



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

0000

Diedrich, Mike

000: 26:16:53

00: Espresso mobile cafebar

00: 6.13 km/h

00: 232

0000: 9:44 min/km

00: 161.90 km

00000/0000: 250 (of 397)

100MeilenBerlin

00000/0: 212 (of 313)

000000: 13:17:41

0000:

00000: 50(of 70)

Senioren M45 (45-49 Jahre)

0000000: 16:22:32

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Checkpoint	8.60	1:05:37	7:37	60	21:23	229	21:29	8.60	1:05:37	7:37	60	21:23	229	21:29
VP2 - East Side G	4.80	32:05	6:41	50	11:00	214	11:02	13.40	1:37:42	7:17	53	32:23	218	32:28
VP3 - Dammweg	5.80	45:11	7:47	61	15:23	256	15:59	19.20	2:22:53	7:26	56	47:46	231	48:02
VP4 - Johannisth	5.70	42:56	7:31	63	16:14	257	18:24	24.90	3:05:49	7:27	60	1:04:00	244	1:06:07
VP5 - Imbiß "Am	9.50	1:10:20	7:24	51	22:58	217	28:48	34.40	4:16:09	7:26	57	1:26:58	235	1:34:52
VP6 - Buckow	4.50	38:15	8:30	58	15:00	250	17:39	38.90	4:54:24	7:34	57	1:41:58	236	1:52:31
000	7.60	1:01:57	8:09	60	21:15	241	27:55	46.50	5:56:21	7:39	59	2:03:10	243	2:20:26
VP8 - Osdorfer St	6.30	51:45	8:12	55	18:06	227	24:19	52.80	6:48:06	7:43	58	2:21:16	239	2:44:45
VP9 - Sportplatz	6.50	1:01:20	9:26	46	26:46	200	39:53	59.30	7:49:26	7:54	57	2:48:02	227	3:14:35
VP10 - Königswe	6.20	54:03	8:43	52	18:00	224	24:38	65.50	8:43:29	7:59	56	3:06:02	228	3:39:13
VP11 - Gedenkst	6.80	57:41	8:28	47	17:28	188	33:22	72.30	9:41:10	8:02	56	3:22:36	223	4:02:48
VP12 - Brauhaus	6.90	59:17	8:35	41	17:57	179	26:10	79.20	10:40:27	8:05	54	3:36:15	222	4:28:58
VP13 - Revierförs	5.70	53:16	9:20	52	18:37	220	23:13	84.90	11:33:43	8:10	53	3:17:08	219	4:52:11
VP14 - Schloss S	6.30	1:04:08	10:10	36	26:33	156	32:41	91.20	12:37:51	8:18	51	3:38:08	214	5:24:52
VP15 - Pagel & Fi	7.60	1:00:01	7:53	21	13:14	97	22:19	98.80	13:37:52	8:16	51	3:49:15	208	5:47:11
VP16 - Karolinenl	4.90	1:03:02	12:51	59	31:00	255	37:27	103.70	14:40:54	8:29	53	4:20:15	214	6:24:38
VP17 - Falkensee	6.50	58:08	8:56	36	15:49	152	25:37	110.20	15:39:02	8:31	52	4:36:04	212	6:50:15
VP18 - Schönwal	5.80	1:11:45	12:22	59	35:50	253	42:40	116.00	16:50:47	8:42	53	5:11:54	212	7:32:55
VP19 - Grenzturn	7.30	1:20:48	11:04	47	34:26	201	52:42	123.30	18:11:35	8:51	53	5:46:20	211	8:14:56
VP20 - Rudercluk	4.80	1:09:01	14:22	59	39:40	253	44:41	128.10	19:20:36	9:03	53	6:26:00	215	8:59:37
VP21 - Frohnau	4.10	1:01:10	14:55	50	35:23	219	38:31	132.20	20:21:46	9:14	53	7:01:23	214	9:38:08
VP22 - Naturschu	6.40	1:26:52	13:34	57	46:27	255	53:40	138.60	21:48:38	9:26	53	7:47:50	218	10:31:48
VP23 - Oranienbu	4.50	59:53	13:18	52	31:35	224	34:56	143.10	22:48:31	9:33	52	8:19:25	216	11:06:44
VP24 - Laufftreff l	5.30	1:14:52	14:07	56	42:25	251	46:38	148.40	24:03:23	9:43	52	9:01:50	217	11:53:22
VP25 - Wilhelmsr	5.70	1:00:02	10:31	37	24:15	162	30:01	154.10	25:03:25	9:45	51	9:26:05	215	12:23:23
VP26 - Wollankst	3.10	32:14	10:23	27	11:50	124	15:07	157.20	25:35:39	9:46	51	9:37:55	214	12:38:30
Friedrich-Ludwig	4.20	41:14	9:49	42	16:35	196	21:28	161.90	26:16:53	9:44	50	9:54:21	213	12:59:12