



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

□□□□

Ziegler, Ulrike

□□: Haltern Am See

□□: 226

□□: 161.90 km

100MeilenBerlin

□□□□:

Seniorinnen W60 (60-64 Jahre)

□□□: 27:25:39

□□: 5.90 km/h

□□□□: 10:10 min/km

□□□□□/□□□: 271 (of 397)

□□□□□/□: 48 (of 84)

□□□□□□: 15:29:48

□□□□□: 2(of 4)

□□□□□□□: 20:23:47

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	1:07:46	7:52	2	9:22	55	18:42	8.60	1:07:46	7:52	2	9:22	55	18:42	
VP2 - East Side G	4.80	35:58	7:29	2	7:05	66	11:11	13.40	1:43:44	7:44	2	16:27	61	29:53	
VP3 - Dammweg	5.80	47:18	8:09	2	7:59	63	15:35	19.20	2:31:02	7:51	2	24:26	63	45:28	
VP4 - Johannisth	5.70	45:41	8:00	2	9:50	64	15:26	24.90	3:16:43	7:54	2	34:16	63	1:00:54	
VP5 - Imbiß "Am	9.50	1:15:56	7:59	2	15:12	51	23:56	34.40	4:32:39	7:55	2	49:28	60	1:24:50	
VP6 - Buckow	4.50	43:54	9:45	3	12:23	71	18:32	38.90	5:16:33	8:08	2	1:01:51	63	1:43:22	
□□□	7.60	1:03:46	8:23	2	9:24	49	21:23	46.50	6:20:19	8:10	2	1:11:15	60	2:04:45	
VP8 - Osdorfer St	6.30	56:01	8:53	2	13:01	59	20:34	52.80	7:16:20	8:15	2	1:24:16	61	2:25:19	
VP9 - Sportplatz	6.50	54:53	8:26	2	3:18	26	19:03	59.30	8:11:13	8:17	2	1:27:34	49	2:44:22	
VP10 - Königswe	6.20	1:27:59	14:11	4	41:17	80	53:15	65.50	9:39:12	8:50	2	2:08:51	66	3:37:37	
VP11 - Gedenkst	6.80	1:08:53	10:07	3	20:35	64	30:09	72.30	10:48:05	8:57	2	2:29:26	65	4:07:46	
VP12 - Brauhaus	6.90	1:09:13	10:01	3	21:13	51	29:58	79.20	11:57:18	9:03	2	2:50:39	65	4:37:44	
VP13 - Revierförs	5.70	51:59	9:07	2	10:36	36	18:06	84.90	12:49:17	9:03	2	3:01:15	65	4:55:38	
VP14 - Schloss S	6.30	1:01:23	9:44	2	1:05	22	24:23	91.20	13:50:40	9:06	2	3:02:20	54	5:20:01	
VP15 - Pagel & F	7.60	1:20:07	10:32	2	27:06	64	36:33	98.80	15:10:47	9:13	2	3:29:26	55	5:56:34	
VP16 - Karolinenl	4.90	1:12:52	14:52	2	31:28	69	44:12	103.70	16:23:39	9:29	2	4:00:54	59	6:40:46	
VP17 - Falkensee	6.50	1:17:00	11:50	2	27:07	56	39:19	110.20	17:40:39	9:37	2	4:28:01	59	7:20:05	
VP18 - Schönwal	5.80	1:16:44	13:13	2	33:54	65	42:56	116.00	18:57:23	9:48	2	5:01:55	59	8:03:01	
VP19 - Grenzturn	7.30	1:14:29	10:12	2	19:22	32	30:28	123.30	20:11:52	9:49	2	5:21:17	53	8:33:29	
VP20 - Ruderclub	4.80	58:22	12:09	2	23:06	47	37:11	128.10	21:10:14	9:54	2	5:44:23	51	9:03:28	
VP21 - Frohnau	4.10	1:01:14	14:56	2	10:03	51	37:56	132.20	22:11:28	10:04	2	5:54:26	50	9:41:24	
VP22 - Naturschu	6.40	1:02:58	9:50	2	12:32	32	24:53	138.60	23:14:26	10:03	2	6:06:58	49	10:06:17	
VP23 - Oranienbu	4.50	52:24	11:38	2	13:22	35	24:14	143.10	24:06:50	10:06	2	6:20:20	48	10:30:31	
VP24 - Lauftreff l	5.30	59:27	11:13	2	8:54	41	26:31	148.40	25:06:17	10:09	2	6:29:14	48	10:57:02	
VP25 - Wilhelmsr	5.70	1:05:45	11:32	2	17:33	53	30:24	154.10	26:12:02	10:12	2	6:46:47	48	11:27:26	
VP26 - Wollankst	3.10	32:02	10:19	2	3:58	31	12:18	157.20	26:44:04	10:12	2	6:50:45	47	11:39:25	
Friedrich-Ludwig	4.20	41:35	9:54	2	11:07	47	16:42	161.90	27:25:39	10:09	2	7:01:52	48	11:55:51	