



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Santa Teresa, Jc

□□: Trail Whipass

□□: 392

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 27:25:35

□□: 5.87 km/h

□□□□: 10:10 min/km

□□□□□/□□□□: 269 (of 397)

□□□□□/□: 223 (of 313)

□□□□□□: 13:17:41

□□□□□: 33(of 50)

□□□□□□□: 18:35:32

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □		
VP1 - Checkpoint	8.60	1:07:28	7:50	42	18:05	254	23:20	8.60	1:07:28	7:50	42	18:05	254	23:20
VP2 - East Side G	4.80	32:42	6:48	35	7:56	225	11:39	13.40	1:40:10	7:28	42	26:01	252	34:56
VP3 - Dammweg	5.80	43:37	7:31	36	9:04	227	14:25	19.20	2:23:47	7:29	39	35:05	241	48:56
VP4 - Johannisth	5.70	42:10	7:23	40	10:28	247	17:38	24.90	3:05:57	7:28	40	45:22	245	1:06:15
VP5 - Imbiß "Am	9.50	1:13:28	7:44	39	18:47	249	31:56	34.40	4:19:25	7:32	40	1:04:09	248	1:38:08
VP6 - Buckow	4.50	39:48	8:50	40	13:14	263	19:12	38.90	4:59:13	7:41	41	1:17:23	251	1:57:20
□□□	7.60	1:10:05	9:13	46	25:18	288	36:03	46.50	6:09:18	7:56	42	1:42:41	262	2:33:23
VP8 - Osdorfer St	6.30	54:13	8:36	36	17:26	246	26:47	52.80	7:03:31	8:01	41	1:59:10	261	3:00:10
VP9 - Sportplatz	6.50	1:24:59	13:04	45	47:13	293	1:03:32	59.30	8:28:30	8:34	42	2:40:26	271	3:53:39
VP10 - Königswe	6.20	56:54	9:10	37	16:42	240	27:29	65.50	9:25:24	8:37	42	2:53:43	267	4:21:08
VP11 - Gedenkst	6.80	59:23	8:43	33	35:04	211	35:04	72.30	10:24:47	8:38	38	3:03:48	258	4:46:25
VP12 - Brauhaus	6.90	1:09:01	10:00	37	23:23	251	35:54	79.20	11:33:48	8:45	39	3:20:50	258	5:22:19
VP13 - Revierförs	5.70	56:44	9:57	36	16:05	244	26:41	84.90	12:30:32	8:50	36	3:34:15	252	5:49:00
VP14 - Schloss S	6.30	1:23:49	13:18	36	38:31	251	52:22	91.20	13:54:21	9:08	36	4:12:46	253	6:41:22
VP15 - Pagel & Fi	7.60	1:19:51	10:30	37	29:29	250	42:09	98.80	15:14:12	9:15	36	4:38:23	252	7:23:31
VP16 - Karolinenl	4.90	51:42	10:33	31	13:44	201	26:07	103.70	16:05:54	9:18	35	4:45:15	243	7:49:38
VP17 - Falkensee	6.50	1:17:44	11:57	36	31:35	247	45:13	110.20	17:23:38	9:28	35	5:10:11	242	8:34:51
VP18 - Schönwal	5.80	1:11:14	12:16	37	31:41	250	42:09	116.00	18:34:52	9:36	35	5:40:06	240	9:17:00
VP19 - Grenzturn	7.30	1:37:05	13:17	36	1:05:42	246	1:08:59	123.30	20:11:57	9:49	35	6:25:21	240	10:15:18
VP20 - Rudercluk	4.80	1:09:39	14:30	36	35:04	255	45:19	128.10	21:21:36	10:00	34	7:00:25	239	11:00:37
VP21 - Frohnau	4.10	59:40	14:33	38	25:58	215	37:01	132.20	22:21:16	10:08	34	7:26:23	234	11:37:38
VP22 - Naturschu	6.40	56:49	8:52	12	8:46	103	23:37	138.60	23:18:05	10:05	34	7:35:09	230	12:01:15
VP23 - Oranienbu	4.50	49:14	10:56	25	15:10	162	24:17	143.10	24:07:19	10:06	33	7:50:19	225	12:25:32
VP24 - Lauftreff l	5.30	1:00:10	11:21	32	20:44	202	31:56	148.40	25:07:29	10:09	33	8:10:11	224	12:57:28
VP25 - Wilhelmsr	5.70	1:01:56	10:51	28	19:17	180	31:55	154.10	26:09:25	10:11	33	8:29:28	224	13:29:23
VP26 - Wollankst	3.10	36:10	11:39	30	11:12	193	19:03	157.20	26:45:35	10:12	33	8:40:40	224	13:48:26
Friedrich-Ludwig	4.20	40:00	9:31	25	13:03	181	20:14	161.90	27:25:35	10:09	33	8:50:03	224	14:07:54