:38:30	193	9:35:27
VP24 - Laufftreff l	5.30	56:57	10:44	48	25:40	173	28:43	148.40	22:14:11	8:59	51	9:04:10	190	10:04:10
VP25 - Wilhelmsr	5.70	1:05:52	11:33	57	32:44	212	35:51	154.10	23:20:03	9:05	52	9:36:12	190	10:40:01
VP26 - Wollankst	3.10	33:50	10:54	44	15:50	149	16:43	157.20	23:53:53	9:07	51	9:52:02	188	10:56:44
Friedrich-Ludwig	4.20	39:26	9:23	45	17:49	173	19:40	161.90	24:33:19	9:06	51	10:07:55	188	11:15:38