



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

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Haukeland, Morten

□□: Romerike-Ultraløperklubb

□□: 390

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 28:40:47

□□: 5.61 km/h

□□□□: 10:38 min/km

□□□□□/□□□□: 294 (of 397)

□□□□□/□: 236 (of 313)

□□□□□□: 13:17:41

□□□□□: 32(of 38)

□□□□□□□: 15:13:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Checkpoint	8.60	58:50	6:50	22	14:42	137	14:42	8.60	58:50	6:50	22	14:42	137	14:42	
VP2 - East Side G	4.80	29:53	6:13	21	8:41	132	8:50	13.40	1:28:43	6:37	21	23:23	128	23:29	
VP3 - Dammweg	5.80	40:57	7:03	24	11:08	173	11:45	19.20	2:09:40	6:45	22	34:31	145	34:49	
VP4 - Johannisth	5.70	37:14	6:31	19	10:58	139	12:42	24.90	2:46:54	6:42	22	45:29	140	47:12	
VP5 - Imbiß "Am	9.50	1:08:16	7:11	26	24:05	186	26:44	34.40	3:55:10	6:50	22	1:09:34	156	1:13:53	
VP6 - Buckow	4.50	36:03	8:00	26	14:26	204	15:27	38.90	4:31:13	6:58	24	1:24:00	167	1:29:20	
□□□	7.60	1:09:54	9:11	36	33:15	287	35:52	46.50	5:41:07	7:20	26	1:57:15	200	2:05:12	
VP8 - Osdorfer St	6.30	53:13	8:26	32	23:00	237	25:47	52.80	6:34:20	7:28	28	2:20:15	207	2:30:59	
VP9 - Sportplatz	6.50	1:04:45	9:57	26	32:33	229	43:18	59.30	7:39:05	7:44	28	2:52:48	210	3:04:14	
VP10 - Königswe	6.20	52:16	8:25	29	19:46	211	22:51	65.50	8:31:21	7:48	28	3:12:34	212	3:27:05	
VP11 - Gedenkst	6.80	55:51	8:12	23	20:45	156	31:32	72.30	9:27:12	7:50	27	3:33:19	203	3:48:50	
VP12 - Brauhaus	6.90	1:04:51	9:23	32	26:17	224	31:44	79.20	10:32:03	7:58	29	3:59:36	212	4:20:34	
VP13 - Revierförs	5.70	43:03	7:33	11	10:37	66	13:00	84.90	11:15:06	7:57	27	4:10:13	199	4:33:34	
VP14 - Schloss S	6.30	1:45:24	16:43	36	1:11:48	286	1:13:57	91.20	13:00:30	8:33	31	5:22:01	228	5:47:31	
VP15 - Pagel & Fi	7.60	53:00	6:58	7	11:41	40	15:18	98.80	13:53:30	8:26	30	5:33:42	219	6:02:49	
VP16 - Karolinenl	4.90	44:21	9:03	17	13:28	106	18:46	103.70	14:37:51	8:27	28	5:47:10	212	6:21:35	
VP17 - Falkensee	6.50	1:08:29	10:32	29	31:17	216	35:58	110.20	15:46:20	8:35	29	6:18:27	214	6:57:33	
VP18 - Schönwal	5.80	1:16:06	13:07	33	43:51	263	47:01	116.00	17:02:26	8:48	29	7:01:22	218	7:44:34	
VP19 - Grenzturn	7.30	2:02:24	16:46	34	1:15:23	269	1:34:18	123.30	19:04:50	9:17	31	8:13:26	226	9:08:11	
VP20 - Rudercluk	4.80	1:13:13	15:15	33	44:13	258	48:53	128.10	20:18:03	9:30	31	8:57:39	225	9:57:04	
VP21 - Frohnau	4.10	1:54:48	28:00	34	1:27:14	265	1:32:09	132.20	22:12:51	10:04	31	10:19:04	233	11:29:13	
VP22 - Naturschu	6.40	1:20:35	12:35	34	44:38	247	47:23	138.60	23:33:26	10:11	32	11:03:18	235	12:16:36	
VP23 - Oranienbu	4.50	57:29	12:46	29	28:49	214	32:32	143.10	24:30:55	10:16	32	11:32:07	231	12:49:08	
VP24 - Lauftreff l	5.30	1:08:09	12:51	31	36:58	232	39:55	148.40	25:39:04	10:22	32	12:04:59	232	13:29:03	
VP25 - Wilhelmsr	5.70	1:19:45	13:59	32	43:51	251	49:44	154.10	26:58:49	10:30	32	12:46:39	232	14:18:47	
VP26 - Wollankst	3.10	47:01	15:09	32	28:18	251	29:54	157.20	27:45:50	10:35	32	12:58:01	236	14:48:41	
Friedrich-Ludwig	4.20	54:57	13:05	33	31:14	255	35:11	161.90	28:40:47	10:37	32	13:27:06	237	15:23:06	