



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Shenbrun, Tom

□□□: 26:20:45

□□: ZONE3

□□: 6.11 km/h

□□: 417

□□□□: 9:46 min/km

□□: 161.90 km

□□□□□/□□□□: 251 (of 397)

100MeilenBerlin

□□□□□/□: 213 (of 313)

□□□□□□: 13:17:41

□□□□:

□□□□□: 51(of 70)

Senioren M45 (45-49 Jahre)

□□□□□□□: 16:22:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	58:00	6:44	29	13:46	106	13:52	8.60	58:00	6:44	29	13:46	106	13:52	
VP2 - East Side G	4.80	29:54	6:13	35	8:49	135	8:51	13.40	1:27:54	6:33	30	22:35	115	22:40	
VP3 - Dammweg	5.80	40:05	6:54	35	10:17	145	10:53	19.20	2:07:59	6:39	29	32:52	119	33:08	
VP4 - Johannisth	5.70	38:25	6:44	43	11:43	175	13:53	24.90	2:46:24	6:40	34	44:35	136	46:42	
VP5 - Imbiß "Am	9.50	1:10:51	7:27	54	23:29	223	29:19	34.40	3:57:15	6:53	40	1:08:04	166	1:15:58	
VP6 - Buckow	4.50	33:55	7:32	38	10:40	166	13:19	38.90	4:31:10	6:58	40	1:18:44	166	1:29:17	
□□□	7.60	54:11	7:07	34	13:29	140	20:09	46.50	5:25:21	6:59	40	1:32:10	161	1:49:26	
VP8 - Osdorfer St	6.30	46:58	7:27	34	13:19	156	19:32	52.80	6:12:19	7:03	40	1:45:29	163	2:08:58	
VP9 - Sportplatz	6.50	47:54	7:22	14	13:20	75	26:27	59.30	7:00:13	7:05	29	1:58:49	135	2:25:22	
VP10 - Königswe	6.20	47:00	7:34	32	10:57	127	17:35	65.50	7:47:13	7:07	27	2:09:46	128	2:42:57	
VP11 - Gedenkst	6.80	49:47	7:19	13	9:34	72	25:28	72.30	8:37:00	7:09	25	2:18:26	115	2:58:38	
VP12 - Brauhaus	6.90	52:37	7:37	16	11:17	86	19:30	79.20	9:29:37	7:11	26	2:25:25	111	3:18:08	
VP13 - Revierförs	5.70	45:07	7:54	24	10:28	96	15:04	84.90	10:14:44	7:14	24	1:58:09	105	3:33:12	
VP14 - Schloss S	6.30	55:38	8:49	21	18:03	94	24:11	91.20	11:10:22	7:21	20	2:10:39	96	3:57:23	
VP15 - Pagel & Fi	7.60	1:08:07	8:57	46	21:20	191	30:25	98.80	12:18:29	7:28	24	2:29:52	106	4:27:48	
VP16 - Karolinenl	4.90	47:06	9:36	32	15:04	143	21:31	103.70	13:05:35	7:34	25	2:44:56	106	4:49:19	
VP17 - Falkensee	6.50	1:03:02	9:41	44	20:43	189	30:31	110.20	14:08:37	7:42	25	3:05:39	111	5:19:50	
VP18 - Schönwal	5.80	1:04:12	11:04	52	28:17	222	35:07	116.00	15:12:49	7:52	26	3:33:56	117	5:54:57	
VP19 - Grenzturn	7.30	1:35:53	13:08	56	49:31	243	1:07:47	123.30	16:48:42	8:10	35	4:23:27	145	6:52:03	
VP20 - Rudercluk	4.80	50:49	10:35	43	21:28	176	26:29	128.10	17:39:31	8:16	35	4:44:55	146	7:18:32	
VP21 - Frohnau	4.10	1:04:30	15:43	55	38:43	234	41:51	132.20	18:44:01	8:30	38	5:23:38	164	8:00:23	
VP22 - Naturschu	6.40	1:46:03	16:34	61	1:05:38	262	1:12:51	138.60	20:30:04	8:52	47	6:29:16	198	9:13:14	
VP23 - Oranienbu	4.50	1:21:51	18:11	60	53:33	261	56:54	143.10	21:51:55	9:10	49	7:22:49	203	10:10:08	
VP24 - Laufftreff l	5.30	1:27:47	16:33	60	55:20	261	59:33	148.40	23:19:42	9:25	49	8:18:09	209	11:09:41	
VP25 - Wilhelmsr	5.70	1:28:14	15:28	58	52:27	258	58:13	154.10	24:47:56	9:39	50	9:10:36	211	12:07:54	
VP26 - Wollankst	3.10	41:14	13:18	53	20:50	237	24:07	157.20	25:29:10	9:43	50	9:31:26	212	12:32:01	
Friedrich-Ludwig	4.20	51:35	12:16	56	26:56	248	31:49	161.90	26:20:45	9:45	51	9:58:13	214	13:03:04	