



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Boerenkamp, Rainer

□□□: 24:46:32

□□: Nettetal

□□: 6.53 km/h

□□: 11

□□□□: 9:11 min/km

□□: 161.90 km

□□□□□/□□□: 223 (of 397)

100MeilenBerlin

□□□□□/□: 191 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 29(of 50)

Senioren M55 (55-59 Jahre)

□□□□□□□: 18:35:32

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□□□□

□□□

| □□□ | □□ km | □□ □□ min/km | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|---------------------|----------|-----------------|--------------|---------|---------|---------|---------|--------|-----------|------------------|---------|---------|---------|----------|
| VP1 - Checkpoint | 8.60 | 1:07:11 | 7:48 | 41 | 17:48 | 249 | 23:03 | 8.60 | 1:07:11 | 7:48 | 41 | 17:48 | 249 | 23:03 |
| VP2 - East Side G | 4.80 | 34:10 | 7:07 | 42 | 9:24 | 262 | 13:07 | 13.40 | 1:41:21 | 7:33 | 44 | 27:12 | 260 | 36:07 |
| VP3 - Dammweg | 5.80 | 46:08 | 7:57 | 42 | 11:35 | 271 | 16:56 | 19.20 | 2:27:29 | 7:40 | 43 | 38:47 | 261 | 52:38 |
| VP4 - Johannisth | 5.70 | 43:38 | 7:39 | 42 | 11:56 | 266 | 19:06 | 24.90 | 3:11:07 | 7:40 | 43 | 50:32 | 268 | 1:11:25 |
| VP5 - Imbiß "Am | 9.50 | 1:15:38 | 7:57 | 44 | 20:57 | 266 | 34:06 | 34.40 | 4:26:45 | 7:45 | 44 | 1:11:29 | 269 | 1:45:28 |
| VP6 - Buckow | 4.50 | 37:57 | 8:26 | 37 | 11:23 | 242 | 17:21 | 38.90 | 5:04:42 | 7:49 | 42 | 1:22:52 | 261 | 2:02:49 |
| □□□ | 7.60 | 1:02:06 | 8:10 | 35 | 17:19 | 243 | 28:04 | 46.50 | 6:06:48 | 7:53 | 41 | 1:40:11 | 258 | 2:30:53 |
| VP8 - Osdorfer St | 6.30 | 53:05 | 8:25 | 33 | 16:18 | 236 | 25:39 | 52.80 | 6:59:53 | 7:57 | 40 | 1:55:32 | 253 | 2:56:32 |
| VP9 - Sportplatz | 6.50 | 1:05:21 | 10:03 | 37 | 27:35 | 232 | 43:54 | 59.30 | 8:05:14 | 8:10 | 37 | 2:17:10 | 245 | 3:30:23 |
| VP10 - Königswe | 6.20 | 51:09 | 8:15 | 27 | 10:57 | 188 | 21:44 | 65.50 | 8:56:23 | 8:11 | 35 | 2:24:42 | 244 | 3:52:07 |
| VP11 - Gedenkst | 6.80 | 58:12 | 8:33 | 29 | 33:53 | 193 | 33:53 | 72.30 | 9:54:35 | 8:13 | 33 | 2:33:36 | 239 | 4:16:13 |
| VP12 - Brauhaus | 6.90 | 1:12:47 | 10:32 | 39 | 27:09 | 269 | 39:40 | 79.20 | 11:07:22 | 8:25 | 33 | 2:54:24 | 242 | 4:55:53 |
| VP13 - Revierförs | 5.70 | 47:18 | 8:17 | 15 | 6:39 | 125 | 17:15 | 84.90 | 11:54:40 | 8:25 | 33 | 2:58:23 | 237 | 5:13:08 |
| VP14 - Schloss S | 6.30 | 1:06:11 | 10:30 | 26 | 20:53 | 166 | 34:44 | 91.20 | 13:00:51 | 8:33 | 33 | 3:19:16 | 229 | 5:47:52 |
| VP15 - Pagel & Fi | 7.60 | 1:10:06 | 9:13 | 29 | 19:44 | 205 | 32:24 | 98.80 | 14:10:57 | 8:36 | 33 | 3:35:08 | 228 | 6:20:16 |
| VP16 - Karolinenl | 4.90 | 50:51 | 10:22 | 29 | 12:53 | 190 | 25:16 | 103.70 | 15:01:48 | 8:41 | 32 | 3:41:09 | 224 | 6:45:32 |
| VP17 - Falkensee | 6.50 | 59:06 | 9:05 | 25 | 12:57 | 160 | 26:35 | 110.20 | 16:00:54 | 8:43 | 31 | 3:47:27 | 218 | 7:12:07 |
| VP18 - Schönwal | 5.80 | 57:08 | 9:51 | 25 | 17:35 | 172 | 28:03 | 116.00 | 16:58:02 | 8:46 | 31 | 4:03:16 | 217 | 7:40:10 |
| VP19 - Grenzturn | 7.30 | 1:13:54 | 10:07 | 21 | 42:31 | 161 | 45:48 | 123.30 | 18:11:56 | 8:51 | 30 | 4:25:20 | 212 | 8:15:17 |
| VP20 - Rudercluk | 4.80 | 54:12 | 11:17 | 26 | 19:37 | 205 | 29:52 | 128.10 | 19:06:08 | 8:56 | 30 | 4:44:57 | 208 | 8:45:09 |
| VP21 - Frohnau | 4.10 | 58:23 | 14:14 | 37 | 24:41 | 205 | 35:44 | 132.20 | 20:04:31 | 9:06 | 31 | 5:09:38 | 208 | 9:20:53 |
| VP22 - Naturschu | 6.40 | 58:14 | 9:05 | 14 | 10:11 | 111 | 25:02 | 138.60 | 21:02:45 | 9:06 | 31 | 5:19:49 | 207 | 9:45:55 |
| VP23 - Oranienbu | 4.50 | 49:19 | 10:57 | 26 | 15:15 | 164 | 24:22 | 143.10 | 21:52:04 | 9:10 | 30 | 5:35:04 | 205 | 10:10:17 |
| VP24 - Laufftreff l | 5.30 | 55:38 | 10:29 | 22 | 16:12 | 161 | 27:24 | 148.40 | 22:47:42 | 9:12 | 30 | 5:50:24 | 202 | 10:37:41 |
| VP25 - Wilhelmsr | 5.70 | 56:37 | 9:55 | 18 | 13:58 | 129 | 26:36 | 154.10 | 23:44:19 | 9:14 | 29 | 6:04:22 | 197 | 11:04:17 |
| VP26 - Wollankst | 3.10 | 32:40 | 10:32 | 17 | 7:42 | 131 | 15:33 | 157.20 | 24:16:59 | 9:16 | 29 | 6:12:04 | 194 | 11:19:50 |
| Friedrich-Ludwig | 4.20 | 29:33 | 7:02 | 3 | 2:36 | 44 | 9:47 | 161.90 | 24:46:32 | 9:10 | 29 | 6:11:00 | 192 | 11:28:51 |