



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Ching, Susanna

□□□: 26:49:09

□□: 100 Marathon Club UK

□□: 6.00 km/h

□□: 239

□□□□: 9:56 min/km

□□: 161.90 km

□□□□□/□□□□: 256 (of 397)

100MeilenBerlin

□□□□□/□: 41 (of 84)

□□□□□□: 15:29:48

□□□□:

□□□□□: 7(of 19)

Seniorinnen W50 (50-54 Jahre)

□□□□□□□: 19:38:15

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:04:57	7:33	6	10:05	38	15:53	8.60	1:04:57	7:33	6	10:05	38	15:53
VP2 - East Side G	4.80	33:15	6:55	7	3:22	44	8:28	13.40	1:38:12	7:19	6	13:09	39	24:21
VP3 - Dammweg	5.80	45:07	7:46	9	7:04	47	13:24	19.20	2:23:19	7:27	6	20:13	43	37:45
VP4 - Johannisth	5.70	40:59	7:11	6	5:30	32	10:44	24.90	3:04:18	7:24	6	23:50	41	48:29
VP5 - Imbiß "Am	9.50	1:11:38	7:32	5	9:06	35	19:38	34.40	4:15:56	7:26	7	32:21	39	1:08:07
VP6 - Buckow	4.50	34:41	7:42	4	2:47	30	9:19	38.90	4:50:37	7:28	7	34:23	38	1:17:26
□□□	7.60	1:01:26	8:05	8	10:10	47	19:03	46.50	5:52:03	7:34	6	44:33	39	1:36:29
VP8 - Osdorfer St	6.30	51:45	8:12	8	8:18	43	16:18	52.80	6:43:48	7:38	6	52:51	40	1:52:47
VP9 - Sportplatz	6.50	55:49	8:35	3	12:09	29	19:59	59.30	7:39:37	7:45	5	1:05:00	36	2:12:46
VP10 - Königswe	6.20	53:09	8:34	8	9:03	45	18:25	65.50	8:32:46	7:49	5	1:14:03	37	2:31:11
VP11 - Gedenkst	6.80	1:00:50	8:56	8	10:05	42	22:06	72.30	9:33:36	7:56	5	1:24:08	36	2:53:17
VP12 - Brauhaus	6.90	1:00:15	8:43	4	8:36	28	21:00	79.20	10:33:51	8:00	5	1:32:44	35	3:14:17
VP13 - Revierförs	5.70	53:21	9:21	8	11:33	41	19:28	84.90	11:27:12	8:05	5	1:44:17	36	3:33:33
VP14 - Schloss S	6.30	1:47:12	17:00	17	55:46	76	1:10:12	91.20	13:14:24	8:42	8	2:40:03	47	4:43:45
VP15 - Pagel & Fi	7.60	1:15:36	9:56	9	21:18	54	32:02	98.80	14:30:00	8:48	8	3:01:21	48	5:15:47
VP16 - Karolinenl	4.90	56:14	11:28	10	20:34	50	27:34	103.70	15:26:14	8:55	8	3:21:55	49	5:43:21
VP17 - Falkensee	6.50	1:10:53	10:54	8	24:46	47	33:12	110.20	16:37:07	9:02	8	3:46:41	49	6:16:33
VP18 - Schönwal	5.80	1:05:43	11:19	8	24:19	46	31:55	116.00	17:42:50	9:09	8	4:11:00	47	6:48:28
VP19 - Grenzturn	7.30	1:25:21	11:41	8	30:36	42	41:20	123.30	19:08:11	9:18	8	4:41:36	45	7:29:48
VP20 - Ruderclub	4.80	54:08	11:16	7	17:12	40	32:57	128.10	20:02:19	9:23	8	4:58:48	44	7:55:33
VP21 - Frohnau	4.10	51:03	12:27	5	10:07	33	27:45	132.20	20:53:22	9:28	7	5:08:55	40	8:23:18
VP22 - Naturschu	6.40	1:17:38	12:07	12	29:46	51	39:33	138.60	22:11:00	9:36	7	5:38:41	41	9:02:51
VP23 - Oranienbu	4.50	58:46	13:03	11	23:16	52	30:36	143.10	23:09:46	9:42	7	6:01:57	39	9:33:27
VP24 - Laufftreff l	5.30	1:06:30	12:32	15	27:19	57	33:34	148.40	24:16:16	9:48	7	6:29:16	40	10:07:01
VP25 - Wilhelmsr	5.70	1:07:50	11:54	15	19:18	57	32:29	154.10	25:24:06	9:53	7	6:46:36	40	10:39:30
VP26 - Wollankst	3.10	36:58	11:55	16	11:58	55	17:14	157.20	26:01:04	9:55	7	6:55:42	40	10:56:25
Friedrich-Ludwig	4.20	48:05	11:26	15	19:37	61	23:12	161.90	26:49:09	9:56	7	7:10:54	41	11:19:21